

HOCHSTEIN

School of music & dance

2016-2017

CATALOG OF OFFERINGS



music & dance for all ages

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Welcome, friends!

I'm always pleased to hear from people – whether they are visiting Hochstein for the first time, or come regularly as a student or audience member – that they find our School so welcoming.

Perhaps it's the variety of intriguing sights and sounds that happen here: musical phrases drifting from classrooms, the tapping of feet from dance studios, students of all ages and sizes with cellos, clarinets, trombones, and myriad other instruments, tiny dancers in pink tights, excited toddlers heading to music class with their parents. Perhaps it's simply that people of all backgrounds, from everywhere in our community, are popping in for lessons, classes, and rehearsals, getting to know the others who have gathered here for the same purpose.

That's what happens here: people come together to learn, share, and celebrate the wonder of the arts of music and dance, working with our richly talented, experienced faculty and nurturing staff. Anyone who is interested – regardless of age, experience, background, or ability to pay – can be part of our community of musicians, dancers, and audiences.

Recently, a student shared his English class essay about Hochstein, and he wrote: "The walls hold their breath, waiting for the lights to dim and a miracle to unfold." It happens every day at Hochstein! Please join us!

Peggy

Peggy Quackenbush
President & Executive Director

The Hochstein Experience

Music

Hochstein provides a comprehensive curriculum designed to provide a well-rounded musical education, including weekly lessons, regular evaluation, frequent performance and ensemble opportunities, and musicianship courses.

Dance

Hochstein offers a wide variety of dance options, including ballet, modern, creative movement, and various ethnic styles. Classes are offered weekly and as students progress, they are encouraged to participate in multiple classes and/or styles. Ensemble and performance opportunities, and instruction in topics including choreography, dance history, injury prevention, and stage make-up add excitement and depth to the program.

Expressive Arts: Music, Art & Dance Therapy

Individual and group sessions are tailored to the specific needs of those with developmental, social/emotional, learning, and physical challenges. Performance opportunities at Hochstein and in the community offer students a chance to socialize and experience performing in an ensemble or as a soloist. Group sessions are available at Hochstein or in community programs, hospitals, nursing homes, schools, rehabilitation centers, or group residences.

A Supportive Environment

The following ongoing services are included as part of your tuition fee:

- an orientation session to discuss individual or, in the case of Expressive Arts, group goals;
- weekly lessons tailored to meet your goals, scheduled Mondays through Saturdays and on most evenings;

- regular evaluation through written reports;
- consultations with the Dean's Office on future direction;
- music and dance rehearsals and performances with professional accompanists;
- all-school and studio recitals, as well as Dance and Expressive Arts Departmental recitals;
- a wide variety of community performance opportunities.

Getting Started

New students in the Music Department are introduced to Hochstein through an orientation meeting with the Dean's Office. At that time, we can explore your goals and expectations while you learn more about the philosophy and programs of the School. After this discussion, a teacher will be recommended and a weekly lesson time scheduled.

Accompanist Services for Music & Dance Students

Accompanists are available for all-school recitals, studio recitals, and school competitions. To make these arrangements or for assistance in making audition tapes for colleges and/or summer programs, please contact the Dean's Office.

Sharing Your Success

Though not mandatory, students are encouraged to participate in one or more of myriad performance opportunities, whether it is through a studio or all-school recital, Saturday Open Mic event, community outreach performance, or the Barnes & Noble Book Fair, among others.

Reaching for Excellence

- Merit Scholarships are awarded annually to selected music and dance students following an audition, and based on achievement and performing ability.
- The Chamber Music Connection Program offers serious students in grades 9-12 an opportunity to celebrate a love of music with others at the same level of performance, while exploring a broad repertoire for the small ensemble. Scholarships are awarded to select participants based on audition, and members of the Chamber Music Connection Program are expected to perform at venues throughout the community.
- Hochstein's Scholarship Dance Ensemble (ages 12 and older) provides ensemble experience in ballet, modern, and other styles for the serious dance student who is on pointe. Placement in the ensemble is based on fall auditions.
- The Honors Certificate Program provides both structure and challenge for the serious student. Entrance to this program is gained by audition, and a certificate is awarded to those who complete the following requirements: enrollment in the program for a minimum of two years, music theory and music history courses, yearly performance examinations, and a final solo recital.

Memberships & Affiliations

The Arts & Cultural Council for
Greater Rochester
National Guild for Community
Arts Education
National Association of Schools of Music
Rochester Business Alliance
New York State Council on the Arts
Visit Rochester

Our Programs ...

MUSIC

TITLE	AGES	PAGE #
Individual Instruction:		8
* Composition (including Songwriting)	12 to adult	
* Guitar	5 to adult	
* Harp	9 to adult	
* Percussion (including Drum Set)	9 to adult	
* Piano	5 to adult	
* Suzuki Strings	3 and older	
* Traditional Strings	7 to adult	
* Wind Instruments	9 to adult	
* Early Start Flute	7+	
* Voice	12 to adult	
Group Classes:		
Music for Little Ones	6 to 18 months	11
Music for Tiny Tots	18 to 30 months	11
Music for Tots	30 months to 3 years	11
Music for Tiny Tots & Tots Combined	22 months to 3.5 years	11
Suzuki Strings	3+	9
Suzuki Strings 101	3+ and parents	9
Suzuki Strings Group Classes	3+	9
Music for Little Mozarts	4 / 5	10
Musical Stepping Stones	4 to 5	12
Music Explorers	5 to 7	12
Early Start Guitar	5 to 9	10
Early Start Flute	7+	10
Drum Set	9 to adult	12
Musical Mad Science	10 to adult	14
Hochstein Ukulele Experience	10 to adult	13
Hochstein Ukes Go Stylin'	10 to adult	13
Making Music for the Movies 101	12 to 18	14
Jazz Lessons	varies by instrument	12
Songwriting	12 to adult	12
Basic Music Theory	Grade 8 to adult	16
Piano 101	14 to adult	13
Music History Survey	14 to adult	16
AP Music Theory	Grade 10 to adult	16
How to Sing a Standard Tune	16 to adult	14
Guitar 101	18+	14
Parents Take While You Wait	21+	15

ENSEMBLES

TITLE	AGES	PAGE #
Hochstein Little Singers	K to Grade 3	17
Concertino Strings	Grades 1 to 5	18
Sinfonia	Grades 4 to 9	18
Youth Singers	Grades 4 to 12	17
Rock Bands	Age 10 to adult	23
Philharmonia	Grades 6 to 11	18
Hochstein Singers	Grades 6 to 12	17
Jazz Explorations	Grades 6 to 12	22-23
Chamber Music Connection	Grades 6 to 12 + adult	20-21
Junior Wind Symphony	Grades 7 to 8	19-20
Hochstein Youth Symphony Orchestra	Grades 7 to 12	19
Jazz Combos	Grades 7 to 12	22-23
Junior Scholarship Dance Ensemble	Ages 12 to 18	26-27
Senior Scholarship Dance Ensemble	Ages 12 to 18	26-27
Clarinet Choir	Grades 8 to 12 + adult	22
Youth Wind Symphony	Grades 9 to 12	19-20
Scholarship Flute Choir	Grades 9 to 12	21
Scholarship Trombone Choir	Grades 9 to 12	21
Percussion Ensemble	Grades 9 to 12	22
Digging into Dixieland	Grades 9 to 12 + adult	23
Finger Lakes Concert Band	Grades 10 to 12 + adult	20
HYSO Conducting Apprenticeship	Age 15+	19
HochStrings Adult Chamber Orchestra	Age 18 to adult	19

EXPRESSIVE ARTS

TITLE
Young MusicARTS
Workshops and In-Services
Community Classes:
Lunchtime Mindful Dance
Art Education & Exploration
Instrument Exploration
My Radio Pop Songs
Musical Theatre
We Be Jammin'
All About Music
Adventures in Art

... at a Glance

DANCE

TITLE	AGES	PAGE #
Mini-Ballerinas & Creative Danseurs	3 to 4	24
Pre-Caribbean Dance	4 to 6	24
Pre-Ballet/Ballet A	5 to 6	24
Beginning Caribbean-Latin	7 to 11	24
Ballet B	7 to 12	24
Children's Creative Dance	7 to 12	25
Children's Beginning Tap Dance	7 to 12	25
Children's Intermediate Tap Dance	7 to 12	25
Children's African Dance & Drumming	7 to 12	25
Intensive Training Ballet Program	10 to adult	26
Intermediate Rhythm Tap Dance	12 to adult	34
Intermediate Latin & Modern Fusion	12 to 15	25
Beginning/Intermediate Ballet	14 to adult	25
Intermediate Ballet	14 to adult	35
Move It!	14 to adult	25
Modern	14 to adult	25
Spanish/Flamenco I & II	14 to adult	26
Spanish/Flamenco III & IV	14 to adult	26
Bend at the Barre	18 to adult	35

	AGES	PAGE #
	3 to 5	29
	custom-designed	37
	post-high school	36
	post-high school	36
	post-high school	36
	post-high school	36
	post-high school	36
	post-high school	36
	post-high school	37

ADULT

TITLE	LEVEL(S)	PAGE #
Individual Instruction:		30
Specialty Lessons:		
Jazz Lessons	varies by instrument	30
Songwriting	beginner to advanced	31
Drum Set	beginner to advanced	31
Group Instruction:		
Guitar 101	beginner & up	31
Piano 101	beginner	13, 31
The Comfortable Performer ...	all levels	31
Hochstein Ukulele Experience	beginner	13, 32
Hochstein Ukes Go Stylin'	intermediate to advanced	13, 32
How to Sing a Standard Tune	A love of singing!	14, 32
Basic Music Theory	beginner	16, 33
AP Music Theory	pre-req: note reading	16, 33
Music History Survey	pre req: Basic Music Theory	16, 33
Beginning/Intermediate Ballet	beginner & up	25
Intermediate Ballet	intermediate & up	35
Move It!	beginner & up	34
Modern	beginner & up	25
Intermediate Rhythm Tap Dance	intermediate	34
Spanish/Flamenco I & II, III & IV	beginner & up	34
Bend at the Barre	beginner & up	35
Parents Take While You Wait:	Accessible to ALL levels and interests	15, 32
GarageBand 101		15, 32
Help Your Kids Practice		15, 32
The Basics of Recording Music		15, 32
Music Theory for Parents/Adults		15, 32
Adult Ensembles:		
HochStrings Adult Chamber Orchestra	intermediate to advanced	32
Finger Lakes Concert Band	advanced	32
Chamber Music Connection	intermediate to advanced	20-21, 33
Clarinet Choir	intermediate to advanced	22, 33
Adult Advanced Guitar Ensemble	intermediate to advanced	32
Jazz Combos	advanced	23, 33
Rock Bands		23, 33
Digging into Dixieland	intermediate to advanced	23, 33

