

HOCHSTEIN

NEWS RELEASE

THE HOCHSTEIN SCHOOL | 50 N. PLYMOUTH AVE., ROCHESTER, NY 14614
(585) 454-4596 | [WWW.HOCHSTEIN.ORG](http://www.hochstein.org)

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New Hochstein School Year Begins September 9

Offering a full range of music and dance classes for learners of all ages and abilities

ROCHESTER, N.Y.— Studies show that music and dance training can have a positive effect on your physical, mental, and emotional health. **The Hochstein School** believes in the transformational effect of the arts and offers a full range of music and dance classes for learners of all ages and abilities. Fall classes begin on **Monday, September 9, 2019**.

The Hochstein website (www.hochstein.org) has a list of all the classes, conveniently organized by category. View the full catalog online in an eco-friendly, easy-to-use e-reader format at <http://hochstein.org/Registration/View-Our-Catalog>. Paper copies are available for pick-up in person at the School.

New for the fall are:

- **Music for Babies** for non-walking children ages 6-12 months, with a parent/caregiver;
- **Mini-African Dance** class for ages 4-6;
- The return of **Piano for Little Mozarts** for children 5 and 6 years old;
- **Intro to Highland Bagpipes** group class for ages 12 to adult;
- **Beginning Flamenco Guitar** for guitar students ages 15 to adult;
- Plus, the adult **Pilates Mat & Accessories** class moves to daytime.

Hochstein's ongoing offerings include:

- Suzuki Strings and Music FUNdamentals classes for young children;
- Orchestral ensemble performance opportunities for students in grades 1-12;
- Choral, wind instrument, and chamber music ensembles;
- Individual instrument and voice lessons as well as music theory classes;
- Jazz combos, rock bands, and short-term classes in guitar, ukulele, harmonica, and banjo;
- Sequential dance instruction in ballet, tap, African, flamenco, and modern dance;
- Music, art, and dance therapy through the Expressive Arts program.

Adult learners can choose from a variety of classes, including:

- Short group courses in guitar, ukulele, banjo, and harmonica, as well as short-term individual lessons;
- Ensemble performance opportunities with HochStrings Adult Chamber Orchestra, Adult Cello Ensemble; Finger Lakes Concert Band, Beginning or Advanced Guitar Ensemble, Clarinet Choir, Jazz Combos, and Rock Bands;
- Dance classes including Ballet, Tap, Modern, and Flamenco.

Interested students can register through the Hochstein website, by mailing in a registration form, by appointment (call 585-454-4596), or by attending one of the **Walk-in Registration days from 3:00 pm to 8:00 pm on the following dates: August 27 and 29; September 3, 4, and 5.** Limited tuition assistance is available for all programs of study to those who qualify, based on household income. For more information, call 585-454-4596.

Interview opportunities are available with Margaret Quackenbush, Hochstein's President & Executive Director. Contact the Hochstein Marketing Department to schedule.

High-resolution photographs of Hochstein students – in music, dance, ensembles, and expressive arts – along with the Hochstein logo are available in the press room on the Hochstein web site at: <https://hochstein.org/About/News-Social-Media/The-Hochstein-School-Press-Kit>.

About Hochstein: The Hochstein School was founded in commemoration of genius and is dedicated to providing access to opportunity regardless of age, level of skill, ethnicity, or ability to pay. Hochstein's vibrant community of musicians, dancers, and supporters choose to come together to develop the ability to speak and communicate through music, dance, and expressive arts (music, art, and dance therapy). Established in 1920 as The David Hochstein Memorial Music School, today Hochstein serves approximately 3,500 students annually from a 12-county region surrounding Rochester, N.Y. and continues its commitment to the Rochester community by offering a variety of free and low-cost concerts and performances in the Hochstein Performance Hall—and locations around our city—throughout the year. For more information, visit www.hochstein.org.

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