



HOW YOU CAN HELP STOP THE SPREAD

Proper Use of Face Coverings

- Acceptable face coverings include disposable surgical masks and sewn/quick cut cloth face coverings. We do not recommend gaiters or bandanas, and face shields alone do not provide adequate protection.
- Put your face covering on and take it off with clean hands, only touching the ear pieces
- Your face covering **MUST** cover both your nose and mouth at ALL times.
- Do not touch or adjust your face covering, except by the earpieces.
- Remember that fabric face coverings should be washed regularly.

Hand & Respiratory Hygiene

- Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
- It's especially important to wash:
 - Before eating or preparing food
 - Before touching your face
 - After using the restroom
 - After leaving a public place
 - After blowing your nose, coughing, or sneezing
 - After handling your mask
- If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry.
- ***Avoid touching your eyes, nose, and mouth with unwashed hands.***
- Cover your mouth and nose with a tissue when you cough or sneeze. If you don't have a tissue, use your elbow. Immediately wash your hands with soap and water for at least 20 seconds. If soap and water are not readily available, clean your hands with a hand sanitizer that contains at least 60% alcohol.

Social Distancing

- Remember to stay at least 6 feet away from anyone who does not live with you, whenever possible (even when you are wearing a mask)
- The elevator is limited to one person or household per ride, unless they are riding with other members of their household OR are providing necessary transportation support for a student
- When possible, do not start up or down a staircase unless there is no one coming in the opposite direction
- Please do not move furniture in the waiting areas
- Please adhere to distancing signage & protocols throughout the building

REMEMBER TO STAY HOME IF YOU ARE SICK!