Hochstein Staff

President's Office

Dr. Margaret Quackenbush,
President & Executive Director
Danielle Varenka, Executive
Assistant to the President

Deans

Dr. Gary Palmer, Dean of Students
Nancy Johnston,
Associate Dean of Students
Joanna Bassett*,
Assistant Dean of Students

Ensembles

Diane Smith*,
Ensembles Coordinator

Music Lab

Dave Chisholm,
Music Lab Director

Development

Whitney Brice,
Director of Development
Tyler Cassidy-Heacock,
Assistant Director of Development

Marketing & Communications

Debbie Tretter, Marketing &
Communications Manager
Janice Hanson, Marketing &
Communications Associate

Business Office

Yolanda Kelley, Business Manager
Bruce Aldridge, Accounts Receivable
Erica Meister, Accounts Payable

Front Office/Reception

Maggie Huff, Front Office Manager
Roz Cassano, Office Assistant
Robin Fisher, Office Assistant
Ruth Gates, Office Assistant,
HYSO Manager
Shirley Graham,
Office Assistant/DUPC

Facilities

Randy Kemp, Operations Manager
Daniel Ayette, Stage Manager
Fred Grimes
Rodney Turner

Hochstein Faculty

*Roster to be completed by
September 2016*

Detailed faculty biographical
information is located at:
www.hochstein.org

Piano

Gary Palmer, Co-Chair
Joseph Werner*, Co-Chair
Maria Fontes Arreaza Paula
Rodney Bobb
Yi-Wen Chang
Richard DeLaney
Jane K. Faust (on leave)
Doleen Hood
Willie LaFavor
Baiba Peele
Lourdes Santiesteban-Mora
Olexsandra Yurchenko

Jazz Piano

Richard DeLaney

Strings

Marcos Kreutzer, Co-Chair &
Suzuki Program Coordinator
Pia Liptak, Co-Chair

Violin

Adam Cordle
Julianna Gray
Galina Konrad-Bertram
Megan Kemp
Marcos Kreutzer
Pia Liptak
An-Chi Lin*
Heather Misula
Eri Noda
Beth Remming
Misako Sakurai
Kathleen Tarantelli
Tigran Vardanyan*
(on leave 2016-2017)
Katie Worley

Viola

Adam Cordle
Marcos Kreutzer
Olita Povero*
Beth Remming

Cello

Sandra Halleran
Kathleen Murphy Kemp*
Cora Swenson Lee

Bass

Wan-Ling Chuang* (acoustic)
Ralph Scicchitano (electric)

Harp

Grace Wong Henshaw*

Guitar

John Wiesenthal, Chair
Warner Iversen
Ralph Louis Scicchitano
Timothy Shannon

Woodwinds, Brass & Percussion

Diane Smith*, Co-Chair
Colleen Wolf, Co-Chair

Woodwinds

Marcy Bacon (clarinet)
Jeanine M. Beahan (flute)
Nancy Boone-Bahr (saxophone)
Rita George Simmons (flute)
Deborah Grohman (clarinet)
Sally Ann Hart (flute)
Margaret Quackenbush (clarinet)
Kirsta Rodean (bassoon)
Diane Smith* (flute)
Terry Smith (oboe)

Brass

Ben David Aronson
(trombone, low brass)
Diana Chase (trumpet)
Nate Rawls (trumpet)
Jeremy Stoner
(tuba, euphonium, low brass)
Colleen Wolf (horn)

Percussion

Richard Felice
Dominic Marini
Jonathan Pereira

Voice

William Scott, Chair
Sandra Boysen
Riki Connaughton
Christopher Jones
Laura Schweibacher

Jazz Studies

Dave Chisholm (improvisation, theory)
Wan-Ling Chuang (bass)
Richard DeLaney (piano, ensembles)
Richard Felice (percussion)
Brendan Lanighan (ensembles)
Nate Rawls (trumpet)
Ralph Louis Scicchitano (guitar)

Expressive Arts: Music, Art & Dance Therapy

Music Therapy

Maria Battista-Hancock, LCAT,
MT-BC, Chair & Internship Director
Monica Braun, MS, MT-BC
Sarah DeMarco, MS, MT-BC
Elaine Kong, MM, MT-BC
Nicholas Lord, MT-BC
Adrienne Meyer, MA, MT-BC, LCAT
Shannon O'Leary, MT-BC
Molly Perry-Pow, MA, MT-BC,
Neurologic Music Therapist
Theresa Smith, MT-BC
Christina Wojtanik, MT-BC

Art Therapy

Benjamin Keipper, LCAT
Colleen Ignatowski, LCAT
Kevin Markman, ATR-BC, LCSW,
CASAC

Dance Therapy

Robin Glenski, MA, LCAT
Rashmi Patel

Advisors

Danielle Fraenkel, PhD., BC-DMT,
NCC, LCAT, LMHC, CGP
Joyce Kliman, MS, LCAT, ATR-BC

Support Staff

Helen Halligan, Senior Outreach
Carla Larsson, Expressive Arts
Department Assistant

Music FUNdamentals

Alice Pratt, Chair
Grace Adams
Barb Bonisteel
Rosemary Eichenlaub
Jennifer Trimble Ford
Charlotte Giebel
Lisa Salvaggio-Clark

Music Theory, History, Composition & Conducting

Dave Chisholm
Rob W. Goodling
Casey Springstead
Lynnann Wieringa

Dance

Diane Lewis, Co-Chair
Sarah G. Andreacchi, Co-Chair
Cheryl Johnson
Christopher Morrison
Nydia Padilla-Rodriguez
Melinda Phillips
Lisa Piccione
Adrienne Santucci
Rachelle Zambito

Ensembles

Diane Smith, * Ensembles Coordinator

Large Ensembles

John Fetter (orchestra)
Maryellen Giese (choral)
Gregory Kane (wind band)
Marcos Kreutzer (orchestra)
Matt Osika (orchestra)
Alice Pratt (choral)
John Rolland (wind band)
Casey Springstead (orchestra)

Chamber Music Connection

Ben David Aronson
Sandra Halleran
Doleen Hood
(Piano & Strings Coordinator)
Kathleen Murphy Kemp*
Cora Swenson Lee
An-Chi Lin*
Pia Liptak
Diane Smith* (Woodwind Coordinator)
Jeremy Stoner
Joseph Werner*
Colleen Wolf (Brass Coordinator)

Small Ensembles

Ben David Aronson (trombone)
Dave Chisholm (rock)
Richard DeLaney (jazz)
Deborah Grohman (clarinet)
Brendan Lanighan (jazz & dixieland)
Diane Lewis (dance)
Julie Smith (flute)
Jim Tiller* (percussion)
John Wiesenthal (guitar)

* Member,

Rochester Philharmonic Orchestra

In addition to teaching, Hochstein faculty members perform frequently with other professional organizations in the community and on both the "Spotlight on Faculty" and the "Live from Hochstein" series.





INDIVIDUAL INSTRUCTION

One-on-one instruction is the most effective way to improve musical skills. Following an orientation/advisement session with a member of the Dean Staff, students are matched with an appropriate teacher who tailors instruction to best fit each child's needs and goals. Lessons are available in all orchestral instruments—as well as in composition, electric bass, acoustic and electric guitar, harp, percussion, piano, and Suzuki violin, viola, cello, and flute—and can be scheduled on days (Monday-Saturday) and evenings (Monday-Friday).

Because a certain degree of physical development is essential to playing an instrument, Hochstein subscribes to the following minimum ages:

Composition (including Songwriting), age 12
Harp, age 9 (some prior piano study preferred)
Piano, age 5
Early Start Flute, age 7
Strings,
 Suzuki, age 3
 Traditional, age 7

Guitar, age 5
Percussion (including drum set), age 9
Wind instruments, age 9
Voice, age 12

Acoustic piano (or a digital piano with 88 full-size, weighted keys) in the home is required for piano lessons.

Children taking individual lessons at Hochstein qualify for the following discounted rates: \$54 per quarter for one Music FUNDamentals or Children's Dance class, and reduced fees for all other classes and ensembles. Adults qualify for reduced fees for Ensembles, Music Theory and Music History, short courses, and Dance.

All individual lessons are arranged by appointment with the Dean's Office.

Fees for Individual Lessons (traditional instruction):

\$29* 30-minute lesson, \$40* 45-minute lesson, \$50* 1-hour lesson

Fees for Individual Lessons, Suzuki and Early Start Guitar (includes group class):

\$32* 30-minute lesson, \$43* 45-minute lesson, \$53* 1-hour lesson

**Tuition assistance is available on a sliding scale for those who qualify. Call (585) 454-4596 for more information.*

Suzuki Program

A comprehensive program of study based on the philosophy of Dr. Shinichi Suzuki: that all children are born with a high potential for learning, and given the opportunity and a structured, encouraging environment, any child can learn to play an instrument. Students in the Suzuki program learn to make music using the “mother-tongue” approach, the same way they learn to speak—by listening and imitating.

The teacher and parent have equally important roles in the success of each child's experience with the Suzuki method. By attending all lessons, supervising daily listening, and practicing with the student, the parent is an active participant in the learning process. The teacher, student, and parent form an all-important “triangle” of learning to support the child's musical growth. Hochstein's Suzuki Program provides many opportunities for public performance.

Suzuki Parent Education

Because parents play such a vital role in the process of learning through the Suzuki method, Hochstein provides guidance and support through periodic parent education classes throughout the school year. Suzuki parent education is a requirement of the program, and is included in the general Suzuki fees. See Suzuki Strings 101 below.

