COVID-19 Policies & Procedures
September 2022

Masking & Other Mitigation

Distancing is not required, but can be requested at the discretion of teachers. The use of fans, open windows, and air purifiers is optional. Disposable masks are available in the Front Office.

Hochstein will monitor community transmission rates and will adjust our mitigation policies accordingly, as summarized below. Click here[1] to look up Monroe County's current status using the CDC's *COVID-19 by County* Tool.

Low – Masks are optional.

Medium – Masks are encouraged, especially in common areas and groups.

High – Masks are strongly recommended and may be required in our building; this could include playing masks and bell covers for wind and brass players. Performance and distancing protocols are to be determined.

Hochstein will defer to guidance given by the CDC[1], Monroe County Health Department[2], NYS Governor Kathy Hochul and the State Department of Health[3], Monroe County Executive Adam Bello, Rochester Mayor Malik Evans, and/or local school and collegiate governing bodies. In the event that Hochstein has to close its doors, employees are expected to transition to online work immediately.

DUPC

Activities held in the DUPC building are subject to any additional COVID-19 protocols enforced by the DUPC administration. DUPC's current policy states that when the Monroe County community risk level is at a *medium* or *high* level, masks and distancing are required in common areas, and eating or drinking in common areas is prohibited. We appreciate your cooperation with these rules.

Monitoring & Testing

All persons are expected to self-monitor for symptoms of COVID-19 before entering the building, and follow the steps below if they present symptoms, are exposed to COVID-19, and/or have a positive COVID-19 test result.

SYMPTOMS

If you are exhibiting symptoms typical of COVID-19[4], please take an at-home or PCR test as soon as possible – unless your healthcare provider determines that your symptom(s) indicate another diagnosis – and do not resume in-person activities before you get your results. If your symptoms follow a known COVID exposure, please stay home.

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[1] https://www.cdc.gov/coronavirus/2019-ncov/your-health/covid-by-county.html
[2] https://www.monroecounty.gov/health-COVID-19
[3] https://coronavirus.health.ny.gov/covid-19-data-new-york
[4] https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html

POSITIVE TEST RESULT

Persons who have tested positive for COVID-19 must follow current CDC[5] and NYS[6] isolation rules. Click here[5] to use the CDC's Quarantine and Isolation Calculator. *Please call the Hochstein Front Office at 585-454-4596 ASAP* and provide your name, the date of your positive test if asymptomatic or the onset of symptoms (this is your day ZERO), and the date you were last in the building. We ask that you get in touch directly with any potential contacts[7], but if you need assistance with this, please let us know.

Per the CDC, all positive persons must complete an isolation of at least FIVE full days after their day zero. You may return to in-person activities at Hochstein as early as day six IF:

- You have remained asymptomatic, or your symptoms are resolving and you feel well enough for in-person activities. (If you had a fever, you must be fever-free for at least 24 hours without medication.) **AND…**
- You are willing to wear a well-fitting mask 100% of the time you are in our building, *through* day ten, meaning your mask is completely covering your mouth and nose AT ALL TIMES – no eating, no playing of wind/brass instruments, etc. After you are released from isolation, you must wear a mask through day ten UNLESS you can properly test out of mask-wearing – with two sequential negative tests, 48 hours apart – before day ten.[5]
  - **Woodwind/brass players**: due to the nature of your instrument, you will need to refrain from in-person activities until it has been TEN full days since day zero. (Teachers may work in person, wearing a regular mask, but must refrain from demonstrating on their instrument until it has been ten days.) Thank you for your cooperation.

If you had moderate or severe illness, please complete at least a full ten-day isolation[8].

EXPOSURE

Persons who have been exposed[9] to COVID-19 in the last 10 days must remain masked at Hochstein for 10 days after their exposure, and get tested on day six[10]. (Your LAST day of exposure is considered day zero.) Monitor for symptoms over the ten-day period and stay home if symptoms present. Click here[4] to use the CDC's Quarantine and Isolation Calculator.

- **Woodwind/brass players:** due to the nature of your instrument, you will need to refrain from in-person activities until it has been TEN full days since day zero. (Teachers may work in person, wearing a regular mask, but must refrain from demonstrating on their instrument until it has been ten days.) Thank you for your cooperation.

Vaccination

Employees are required to show proof of full vaccination to work in person, and are expected to remain up-to-date on boosters.

Please note that these policies are subject to change. We appreciate your cooperation
as we work together to keep one another safe!

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[5] https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html
[6] https://coronavirus.health.ny.gov/isolation-quarantine
[7] Exposure is defined as being within 6 feet of someone who has tested positive for at least 15 minutes if either person was not wearing a mask
[8] https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html
[9] https://www.cdc.gov/coronavirus/2019-ncov/php/contact-tracing/contact-tracing-plan/appendix.html#contact
[10] https://www.cdc.gov/coronavirus/2019-ncov/your-health/if-you-were-exposed.html