

# HOCHSTEIN

## **NEWS RELEASE**

THE HOCHSTEIN SCHOOL | 50 N. PLYMOUTH AVE., ROCHESTER, NY 14614  
(585) 454-4596 | [WWW.HOCHSTEIN.ORG](http://www.hochstein.org)

**FOR IMMEDIATE RELEASE  
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### **New Hochstein School Year Begins September 10**

*Offering a full range of music and dance classes for learners of all ages and abilities*

ROCHESTER, N.Y.— Studies show that music and dance training can have a positive effect on your physical, mental, and emotional health. **The Hochstein School** believes in the transformational effect of the arts and offers a full range of music and dance classes for learners of all ages and abilities. Fall classes begin on **Monday, September 10**.

The Hochstein website ([www.hochstein.org](http://www.hochstein.org)) has a list of all the classes, conveniently organized by category. View the full catalog online in an eco-friendly, easy-to-use e-reader format at <http://hochstein.org/Registration/View-Our-Catalog>. Paper copies are available for pick-up in person at the School.

New for the fall are:

- **Suzuki Harp** class for ages 5 and up, plus **Group Piano** for children 5 and 6 years old;
- **Record & Mix Your Demo** in the state-of-the-art Music Lab for students 14 years old through adult who want to create their own music;
- **Hochstein Cello Choir** for cellists to share their love of music through collaborative ensemble playing;
- A new **Pilates Mat & Accessories** class.

Hochstein's ongoing offerings include:

- Suzuki Strings and Music FUNdamentals classes for young children;
- Orchestral ensemble performance opportunities for students in grades 1-12;
- Choral, wind instrument, and percussion ensembles;
- Individual instrument and voice lessons as well as music theory classes;
- Jazz combos, rock bands, and short-term classes in piano, guitar, and ukulele;
- Sequential dance instruction in ballet, tap, African, flamenco, and modern dance;
- Music, art, and dance therapy through the Expressive Arts program.

Adult learners can choose from a variety of classes, including:

- Short courses in Guitar 101, Piano 101, and How to Sing a Standard Tune, as well as short-term individual lessons;
- Ensemble performance opportunities with HochStrings Adult Chamber Orchestra, Adult Cello Ensemble; Finger Lakes Concert Band, Beginning or Advanced Guitar Ensemble, Clarinet Choir, Jazz Combos, and Rock Bands;
- Dance classes including Ballet, Tap, Modern, and Flamenco.

Interested students can register through the Hochstein website, by mailing in a registration form, by appointment (call 585-454-4596), or by attending one of the **Walk-in Registration days from 3:00 pm to 8:00 pm on the following dates: August 14, 16, 28, and 30; September 4, 5, and 6.** Limited tuition assistance is available for all programs of study to those who qualify, based on household income. For more information, call 585-454-4596.

Interview opportunities are available with Margaret Quackenbush, Hochstein's President & Executive Director. Contact the Hochstein Marketing Department to schedule.

**About Hochstein:** The Hochstein School was founded in commemoration of genius and is dedicated to providing access to opportunity regardless of age, level of skill, ethnicity, or ability to pay. Hochstein's vibrant community of musicians, dancers, and supporters choose to come together to develop the ability to speak and communicate through music, dance, and expressive arts (music, art, and dance therapy). Established in 1920 as The David Hochstein Memorial Music School, today Hochstein serves approximately 3,500 students annually from a 12-county region surrounding Rochester, N.Y. and continues its commitment to the Rochester community by offering a variety of free and low-cost concerts and performances in the Hochstein Performance Hall—and locations around our city—throughout the year. For more information, visit [www.hochstein.org](http://www.hochstein.org).

## CALENDAR LISTING

### Hochstein Walk-in Registration Days

*Tuesday, August 14: 3:00-8:00 pm; Thursday, August 16: 3:00-8:00 pm; Tuesday, August 28: 3:00-8:00 pm; Thursday, August 30: 3:00-8:00 pm; Tuesday, September 4: 3:00-8:00 pm; Wednesday, September 5: 3:00-8:00 pm; Thursday, September 6: 3:00-8:00 pm; The Hochstein School, 50 North Plymouth Avenue, Rochester NY 14614.*

Students interested in taking a music or dance class at Hochstein this fall can register at one of the Walk-in Registration days. The fall semester begins on Monday, September 10. Limited tuition assistance is available for all programs of study to those who qualify, based on household income. For more information, call 585-454-4596 or visit [www.hochstein.org](http://www.hochstein.org).

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