Suzuki Strings violin, viola, cello

Lessons are arranged by consultation with the Dean's Office
age 3 and older

The Suzuki Strings program includes instrumental study of violin, viola, and cello with teachers who have been specially trained in the Suzuki Method. Individual lessons are taught in 30, 45, and 60-minute sessions and are supplemented by a weekly, 50-minute group class. New Suzuki students and parents learn ways to reinforce instruction at home by participating in **Suzuki Strings 101** (description below). Hochstein welcomes and encourages parents of prospective students to observe lessons and group classes before enrolling in the program. Please call (585) 454-4596 to request a detailed Suzuki Brochure and a copy of the group class schedule.

Fee: \$20 registration fee. \$32* fee per half-hour lesson (includes the group class). *Schedules and fees are arranged by appointment with the Dean's Office. With enrollment in Suzuki Strings, families pay \$54 per quarter for one Music FUNDamentals or Children's Dance class, and reduced fees for Choir or other ensembles.*

Included with New Suzuki Violin, Viola, and Cello Lessons: Suzuki Strings 101 for beginning violin, viola, and cello students and their parent(s)

Because parents play such a vital role in the Suzuki learning method, Suzuki parent education is a requirement of the program and is included as part of the Suzuki Strings fee. Suzuki 101 is a supplemental group class for 3-to-5-year-old beginners and their parents taken in conjunction with individual Suzuki lessons. Students and parents learn ways to integrate the instrument-learning process into family life with an emphasis on the Suzuki philosophy, instrument care, and understanding and internalizing the “Twinkle” rhythms through a variety of musical games and movements. Students and parents in Suzuki Strings 101 transition to Pre-twinkle classes in the fall. Parents will need a full-size instrument to assist in learning the basic techniques, while their children begin on a “box” instrument.

Suzuki Strings Group Classes for Community Participants

Permission of community teacher required

age 3 and older

Is your child studying with a Rochester-area Suzuki teacher who doesn't offer a supplemental group class? If so, come join Hochstein's Suzuki Group Classes! Students join together for a weekly 50-minute class where they experience the joy of playing together and for one another. Classes are specific to age and Suzuki book level, and students enjoy the benefits of the social aspect of music while they work together on the common body of musical works in the Suzuki repertoire. Group classes are offered on Friday evenings and Saturday mornings. Please call (585) 454-4596 for a copy of the group class schedule.

Fee: \$10 registration fee. \$360* yearly tuition, payable in quarterly installments of \$90.



MUSIC - Suzuki Program

Early Start Guitar

**Lessons are arranged by consultation with the Dean's Office
ages 5-9**

Hochstein's unique guitar program takes children from first notes to solo and ensemble performances. Musicianship skills that include singing and note reading, as well as guitar technique, are built through a child-friendly repertoire. 30-minute lessons are supplemented by a 50-minute group class. Let us advise you about obtaining an appropriate instrument for your child. Please call (585) 454-4596.

Fee: \$20 registration fee. \$32* fee per half-hour lesson (includes the group class). *Schedules and fees are arranged by appointment with the Dean's Office. With enrollment in Early Start Guitar, families pay \$54 per quarter for one Music FUNdamentals or Children's Dance class, and reduced fees for Choir or other ensembles.*

Early Start Flute

Sally Ann Hart, Instructor

**Lessons are arranged by consultation with the Dean's Office
ages 7+**

This program incorporates elements of the the Suzuki Method for Flute developed by Toshio Takahashi, and builds success with listening, using a progressive repertoire, teacher encouragement, and parental involvement. The program advances sequentially while it develops the student's tone and technique. Students of small stature (less than 53 inches tall) may be advised to begin with the curved flute headjoint option.

Fee: \$20 registration fee. \$29* fee per lesson. *Schedules and fees are arranged by appointment with the Dean's Office. With enrollment in Early Start Flute, families pay \$54 per quarter for one Music FUNdamentals or Children's Dance class, and reduced fees for Choir or other ensembles.*



EARLY START



Music for Little Mozarts

Doleen Hood, Instructor

New & Continuing Students, Age 4: Thursdays, 4:00-4:40 pm

Continuing Students, Age 5: Thursdays, 5:00-5:40 pm

The irresistible stuffed animals, Beethoven Bear and Mozart Mouse, assist your child in his/her first introduction and exploration of the piano, and form the core of this innovative and exciting program! Weekly small-group sessions are supplemented by three 20-minute individual lessons each 9- week quarter. These individual lessons will be arranged with the teacher and parent and are generally scheduled around the group class times. Parent is expected to attend the last 10 minutes of each group session and to assist the child in practice at home. Each child must purchase a learning packet which includes a CD, lesson book, workbook, discovery book, and, of course, Beethoven Bear and Mozart Mouse! Materials can be purchased by calling Atlas Music or through various online resources.

Acoustic piano (or a digital piano with 88 full-size, weighted keys) in the home is required for piano lessons.

Fee: \$20 registration fee. \$32* fee per class, payable in quarterly installments of \$288. *With enrollment in Little Mozarts, families pay \$54 per quarter for one Music FUNdamentals or Children's Dance class, and reduced fees for Choir or other ensembles.*



MUSIC FUNDamentals

It's never too early to begin learning about and appreciating music!

Join us as we explore music together. Classes incorporate the teaching methods of Carl Orff and Zoltan Kodaly, among others, and provide a nurturing environment for both children and adults to listen, move, sing, and play instruments together. Music used for class activities includes a variety of authentic folk songs from different countries.

Classes run the entire 36-week school year, but we do accept new registrations at the beginning of each nine-week quarter and throughout the year. Call (585) 454-4596 to check for openings.

Music for Little Ones

Barb Bonisteel & Jennifer Trimble-Ford, Instructors

Wednesdays, 11:00-11:40 am and Saturdays, 9:00-9:40 am

ages 6 to 18 months, with parent/caregiver

You and your little one will sing, dance, move, chant, and play instruments. We will explore instruments designed for little hands, sing to traditional and multi-cultural songs, and foster your child's natural curiosity for music. *No older siblings in class, please.*

Music for Tiny Tots

Jennifer Trimble-Ford, Instructor

Saturdays, 11:00-11:45 am

ages 18 to 30 months, with parent/caregiver

Parents and children learn songs and activities that can enhance their daily lives while developing the building blocks of musical language.

Music for Tots

Jennifer Trimble-Ford, Instructor

Saturdays, 10:00-10:45 am

ages 30 months through 3 years, with parent/caregiver

Through playful singing, movement and games, nursery rhymes, finger plays, and instrumental activities, you can share a learning experience with your child that will help to build a solid foundation for and love of music.

Music for Tiny Tots and Tots Combined

Barb Bonisteel, Instructor

Wednesdays, 10:00-10:45 am

ages 22 months to 3 1/2 years, with parent/caregiver

Our popular Tiny Tots/Tots classes in a combined age-range to fit the needs of your family!

Musical Stepping Stones **Alice Pratt, Instructor** **Wednesdays, 4:00-4:50 pm or** **Saturdays, 10:00-10:50 am** **ages 4-5**

Step up to the next level of active music-making and develop musical concepts such as steady beat, tone matching, readiness of note reading skills, and the appreciation for different genres of music. The worlds of literature, seasons, counting, following directions, awareness of self and others, as well as social skills will all be explored during this lively, active class.



Music Explorers **Alice Pratt, Instructor** **Wednesdays, 5:00-5:50 pm or Saturdays, 11:00-11:50 am** **ages 5-7**

Musical adventures await your young child as we explore the world of music and develop basic skills during this pivotal point in music education. Using various activities, students will learn musical concepts including beat, rhythm, tone, and basic note reading skills, along with an appreciation for different genres and history of music. Academic subjects will be explored through music-learning to integrate music into the world of literature, social studies, and math.

Fee for Music FUNDamentals classes, above: \$20 registration fee. \$450* yearly tuition, payable in quarterly installments of \$112.50. For students enrolled in individual lessons at Hochstein, tuition is \$216, payable in quarterly installments of \$54 for one Music FUNDamentals or Children's Dance class.



SPECIALTY LESSON AREAS

Songwriting **Dave Chisholm, Instructor** **times individually scheduled** **ages 12 - adult**

Everybody loves a good song, whether it's a rocking and rify Led Zeppelin song, a catchy Beatles tune, or a fun and poppy Taylor Swift number. But what goes into this process? Dave Chisholm, songwriter of the Rochester rock band Talking Under Water, explores the process of songwriting with students. Topics in the individual sessions include developing lyrics, chord progressions, exploring melodic shape, and demoing your creation on GarageBand.

Drum Set! **Richard Felice, Instructor** **times individually scheduled** **ages 9 - adult, beginner through advanced**

Explore the wonderful world of drum set with master drummer Richard Felice! Learn basic coordination, rudiments, note-reading, and work on snare-drum and drum set exercises and drills to put you on the road to becoming a complete drummer. Develop mastery of Rock, Latin, Jazz improvisation styles, and more!

Fees for Jazz, Songwriting, and Drum Set: \$10 registration fee; \$29 per 30-minute lesson; \$40 per 45-minute lesson; \$50 per 60-minute lesson. Schedules and fees are arranged by appointment with the Dean's Office.

Jazz Lessons

See Faculty Roster for Jazz Studies Instructors (pg. 7)

times individually scheduled
varying ages by instrument (check Individual Instruction minimum ages on page 8)
beginning through advanced

The Jazz Studies Program is designed to provide aspiring jazz standard performance practice and exposure to repertoire through improvisation and exploration of jazz styles in individual lessons. Students will have the opportunity to participate in Hochstein's jazz ensembles (see pages 22-23). Participation in the Jazz Studies program is open to the following instruments: piano, acoustic and electric bass, drum set, electric guitar, woodwinds, and brass.

Group Instruction and Short Courses

Piano 101

Yi-Wen Chang, Instructor

Fall Session: 9 Saturdays, September 17-November 12, 2016

Spring Session: 9 Saturdays, April 29-June 24, 2017

12:15-1:15 pm

ages 14 - adult

Have you always wanted to learn to play the piano but didn't feel comfortable taking an individual lesson? Then, try Piano 101, the class approach to piano study! Enjoy working in Hochstein's state-of-the-art Music Lab and learn the beginning elements of piano-playing, including posture, hand position, intro to the keyboard, rhythm, and simple songs. Additional course material fees will apply. Class runs 9 weeks, but may be extended if there is sufficient interest. Note: Class does qualify as an elective for Hochstein's Honors Certificate Program.

