

HOCHSTEIN

NEWS RELEASE

THE HOCHSTEIN SCHOOL | 50 N. PLYMOUTH AVE., ROCHESTER, NY 14614
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FOR IMMEDIATE RELEASE

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New Hochstein School Year Begins September 8

Offering a full range of music and dance classes for learners of all ages and abilities

ROCHESTER, N.Y.— Studies show that music and dance training can have a positive effect on your physical, mental, and emotional health. **The Hochstein School** believes in the transformational effect of the arts and offers a full range of music and dance classes for learners of all ages and abilities. Fall classes begin on **Wednesday, September 8, 2021**.

The Hochstein website (www.hochstein.org) has a list of all the classes, conveniently organized by category. New for the fall are:

- **Homeschool Strings**, designed especially for homeschool students who are brand new to playing string instruments and providing a fun and engaging learning experience through group classes for a mix of ages and types of string instruments;
- **Music for the Movies**, with each 6-week course spotlighting a specific topic in the world of movie music;
- **Dance for Wellness** classes, allowing adults to experience the basic elements of dance to enhance their connections to self and others.

Hochstein's ongoing offerings include:

- Suzuki Strings and Music FUNdamentals classes for young children;
- Orchestral ensemble performance opportunities for students in grades 1-12;
- Choral, wind instrument, and chamber music ensembles;
- Individual instrument and voice lessons as well as music theory classes;
- Jazz combos, rock bands, and short-term classes in guitar, mandolin, harmonica, ukulele, and bagpipes;
- Sequential dance instruction in ballet, tap, African, Caribbean-Latin, and modern dance;
- Music, art, and dance therapy through the Expressive Arts program.

Adult learners can choose from a variety of classes, including:

- Short group courses in guitar, ukulele, bagpipes, mandolin, and harmonica, as well as short-term individual lessons;

- Ensemble performance opportunities with HochStrings Adult Chamber Orchestra, Adult Cello Ensemble; Beginning or Intermediate Guitar Ensemble, Jazz Combos, and Rock Bands;
- Dance classes including Ballet, Tap, Modern, and Flamenco.

Interested students can register through the Hochstein website or by calling 585.454.4596. Tuition assistance is available for all programs of study to those who qualify, based on household income. For more information, call 585.454.4596.

Please note that lessons, classes, and rehearsals will be conducted in-person – unless noted otherwise on the Hochstein website – and will be subject to Hochstein’s safety plan, which includes universal masking for all persons age 2 and up, regardless of vaccination status. All faculty and staff members teaching and/or working in person at Hochstein are required to be fully vaccinated. Please review our current procedures before entering our building at <https://hochstein.org/About/Hochstein-COVID-Safety-Information>.

Interview opportunities are available with Margaret Quackenbush, Hochstein’s President & Executive Director. Contact the Hochstein Marketing Department to schedule.

High-resolution photographs of Hochstein students – in music, dance, ensembles, and expressive arts – along with the Hochstein logo are available in the press room on the Hochstein web site at: <https://hochstein.org/About/News-Social-Media/The-Hochstein-School-Press-Kit>. Additional photos available upon request.

About Hochstein: The Hochstein School was founded in commemoration of genius and is dedicated to providing access to opportunity regardless of age, level of skill, ethnicity, or ability to pay. Hochstein’s vibrant community of musicians, dancers, and supporters choose to come together to develop the ability to speak and communicate through music, dance, and expressive arts (music, art, and dance therapy). Established in 1920 as The David Hochstein Memorial Music School, today Hochstein serves approximately 3,500 students annually from a 12-county region surrounding Rochester, N.Y. and continues its commitment to the Rochester community by offering a variety of free and low-cost concerts and performances in the Hochstein Performance Hall—and locations around our city—throughout the year. For more information, visit www.hochstein.org.

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