Fee: \$10 registration fee; \$135 tuition per session.

For students enrolled in individual lessons at Hochstein, tuition is \$99.

Hochstein Ukulele Experience!

Randy Pollok, Instructor

Fall Session: 6 Saturdays, October 15-November 19, 2016

Spring Session: 6 Saturdays, April 8-May 20, 2017

2:30-3:30 pm

ages 10 - adult; beginners

Are you looking for a fun, accessible way to start learning music? Well, the ukulele is the perfect instrument to develop musical skills while playing in a group with others! Join ukulele master Randy Pollok in this intergenerational class with the emphasis on learning basic chords and songs in a welcoming environment that fosters a positive attitude and a sense of community with other class members. Grab your children, your spouse/partner, family members, and friends and join together in this enjoyable way to make music together!

NOTE: Participants need to provide their own ukuleles (concert, tenor, or soprano size) and purchase *The Daily Ukulele, Volume 1* by Jim Beloff.

Fee: \$10 registration fee; \$81 tuition per session; \$66 if enrolled in individual lessons at Hochstein.

Hochstein Ukes Go Stylin'

Randy Pollok, Instructor

Fall Session: Outlaw Country! 6 Saturdays,

October 15-November 19, 2016

Spring Session, Topic TBA: 6 Saturdays,

April 8-May 20, 2017

3:30-4:30 pm

ages 10 - adult; intermediate to advanced level

Join ukulele master Randy Pollok in this fun class that explores the popular songs of Johnny Cash, Willie Nelson, Merle Haggard, and other "outlaws" from the country music scene.

Spring session will be a different topic TBA at a later date.

Fee: \$10 registration fee; \$81 tuition per session;

\$66 if enrolled in individual lessons at Hochstein.

**Tuition assistance is available on a sliding scale for those who qualify. Call for more information.*

585.454.4596



www.hochstein.org

Musical Mad Science!

Dave Chisholm, Instructor

Fall Session: 6 Saturdays, October 15- November 19, 2016

Spring Session: 6 Saturdays, April 8-May 20, 2017

11:00 am-12:00 pm

ages 10 - adult

What would happen if we slowed down the opening two measures of Beethoven's Fifth Symphony so that they last 5 minutes? What if we took the opening half-second of Taylor Swift's "Blank Space" and looped it? What is the weirdest sound you can make and how can we use it to make music? The "Mad Scientists" will discover the answers to these questions and more in Musical Mad Science! Under Music Lab Director Dave Chisholm's guidance, fledgling "Mad Scientists" ages 10+ perform experiments in musical creation and deconstruction, and, along the way, learn about the nuts and bolts of musical structure including time signature, tonality, texture, contrast, and rhythm. With this course, Hochstein's Music Lab takes on a whole new meaning!

Fee: \$10 registration fee; \$90 tuition per session. *For students enrolled in individual lessons at Hochstein, tuition is \$66 per session.*

NEW! Making Music for the Movies 101

Dave Chisholm, Instructor

Fall Session: 6 Thursdays,

October 13-November 17, 2016 - 6:30-7:30 pm

Spring Session: 6 Thursdays,

April 6-May 18, 2017 - 6:30-7:30 pm

ages 12-18

The combination of music and movies is absolutely magical. Whether you're making movies professionally or simply adding movies to your Instagram or Vine account, the addition of music can elevate your work to unimaginable heights. In Making Music for Movies 101, students will add music to silent movies and/or student-filmed scenes while examining movie scores by classic film composers such as John Williams, Bernard Herrmann, Erich Korngold, Trent Reznor, and more!

Fee: \$10 registration fee; \$90 tuition. *For students enrolled in individual lessons at Hochstein, tuition is \$66.*



How to Sing a Standard Tune: A Highly Opinionated Survey of the Great American Songbook!

Richard DeLaney, Instructor

Fall Session: 9 Saturdays, September 17-November 12, 2016

Spring Session: 9 Saturdays, April 29-June 24, 2017

3:00-4:00 pm

ages 16 - adult

Join noted jazz pianist and Mambo Kings Director Richard DeLaney in this fun and interactive class that works on everyone's favorite tunes. Students will bring in favorite songs to share with the class and be coached by DeLaney. He will share his interpretive and stylistic insights and will also introduce some of his favorites to the class. The only pre-requisite required is a love of singing! Class runs 9 weeks, but can be extended into subsequent quarters if there is sufficient student interest.

Fee: \$10 registration fee; \$135 tuition per session.

For students enrolled in individual lessons at Hochstein, tuition is \$99.

Guitar 101

John Wiesenthal, Instructor

5 Saturdays, November 12-December 17, 2016

3:00-4:00 pm

ages 18+, beginning & continuing levels

Have you always wanted to learn to play the guitar in a social atmosphere with other adults? Then this beginning guitar class is just for you! Learn the basics of playing the acoustic guitar, while engaging in fun activities to build musicianship skills. Music to be studied will include both folk tunes and classic pop tunes.

Fee: \$10 registration fee; \$75 tuition. *For students enrolled in individual lessons at Hochstein, tuition is \$55.*

Special 4-Week Offerings for Adults: Parents, Take While You Wait!

Dave Chisholm, Instructor
ages 21+

Take these fun classes for a short 4-week session to get your feet wet and get your creative juices flowing! Parents of Hochstein students can register for these classes for only \$5 per class meeting! Take one of these While You Wait! offerings below.

All classes below are on Saturdays from 10:00-11:00 am.

GarageBand 101 - October 1-22, 2016

Have you ever wanted to make your own music? Produce your own hip-hop beat? Add a soundtrack to a video? Whether you want to record a song you wrote or just goof around with music, now is your chance. Join Dave Chisholm in the Hochstein's Music Lab for a four-week crash course in the Apple App Garageband.

Help Your Kids Practice - October 29-November 19, 2016

This class is built for parents of kids enrolled in lessons or orchestra at Hochstein but who themselves have limited music experience. Designed to give parents a basic overview of the inner-workings of music notation, "Help Your Kids Practice" will also provide parents with strategies for encouraging, developing, and cultivating a practice routine for their kids.

The Basics of Recording Music – January 14-February 4, 2017

Whether you want to record your child for an audition or for pedagogical purposes or you want to record a song in your heart, this class is for you. Join Dave Chisholm in the Hochstein's Music Lab for a 4-week survey of recording and mixing techniques. Topics include: digital-analog interfaces, microphone selection and placement, and mixing techniques. Students will get ample hands-on time to record as a group.

Music Theory for Parents/Adults - March 25-April 15, 2017

Have you ever heard a piece of music and been moved emotionally? Of course you have. Can you explain why? This class offers a nuts-and-bolts approach to music listening that involves the basics of music concepts such as tempo, meter, melody, and harmony. Let Dave Chisholm help demystify music for you and increase your understanding of this beautiful language.

Topic TBA - April 29-May 20, 2017

Fee: \$60 tuition per 4-week session. *For students enrolled in individual lessons at Hochstein, tuition is \$44 per session. For parents of Hochstein students, reduced tuition is only \$20 per session.*

Music Theory & History

A knowledge of music theory is an essential tool for musicians and gives both performers and listeners valuable insights into a composer's creative thoughts and technical methods. Students may take advantage of a curriculum-sharing partnership between Hochstein and Eastman Community Music School. The classes listed below are offered at Hochstein, and additional offerings are available at Eastman CMS.

A special feature of Hochstein's curriculum: theory classes meet in the School's state-of-the-art Music Lab, where students get the opportunity to develop facility with special music programs, Sibelius, Auralia, and Musition. Regardless of where a student has enrolled, make-up classes in Music Theory may be taken at either Hochstein or Eastman CMS. Call (585) 454-4596 for a complete list of all available classes.

Basic Music Theory

Lynnann Wieringa, Instructor

Wednesdays, 6:00-7:00 pm

grade 8 - adult

This class reviews the fundamentals of music theory (note-reading, meter, scales/key signatures), with more in-depth work on intervals, chords, Roman Numeral analysis, embellishing tones, and beginning Species Counterpoint, geared for teens and adults.

Pre-requisite: Some experience with note-reading.

AP Music Theory: Form and Harmony

Lynnann Wieringa, Instructor

Wednesdays, 5:00-6:00 pm

grade 10 - adult, or by teacher recommendation

Building on the concepts learned in Basic Theory, this class reviews chords and Roman Numeral analysis, while delving more completely into the areas of cadence types, figured bass, harmonization, and secondary chords. In addition, students will engage in written and listening analysis and dictation and sight-singing appropriate for AP test preparation.

Pre-requisite: **Basic Music Theory.** Students who have some Music Theory experience but aren't sure they are ready for AP Music Theory should take the theory placement exam to assess which class is the right placement for them.

Music History

Music History Survey

Rob Goodling, Instructor

Tuesdays, 6:00-7:00 pm

age 14 and older

Examine the history and development of music and listen to masterworks of representative composers from the 16th-century Renaissance, Baroque and Classical eras, 19th-century Romanticism, Impressionism and Post-Romanticism, 20th-century English Folk-Song Renaissance, Expressionism, Neo-Classicism, Modernism, and Post-Modernism developments through and including Jazz, Rhythm & Blues, Rock 'n' Roll, and Rap.

A textbook/companion CD rental fee of \$25 is in addition to the tuition fees.

Note: Classes occasionally meet for double sessions to review for exams; individual-lesson students should avoid scheduling their lessons immediately adjacent to Music History class time.

Fees for all Music Theory and Music History Survey: \$20 registration fee. \$540* yearly tuition payable in quarterly installments of \$135 each. For students enrolled in individual lessons at Hochstein, \$396 yearly tuition payable in quarterly installments of \$99.



CHORAL PROGRAM

Hochstein Little Singers

Alice Pratt, Director

Wednesdays, 6:00-7:00 pm or Saturdays, 9:00-10:00 am

kindergarten-grade 3

This beginning pre-choral experience is the perfect activity for the budding little vocalist in the family! Hochstein Little Singers will use the voice as a tool for developing basic musicianship and introducing musical concepts, as well as to introduce the joy of singing in an age-appropriate, healthy way.

Fee: \$10 registration fee; \$378* yearly tuition payable in quarterly installments of \$94.50.

For students enrolled in individual lessons at Hochstein, tuition is \$270 payable in quarterly installments of \$67.50.

Youth Singers

Maryellen Giese, Director

Saturdays, 9:30-11:00 am

grades 4-12

Hochstein Youth Singers is an energetic chorus made up of motivated and dedicated young musicians. Students join Youth Singers because they love to sing and want the fun of singing challenging music with like-minded musicians. They gain self-confidence as they improve their vocal technique, music-reading skills, musicality, and performance skills. Youth Singers perform diverse treble choral repertoire in multiple languages and styles. That said, they have FUN in rehearsals AND in performances ... and their audiences have fun, too!

Fee: \$10 registration fee. \$432* yearly tuition, payable in quarterly installments of \$108.

For students enrolled in individual lessons at Hochstein, yearly tuition is \$342 payable in quarterly installments of \$85.50.

Hochstein Singers

Maryellen Giese, Director

Saturdays, 11:30 am-12:30 pm

grades 6-12

This ensemble is an extension of the Hochstein Youth Singers. Older students are encouraged to stay after Youth Singers' rehearsals, take a snack break together from 11:00-11:30 am, then rehearse more challenging music together from 11:30 am-12:30 pm. Hochstein Singers combine classical training with the joyful experience of music-making. Participants learn the rewards of achievement while building self-esteem and mutual respect. Repertoire consists of choral literature of the world as well as that of our diverse American communities.

Fee for Members of Youth Singers: No registration fee. \$180* yearly tuition, payable in quarterly installments of \$45.

For students enrolled in individual lessons at Hochstein, yearly tuition is \$144 payable in quarterly installments of \$36.

Fee for all other participants: \$10 registration fee, \$270* yearly tuition, payable in quarterly installments of \$67.50.

ORCHESTRAL PROGRAM



The Hochstein Orchestral Program is designed to provide students at all levels of skill with the opportunity to learn and grow within the orchestral setting, by developing comprehensive musicianship and an understanding of orchestral literature. Auditions are required for all orchestras. The audition process takes place each May for the following school year. Each participant in the Hochstein Orchestral Program must maintain membership in an instrumental ensemble (if available) in his/her school.

For more information about the orchestra program and the audition process, check out our website at www.hochstein.org/ensembles or call (585) 454-4596.

Concertino Strings

Marcos Kreutzer, Director

Saturdays, 9:00 am-10:00 am

Suggested grades 1-5, NYSSMA Level 2-3 or in Suzuki Book III, who can demonstrate sight-reading proficiency. Audition required; Director will accept new members throughout the year

This first step in Hochstein's comprehensive Orchestral Program is designed for violin, viola, cello, and bass students who can demonstrate beginning sight-reading proficiency. Come and explore team music-making as we study orchestral performance and bowing skills. Students will also work on learning to play as a section and following the conductor.

Fee: \$10 registration fee; \$378* yearly tuition, payable in quarterly installments of \$94.50 each.

For students enrolled in individual lessons at Hochstein, yearly tuition is \$322 payable in quarterly installments of \$80.50.

Sinfonia

John Fetter, Director

Saturdays, 11:30 am-1:00 pm

suggested grades 4-9, NYSSMA Level 4-5 - audition required

String students will have the opportunity to hone orchestral reading and orchestral skills while rehearsing and performing a wide variety of repertoire ranging from classical to contemporary. The Sinfonia performs three concerts annually including joint concerts with other Hochstein orchestras.

Fee: \$10 registration fee; \$396* yearly tuition, payable in quarterly installments of \$99 each.

For students enrolled in individual lessons at Hochstein, yearly tuition is \$349 payable in quarterly installments of \$87.25.

Philharmonia

John Fetter, Director

Saturdays, 9:00-11:00 am

Matt Osika, Assistant Director

suggested grades 6-11, NYSSMA Level 5-6 - audition required

A full orchestra (strings, brass, woodwinds, percussion) providing students the opportunity to learn intermediate to advanced repertoire while refining orchestral technique. The Philharmonia performs three concerts annually including joint concerts with other Hochstein orchestras.

Fee: \$10 registration fee; \$423* yearly tuition, payable in quarterly installments of \$105.75 each.

For students enrolled in individual lessons at Hochstein, yearly tuition is \$376 payable in quarterly installments of \$94.

Hochstein Youth Symphony Orchestra

Casey Springstead, Director

Saturdays, 9:00-11:30 am

suggested grades 7-12, NYSSMA Level 6 - audition required

A full orchestra (strings, brass, woodwinds, percussion) for advanced musicians. The Youth Symphony Orchestra promotes musical experience through the study and performance of standard orchestral repertoire, contemporary works, small ensembles, and student concerto performances. Season repertoire includes Baroque, Classical, Romantic, and Contemporary music. The HYSO toured Italy in Spring 2009, Ireland in Spring 2011, France in Spring 2014, and Austria/Germany in Spring 2016.

Fee: \$10 registration fee; \$450* yearly tuition, payable in quarterly installments of \$112.50.

For students enrolled in individual lessons at Hochstein, yearly tuition is \$394, payable in quarterly installments of \$98.50.

Special Opportunity!

Hochstein Youth Symphony Orchestra

Conducting Apprenticeship

age 15 and older

One student conductor apprenticeship position is available in the Hochstein Youth Symphony Orchestra, and selected by an interview process. This apprentice is chosen from the current membership of the Hochstein Youth Symphony. The student apprentice will conduct sectional rehearsals, play in the orchestra, and work individually with conductor Casey Springstead.

Fee: Apprentice is awarded as an honor; no charge.



HochStrings Adult Chamber Orchestra

Pia Liptak, Director

Fridays, 5:00-6:30 pm

Session 1: 10 Weeks, September 16-December 2, 2016

Session 2: 10 Weeks, December 16-March 10, 2017

Session 3: 10 Weeks, March 24-June 16, 2017

ages 18+, intermediate-advanced level, NYSSMA Level 4+ or the equivalent

Join fellow violinists, violists, cellists, and double-bassists in the joyful musical interaction that is a string orchestra! Students will come together for a short session to learn repertoire pieces in a collaborative, non-threatening environment and work toward a final performance at the end of each session. Participants should be able to play repertoire such as an easy Baroque sonata or concerto movement.

Fee: \$10 registration fee; \$135* tuition per 10-week session.

For those enrolled in individual lessons at Hochstein, session tuition is \$110.



WIND SYMPHONIES & BANDS

The Hochstein Wind Symphony Program provides an intensive 6-week opportunity for motivated junior and senior high school wind students to expand their wind band experience. The Junior session meets in September/October and the Senior ensemble meets in January/February. Students are admitted by application and teacher recommendation.

The Finger Lakes Concert Band is open to advanced high school students and adults. Weekly rehearsals take place at Canandaigua Middle School throughout the school year.

For more information about the wind symphony and band programs and the audition processes, check out our website at www.hochstein.org/ensembles or call (585) 454-4596.

ENSEMBLES - Large

Junior Wind Symphony**John Rolland, Director****6 weeks only, September 17-October 22, 2016****Saturdays, 12:00-2:00 pm****grades 7-8, NYSSMA Level 3+**

An opportunity for motivated junior high students to broaden their wind band experience. The program includes an intensive 6-week rehearsal schedule, followed by a final concert on Saturday, October 22 at 7:30 pm. Open to woodwind, brass, and percussion students entering grades 7 and 8 in September of 2016. Although original application deadline was June 4, 2016, all positions may not have been filled; call (585) 454-4596 for more information and to request an application.

Fee: \$80*, refundable if student is not placed.**Youth Wind Symphony****John Rolland, Director****6 weeks only, January 7-February 11, 2017****Saturdays, 12:00-2:00 pm****grades 9-12, NYSSMA Level 5-6**

Participation in this senior high school wind ensemble allows students to broaden their wind band experience. Open to woodwind, brass, and percussion students in grades 9-12. Please call (585) 454-4596 to request an application. Applications are due by Saturday, October 22, 2016. The 6-week session ends with a final concert on Saturday, February 11 at 7:30 pm.

Fee: \$80*, refundable if student is not placed.**Finger Lakes Concert Band****Gregory Kane, Director****Thursdays, 7:00-9:00 pm at the Canandaigua Middle School****grades 10 - adult, NYSSMA Level 6 or the equivalent**

Comprised of adult instrumentalists and advanced high school students from the Greater Finger Lakes community, the Finger Lakes Concert Band rehearses weekly and gives several concerts per year featuring a wide variety of music ranging from standard wind band literature and orchestral transcriptions to music of the jazz and pop idioms. Please call (585) 454-4596 for more information or to request an application.

Fee: \$80*, refundable if participant is not placed.

The Chamber Music Connection Program (CMC) offers fun and challenging opportunities to learn the art of chamber music and connect with other musicians in a small group setting. Ensembles of three or more are formed throughout the year for players of compatible ages and abilities, as permitted from the pool of applicants.

The program features a minimum of 30 weekly coaching sessions with a faculty member and an extensive schedule of opportunities to participate in workshops, masterclasses, and performances at Hochstein and at numerous community venues.

For more information about Chamber Music Connection and the audition process, check out our website at www.hochstein.org/ensembles or call (585) 454-4596.

585.454.4596

**Tuition assistance is available on a sliding scale for those who qualify. Call for more information.*

Chamber Music Connection Ensembles

Schedule TBA

placement audition required

for students in grades 6-12 and adults who play at NYSSMA Level 3-6, or the equivalent

Weekly one-hour sessions will be scheduled at times mutually agreeable among ensemble members and coach. Open to piano, strings, woodwinds, and brass.

Fee: \$10 registration fee; \$486* yearly tuition payable in quarterly installments of \$121.50 each. *For students enrolled in individual lessons at Hochstein, yearly tuition is \$396 payable in quarterly installments of \$99.*

Chamber Music Connection Scholarship Ensembles

Schedule TBA

audition required

for students in grades 9-12 who play at NYSSMA level 6 and study with a private teacher

Based on individual placement auditions, a limited number of merit scholarships may be awarded to students who are in grades 9-12, who play at NYSSMA Level 6 or the equivalent, and who are studying with a private teacher. Scholarship Ensembles are expected to give several performances at Hochstein and in the community throughout the year.

Fee: Participants pay only an \$80 Scholarship Ensemble fee.



INSTRUMENT ENSEMBLES

Ensembles of three or more in the same instrument family are formed of players of compatible ages and abilities, as permitted from the pool of applicants. Instrument Choirs may participate in many of the events sponsored by Chamber Music Connection.

Scholarship Flute Choir

Julie Smith, Director

Wednesdays, 7:00-8:00 pm

audition required

grades 9-12, NYSSMA Level 6

Open by audition only to students who perform at NYSSMA Level 6. For more information and to request an application, call (585) 454-4596.

Fee: Participants pay only an \$80 Scholarship Ensemble fee.

Scholarship Trombone Choir

Ben David Aronson, Director

Mondays, 7:00-8:00 pm

audition required

grades 9-12, NYSSMA Level 6

Open by audition only to students who perform at NYSSMA Level 6. For more information and to request an application, call (585) 454-4596.

Fee: Participants pay only an \$80 Scholarship Ensemble fee.

Clarinet Choir**Deborah Grohman, Director****Thursdays, 5:30-6:30 pm****grade 8 - adult, NYSSMA Level 4-6 or the equivalent**

An excellent opportunity for clarinet students to improve both individual and sectional clarinet techniques through a wide range of repertoire.

Fee: \$10 registration fee; \$486* yearly tuition payable in quarterly installments of \$121.50 each. *For students enrolled in individual lessons at Hochstein, yearly tuition is \$396 payable in quarterly installments of \$99.*

Percussion Ensemble**Jim Tiller, Director****Wednesdays, January 4-March 22, 2017****7:00-9:00 pm****grades 9-12, NYSSMA Level 5-6**

A unique opportunity to grow musically and form relationships while learning in a chamber music setting. Ensembles of various sizes will explore repertoire for percussion instruments including snare drum, keyboard, timpani, and drum set, among many others. Rehearsals feature: advanced instruction in all major areas of percussion performance, master class opportunities, instrument demonstration, special topic discussions. The ensemble concludes with a performance on March 22 at 7:30 pm.

Fee: \$10 registration fee; \$244 tuition.



JAZZ COMBOS, ROCK BANDS, & DIXIELAND

Jazz Studies

The Jazz Studies Program is designed to provide aspiring jazz musicians with performance experience, standard performance practice, and exposure to repertoire through small ensemble settings and improvisation and jazz styles in individual lessons. The development of musicianship and stagecraft through weekly rehearsals and coachings gives the student an opportunity to explore jazz as a new venue or to build upon and fine tune skills that have already been learned. Ensembles will have the opportunity to perform in concerts and in community events as well as in the Jazz Master Class Series, which provides students the opportunity to perform for and with professional jazz musicians in an informal recital setting.

Participation in the Jazz Studies Program is open to the following instruments: piano, acoustic and electric bass, drum set, electric guitar, woodwinds, and brass.

See faculty roster on page 7 for Jazz Studies individual-lesson instructors.

Jazz Explorations**Brendan Lanighan, Coach****Saturdays, 10:30-11:30 am****intermediate level****grades 6-12, NYSSMA Level 3-5 or the equivalent**

The first step in small jazz ensembles at Hochstein, this group helps young performers hone their jazz chops and develop skills essential for group performance. Open to strings, piano, woodwinds, guitar, electric bass, and percussion. Reading skills and the ability to sight-read are necessary.

Fee: \$10 registration fee; \$486* yearly tuition payable in quarterly installments of \$121.50 each. *For students enrolled in individual lessons at Hochstein, yearly tuition is \$396 payable in quarterly installments of \$99.*

Jazz Combos**Richard DeLaney, Coordinator & Coach****Fridays, 6:00-7:00 pm or 7:00-8:00 pm****advanced level****grades 7-12 and adults, NYSSMA Level 4-6 or the equivalent**

Jazz combos formed with students of compatible ages and abilities. Open to strings, piano, woodwinds, guitar, electric bass, and percussion. Reading skills and the ability to sight-read are necessary. A placement audition is required and will consist of sight-reading, selected scales in 2-4 octaves from all major and minor keys, and a performance of a prepared selection. Placement auditions will be held in early September, date TBA. Please call (585) 454-4596 to schedule your audition time.

Fee: \$10 registration fee; \$486* yearly tuition payable in quarterly installments of \$121.50 each. *For students enrolled in individual lessons at Hochstein, yearly tuition is \$396 payable in quarterly installments of \$99.*

Rock Bands**Dave Chisholm, Coordinator & Coach****Saturdays, scheduled between 1:00-5:00 pm****ages 10 - adult**

Hochstein Rock Bands are designed for singers, guitarists, bassists, pianists, and drummers looking to rock out in a band! Learn songs by popular bands while collaborating with others. Rock Band members will engage in plenty of jamming while delving into the history of rock and exploring rock theory. If you are in a band, you and your fellow band-members are encouraged to enroll as a group so you can focus, share ideas, and receive constructive and educational feedback. If you aren't already in a group, we will do our best to place you with students of similar age and interest. Note: Guitarists and bassists should provide their own instruments and amps.

Fee: \$10 registration fee; \$486* yearly tuition payable in quarterly installments of \$121.50 each. *For students enrolled in individual lessons at Hochstein, yearly tuition is \$396 payable in quarterly installments of \$99.*

NEW! Digging into Dixieland**Brendan Lanighan, Coordinator & Coach****Saturdays, 11:30 am-12:30 pm****grades 9-12 and adults, NYSSMA Level 4 or the equivalent**

Participants of this new ensemble will take a closer look into the music of the early 1920s. Using the groups of Louis Armstrong and Bix Beiderbecke as points of departure, the experience will be geared toward playing and performing in an authentic Dixieland jazz style. The offering will be heavily focused on learning repertoire, improvising, and collaborating with others in a relaxed, fun environment. The group will consist of trumpet, trombone, saxophone/clarinete, piano, bass/tuba, and drums.

Note: If sufficient interest exists, offering will continue into subsequent quarters.

Fee: \$10 registration fee; \$121.50* per 9-week session. *For students enrolled in individual lessons at Hochstein, 9-week session is \$99.*

DANCE AT HOCHSTEIN

Hochstein's dance philosophy places emphasis on the educational experience and the joy of dance. Offering a full range of sequential, guided instruction, students are instructed in proper technique and are grounded in a strong technical foundation. With an emphasis on nurturing the whole dancer, our professional faculty works with each student to develop confidence and creativity as well as technical and performance skills. Our Intensive Training Program and Scholarship Dance Ensembles offer the serious student advanced training and the opportunity to work and perform in a repertoire ensemble.

Hochstein dancers are afforded the opportunity to dance in the Hochstein Performance Hall in the Winter and Spring Dance Galas!

Our unique program offers each student the ability to expand their training with a full range of dance genres. From Ballet to Modern, Tap to Flamenco, there is something for everyone to dip his or her toes into at Hochstein!

Choose from a variety of offerings! For more information, please call (585) 454-4596.

Mini-Ballerinas & Creative Danseurs

Rachelle Zambito, Instructor

Tuesdays, 4:15-5:00 pm or 5:00-5:45 pm

ages 3-4

Girls and boys will have a blast (and blow off steam!) in this fun introduction to the world of ballet and creative dance! Through the use of games and songs, our Mini-Ballerinas and Creative Danseurs will learn the names of arm and leg positions, as well as movements such as tendu, plié, relevé, and passé.

Pre-Ballet/Ballet A

Melinda Phillips, Instructor

Wednesdays, 4:15-5:00 pm or 5:00-5:45 pm

ages 5-6

This class is designed to foster interest in pursuing more advanced ballet technique. Children will learn introductory ballet technique as well as body awareness and movement exploration through age-appropriate games and exercises.

Ballet B

Diane Lewis, Instructor

Wednesdays, 4:15-5:15 pm or Saturdays, 10:30-11:30 am

ages 7-12

Develop coordination, grace, musicality, flexibility, and balance in this sequential program. Basic ballet technique and vocabulary will be introduced as well as barre work, adagio and allegro movements, and dancing in unison.

Pre-Caribbean Dance

Adrienne Santucci, Instructor

Saturdays, 9:00-9:45 am

ages 4-6

Join this creative movement class with a Caribbean flair! Students will make dances and explore stories through a fusion of multicultural influences.

Beginning Caribbean-Latin

Nydia Padialla-Rodriguez, Instructor

Mondays, 5:15-6:15 pm

ages 7-11

Experience the Latin flavor and fusion of African, Taino Arawak, and Spanish influences of Caribbean dance.



Intermediate Latin & Modern Fusion

Nydia Padialla-Rodriguez, Instructor

Mondays, 6:15-7:15 pm

ages 12-15

Enjoy Latin rhythms and techniques rooted in Caribbean style, blended with modern dance!

Children's Creative Dance

Sarah Andreacchi, Instructor

Wednesdays, 6:00-7:00 pm or Saturdays, 11:30 am-12:30 pm

ages 7-12

This creative dance class for beginners builds skill in dance technique, improvisation, and performance. Students will learn the principles of creative movement and improvisation to guide them through the creative process of making dance. This class encourages students to develop personal movement style and artistic voice. Students will work on solos as well as group pieces.

Tap Dance

Cheryl Johnson, Instructor

ages 7-12

Level I: Children's Beginning Tap Dance, Mondays, 4:15-5:15 pm (New Beginners or less than 1 year of Tap)

Level II: Children's Intermediate Tap Dance, 5:15-6:15 pm (Prerequisite: 1 Year of Tap)

ages 12+

Intermediate Rhythm Tap Dance, Mondays, 6:15-7:15 pm (Prerequisite: 2 Years of Tap)

Tap technique from the first step through the basics. Learn basic music theory as applied to tap dancing. Intermediate moves onto more steps and facility with more complex rhythms. **Tap shoes are required.**

Children's African Dance & Drumming

Adrienne Santucci, Instructor

Saturdays, 10:00-11:00 am

ages 7-12

Explore the world of African dance and learn basic drumming techniques. With a focus on rhythm and beats, this energetic class features joyful movement.

Beginning/Intermediate Ballet

Diane Lewis, Instructor

Tuesday, 7:15-8:45 pm

ages 14 - adult

This class introduces students to the basics of the Russian (Vaganova) Ballet Technique through barre work and preparation for pirouettes, adagios, and allegro movements. Also covered are the basics of ballet vocabulary and technique. Great for developing flexibility, strength, coordination, musicality, and grace.

Intermediate Ballet - *Please see page 35 for class details*

Move It!

Christopher Morrison, Instructor

Thursdays, 6:00-7:00 pm

beginner level and up

ages 14 - adult

Get moving with this wonderful combination of exercise and creative dance! Move It class consists of a blend of modern dance and Caribbean folk forms that also use Yoga and Pilates positions in coordinated dance forms to help to strengthen the spine and develop a stronger core. You will strengthen, stretch, and develop stronger balance while dancing to eclectic music from around the world. All movements can be adapted to students of any fitness level.

Modern

Christopher Morrison, Instructor

Tuesdays, 7:15-8:45 pm

ages 14 - adult

Enjoy Modern Dance with a Caribbean sensibility taught with high energy, originality, and style!



Spanish Flamenco I & II Lisa Piccione, Instructor Wednesday, 5:30-7:00 pm ages 14 - adult

Learn to combine Flamenco's fancy footwork with the grace inherent in the arms, hands, and body movements. Enjoy a brief historical and cultural introduction to this traditional and cultural dance form. An introduction to coplas of sevillanas as well as castanets and Flamenco exercises and choreographies.



INTENSIVE TRAINING

Spanish Flamenco III & IV Lisa Piccione, Instructor Tuesday, 6:00-7:30 pm ages 14 - adult

Expand skills learned in Flamenco I & II with new choreography for castanets and Flamenco, and the introduction of new "palos."



Hochstein's **Intensive Training Program** is based on the foundational core of the Russian Vaganova technique. Participation and advancement in the Intensive Training Program is **determined by technical ability, not age**. Students in this program are encouraged to attend multiple classes per week. A sample of expectations, by level, is listed in the grid below.

Also included in the Intensive Training Program is the opportunity to be in one of our scholarship ensembles – Junior Scholarship Dance Ensemble or Senior Scholarship Dance Ensemble.

Entry into the ensembles is by audition (usually held sometime in October), and students accepted into an ensemble are expected to take 4 classes or more per week at Hochstein—at least 2 ballet technique classes, plus preparation pointe/pointe class, and one contrasting style (Modern, Spanish/Flamenco, Tap, Intermediate Latin Fusion).

Ensemble members have the opportunity to participate in Hochstein's Merit Scholarship Competition for Dance, which is held sometime in late April or early May. For more information about this program, please contact Diane Lewis, Dance Department Co-Chair, at diane.lewis@hochstein.org.

Level	# classes/ week	Classes <i>(see class days and times on page 27)</i>
Ballet I	1	Ballet I
Ballet II	2	Ballet I & II
Ballet III	3	Ballet III, II, Pirouette or Pointe
Ballet IV	4	Ballet IV, III, Pointe, Pirouette or Ballet II
Ballet V	5+	Ballet IV, III, II, Pointe, Pirouette, Scholarship Ensemble, etc.



*For a summary of dance classes and styles in Hochstein's program, please see the grid below.
Not sure which class to take? Take a trial class! Single dance coupons are available for \$16.*

Classes	Ages	Monday	Tuesday	Wednesday	Thursday	Saturday
Ballet:						
Mini Ballerinas/Creative Danseurs	3-4		4:15-5:00			
Mini Ballerinas/Creative Danseurs	3-4		5:00-5:45			
Pre-Ballet/Ballet A	5-6			4:15-5:00		
Pre-Ballet/Ballet A	5-6			5:00-5:45		
Ballet B	7-12			4:15-5:15		
Ballet B	7-12					10:30-11:30
Ballet I**	10-13				4:15-5:15	
Ballet II**	10-14		5:30-7:00			
Ballet III**	14+				5:30-7:00	
Ballet IV**	14+			5:30-7:00		
Pirouette**	14+	5:30-7:00				
Pointe/Prep for Pointe**	14+				7:15-8:15	
Jr. Scholarship Ensemble***	12-18					1:30-2:30
Sr. Scholarship Ensemble***	12-18	7:15-8:15				1:30-2:30
Beginning/Intermediate Ballet	14+		7:15-8:45			
Intermediate Ballet	14+					11:45-1:15
Alternative Dance Styles:						
Pre-Caribbean Dance	4-6					9:00-9:45
Beginning Caribbean/Latin	7-11	5:15-6:15				
Children's African Dance & Drumming	7-12					10:00-11:00
Children's Creative Dance	7-12					11:30-12:30
Children's Creative Dance	7-12			6:00-7:00		
Children's Beginning Tap Dance	7-12	4:15-5:15				
Children's Intermediate Tap Dance	7-12	5:15-6:15				
Intermediate Rhythm Tap Dance	12+	6:15-7:15				
Intermediate Latin & Modern Fusion	12-15	6:15-7:15				
Modern	14+		7:15-8:45			
Move It!	14+				6:00-7:00	
Spanish/Flamenco I & II	14+			5:30-7:00		
Spanish/Flamenco III & IV	14+		6:00-7:30			
Bend at the Barre (info on page 35)	18+			7:15-8:15		
**Part of the intensive training program						
***Acceptance into the Scholarship Ensemble is by audition only						

Fee (for **blue areas in grid**, above): \$10 registration fee; \$450* yearly tuition, payable in quarterly installments of \$112.50. *Students enrolled in individual lessons at Hochstein qualify for a reduced fee of \$6 for one Children's Dance or Music Fundamentals class (\$216 yearly tuition).*

Fee (for **green areas in grid**, above): \$10 registration fee; \$540* yearly tuition, payable in quarterly installments of \$135. *For students enrolled in individual lessons at Hochstein, yearly tuition is \$396 payable in quarterly installments of \$99 for one dance class.* For students taking 3 or 4 dance classes, a 25% discount will apply to the 3rd and 4th classes. For students taking more than 4 classes, a 50% discount will apply to all classes beyond the 4th. Quarterly withdrawals are permissible.

*Tuition assistance is available on a sliding scale for those who qualify. Call for more information.

www.hochstein.org

DANCE - At a Glance



EXPRESSIVE ARTS PROGRAM

Harold & Joan Feinbloom Family EXPRESSIVE ARTS PROGRAM: Music, Art, & Dance Therapy

This program receives generous support from the B. Thomas Golisano Foundation.

Music, Art, and Dance Therapy are well-established and researched healthcare professions offering therapeutic music interventions that address the physical, emotional, cognitive, communication, and social needs of individuals of all ages. Music, Art, and Dance Therapy improves the quality of life for persons who are well and meets the needs of children and adults with disabilities, disorders, illnesses, or learning differences. For over 30 years, the Expressive Arts Department has continued to impact the lives of our clients through the appeal and rhythms of music as a therapeutic tool. All therapists are board-certified, and many have additional training in neurologic music therapy and performance wellness. Music, Art, and Dance Therapy interventions are designed to: promote wellness, relieve stress, alleviate pain, express feelings, enhance memory, develop academic skills, improve communication, promote physical rehabilitation, and improve social development.

To schedule a group session, workshop/in-service, or for more information about any of our Expressive Arts therapy services or programs, please contact: Maria Battista-Hancock, LCAT, MT-BC, Chair, at (585) 454-4596 ext. 28 or maria.hancock@hochstein.org.

Individual Sessions

Individual and group Music, Art, or Dance Therapy sessions are tailored to the specific needs of those with developmental, social/emotional, learning, and physical challenges. Performance opportunities at Hochstein and in the community offer students a chance to socialize and experience performing in an ensemble or as a soloist. All individual sessions are arranged by appointment with the Dean's Office.

Fees for Individual Sessions:

\$29*, 30-minute session

\$40*, 45-minute session

\$50*, 1-hour session

www.hochstein.org

Group Sessions

Weekly or bi-weekly 60-minute sessions conducted at Hochstein or offsite at group homes, nursing homes, day rehabilitation centers, schools, senior centers, and many other sites throughout the Greater Rochester Area. Group sessions are created to address the needs, goals, and interests of the participants.

Individual Assessments

Music, art, and dance therapy assessments and evaluation reports are available for non-enrolled individuals requiring or requesting a formal music therapy evaluation. Please contact the Music Therapy Department for information regarding schedules and fees.



Music Therapy

The American Music Therapy Association states that music therapy is “the clinical and evidence-based use of music interventions to accomplish individualized goals within a therapeutic relationship by a credentialed professional who has completed an approved music therapy program.” For more than 40 years (since 1975), our music therapists have impacted the lives of clients, from children to adults, veterans to the elderly. Music therapy may help individuals develop healthy stress management options, enhance interpersonal relationships, boost self-esteem, increase fine/gross motor control, and increase social and emotional functioning.

www.musictherapy.org

Art Therapy

The American Art Therapy Association describes art therapy as “a mental health profession in which clients, facilitated by the therapist, use art media, the creative process, and the resulting artwork to explore their feelings, reconcile emotional conflicts, foster self-awareness, manage behavior and addictions, develop social skills, improve reality orientation, reduce anxiety, and increase self-esteem.” Art Therapy uses the creative process—drawing, painting, sculpture, and other art forms—to develop interpersonal skills, manage behavior, reduce stress, make healthy choices, discover inner strength and resources, and achieve insight. www.arttherapy.org

Dance/Movement Therapy

Based on the empirically supported premise that the body, mind, and spirit are interconnected, the American Dance Therapy Association defines dance/movement therapy as “the psychotherapeutic use of movement to further the emotional, cognitive, physical, and social integration of the individual.” Individual and Group sessions offer opportunities for students with special needs to dance and move in a fun and creative environment that nurtures their developing skills in balance, coordination, orientation, fluidity, endurance, strength, and range of motion while providing exercises to improve fitness and overall health.

www.adta.org



Young MusicARTS

Elaine V. Kong, Music Therapist, with Hochstein Student Interns

Wednesdays, 5:30-6:30 pm

Ages 3-5 years, with parent/caregiver

Through exploration of developmentally appropriate music and art activities, this class will enhance and support your child's fine and gross motor skills, spatial awareness, and social skills.

Fee: \$20 registration fee; \$540* yearly tuition payable in quarterly installments of \$135. *For students enrolled in individual lessons at Hochstein, tuition is \$396 payable in quarterly installments of \$99.*

Please see community classes designed for post-high-school individuals on pages 36-37.



HOCHSTEIN ADULTS

Come to Hochstein to grow and create and be inspired! Whether age 20 or 90, beginner or advanced, dabbler or experienced professional, you can find a place at Hochstein! Hochstein offers adults the chance to work collaboratively with other adults, and also the opportunity to work intergenerationally with students of all ages—the choice is yours!

Individual lessons are available to adult beginners, those returning to an instrument that they took as a child, and those who have continued to play through adulthood. We have faculty members with many years of experience and interest in working with adult students.

Individual Instruction

One-on-one instruction is the most effective way to improve musical skills. Following an orientation/advisement session with a Dean staff member, students are matched with an appropriate teacher who tailors instruction to best fit each student's needs and goals. Lessons are available in all orchestral instruments—as well as in composition, electric bass, acoustic and electric guitar, harp, percussion, piano, songwriting, and voice—and can be scheduled on days (Monday-Saturday) and evenings (Monday-Friday).

Acoustic piano (or a digital piano with 88 full-size, weighted keys) in the home is required for piano lessons.

Fees for Individual Lessons (traditional instruction):

\$29*, 30-minute lesson

\$40*, 45-minute lesson

\$50*, 1-hour lesson

New for Adults: Short Term-Lessons!

Not sure about whether or not you want to commit long-term to an individual lesson? Then take a 6-week starter block of lessons! These trial lessons are available with select Hochstein faculty members and are scheduled through an advisement/orientation session with a Dean staff member.

Fees for 6-Week Short-Term Session of Individual Lessons:

\$192*, 30-minute lesson

\$258*, 45-minute lesson

\$318*, 1-hour lesson

Specialty Lesson Areas

Jazz Lessons

See Faculty Roster for Jazz Studies Instructors (pg. 7)

Times individually-scheduled

varying ages by instrument (check Individual Instruction minimum ages on page 8)

beginning through advanced

The Jazz Studies Program is designed to provide aspiring jazz standard performance practice and exposure to repertoire through improvisation and exploration of jazz styles in individual lessons. Students will have the opportunity to participate in Hochstein's jazz ensembles. (see pages 22-23) Participation in the Jazz Studies program is open to the following instruments: piano, acoustic and electric bass, drum set, electric guitar, woodwinds, and brass.

Songwriting
Dave Chisholm, Instructor
beginner through advanced
times individually scheduled

Everybody loves a good song, whether it's a rocking and rify Led Zeppelin song, a catchy Beatles tune, or a fun and poppy Taylor Swift number. But what goes into this process? Dave Chisholm, songwriter of the Rochester rock band Talking Under Water, explores the process of songwriting with students. Topics in the individual sessions include developing lyrics, chord progressions, exploring melodic shape, and demoing your creation on GarageBand.

Drum Set!
Richard Felice, Instructor
beginner through advanced
times individually scheduled

Explore the wonderful world of drum set with master drummer Richard Felice! Learn basic coordination, rudiments, note-reading, and work on snare-drum and drum set exercises and drills to put you on the road to becoming a complete drummer. Develop mastery of rock, Latin, jazz improvisation styles, and more!

Fees for Jazz, Songwriting, and Drum Set: \$10 registration fee; \$29 per 30-minute lesson; \$40 per 45-minute lesson; \$50 per 60-minute lesson.

Schedules and fees are arranged by appointment with the Dean's Office.

Group Instruction

Not quite ready to try individual lessons or just want to learn with other adults? Then, try these fun offerings where adults can share the joy of music-making.

Guitar 101
John Wiesenthal, Instructor
5 Saturdays, November 12-December 17
3:00-4:00 pm
ages 18+, beginner & continuing levels

Have you always wanted to learn to play the guitar in a social atmosphere with other adults? Then this beginning guitar class is just for you! Learn the basics of playing the acoustic guitar, while engaging in fun activities to build musicianship skills. Music to be studied will include both folk tunes and classic pop tunes.

Fee: \$10 registration fee; \$75 tuition.

For students enrolled in individual lessons at Hochstein, tuition is \$55.

Piano 101 - *see page 13 for details*
Yi-Wen Chang, Instructor
Fall Session: 9 Saturdays, September 17-November 12, 2016
Spring Session: 9 Saturdays, April 29-June 24, 2017
12:15-1:15 pm - ages 14-adult; beginner

Coming Soon!

The Comfortable Performer:
Express Yourself Without Fear!
Paula Bobb, Instructor
sessions on Performance Anxiety and
Emotional Freedom Techniques

Check back in September 2016 for more information



Hochstein Ukulele Experience! - *see page 13 for details*

Randy Pollok, Instructor

Fall Session: 6 Saturdays, October 15-November 19, 2016 • Spring Session: 6 Saturdays, April 8-May 20, 2017

2:30-3:30 pm - *ages 10-adult; beginner***Hochstein Ukes Go Stylin'! - *see page 13 for details***

Randy Pollok, Instructor

Fall Session: Outlaw Country! 6 Saturdays, October 15-November 19, 2016

Spring Session, Topic TBA: 6 Saturdays, April 8-May 20, 2017

*ages 10-adult; intermediate to advanced level***How to Sing a Standard Tune: A Highly Opinionated Survey of the Great American Songbook!***see page 14 for details*

Richard DeLaney, Instructor

Fall Session: 9 Saturdays, September 17-November 12, 2016

Spring Session: 9 Saturdays, April 29-June 24, 2017

3:00-4:00 pm - *ages 16-Adult; pre-requisite: a love of singing!***NEW! Special 4-Week Offerings for Adults – Parents, Take While You Wait!**

Dave Chisholm, Instructor

ages 21+

All classes are on Saturdays from 10:00-11:00 am

Take these fun classes for a short 4-week session to get your feet wet and get your creative juices flowing! Parents of Hochstein students can register for these classes for only \$5 per class meeting! Take one of these While You Wait!

Please see page 15 for a detailed explanation of each class offering.

- GarageBand 101 - October 1-22, 2016
- Help Your Kids Practice - October 29-November 19, 2016
- The Basics of Recording Music - January 14-February 4, 2017
- Music Theory for Parents/Adults - March 25-April 15, 2017
- Topic TBA - April 29-May 20, 2017

Fee: \$60 tuition per 4-week session. *For students enrolled in individual lessons at Hochstein, tuition is \$44 per session. For parents of Hochstein students, reduced tuition is only \$20 per session.*

Ensembles

Unless otherwise noted, auditions are required for ensemble placement. Please call (585) 454-4596

HochStrings Adult Chamber Orchestra

Pia Liptak, Director

Fridays, 5:00-6:30 pm

Session 1: 10 Weeks, September 16-December 2 • Session 2: 10 Weeks, December 16-March 10, 2017

Session 3: 10 Weeks, March 24-June 16, 2017

ages 18+, intermediate-advanced level, NYSSMA Level 4+ or the equivalent

Join fellow violinists, violists, cellists, and double-bassists in the joyful musical interaction that is a string orchestra! Students will come together for a short session to learn repertoire pieces in a collaborative, non-threatening environment and work toward a final performance at the end of each session. Participants should be able to play repertoire such as an easy Baroque sonata or concerto movement.

Fee: \$10 registration fee; \$135* tuition per 10-week session. *For those enrolled in individual lessons at Hochstein, session tuition is \$110.*

Finger Lakes Concert Band

Gregory Kane, Director

Thursdays, 7:00-9:00 pm at the Canandaigua Middle School

advanced level

Comprised of adult instrumentalists from the Greater Finger Lakes community, the Finger Lakes Concert Band rehearses weekly and gives several concerts per year featuring a wide variety of music ranging from standard wind band literature and orchestral transcriptions to music of the jazz and pop idioms. Please call (585) 454-4596 for more information or to request an application.

Fee: \$80*, refundable if participant is not placed.

Adult Advanced Guitar Ensemble

John Wiesenthal, Director

Wednesdays, 7:30-9:00 pm

intermediate to advanced level

This guitar ensemble performs a wide variety of music including Bach, Mozart, Albeniz, Hindemith, Cole Porter, and others.

Fee: \$10 registration fee; \$729* yearly tuition payable in quarterly installments of \$182.25 each. For students enrolled in individual lessons at Hochstein, yearly tuition is \$594 payable in quarterly installments of \$148.50.

Chamber Music Connection - *see pages 20 & 21 for details*

intermediate to advanced level

Weekly one-hour sessions will be scheduled at times mutually agreeable among ensemble members and coach. Open to piano, strings, woodwinds, and brass. *Placement audition required.*

See page 22-23 for details on the following Ensemble offerings:

Clarinet Choir

Deborah Grohman, Director

Thursdays, 5:30-6:30 pm

intermediate-advanced level

Jazz Combos

Richard DeLaney, Coordinator & Coach

Fridays, 6:00-7:00 pm or 7:00-8:00 pm

advanced level grades 7-12 and adults, NYSSMA Level 4-6, or the equivalent

Rock Bands

Dave Chisholm, Coordinator & Coach

Saturdays, scheduled between 1:00-5:00 pm

ages 10-adult

NEW! Digging into Dixieland

Brendan Lanighan, Coordinator & Coach

Saturdays, 11:30 am-12:30 pm

grades 9-12 and adults, NYSSMA Level 4, or the equivalent

Music Theory & History

A knowledge of music theory is an essential tool for musicians and gives both performers and listeners valuable insights into a composer's creative thoughts and technical methods. Students may take advantage of a curriculum-sharing partnership between Hochstein and Eastman Community Music School. The classes listed below are offered at Hochstein, and additional offerings are available at Eastman CMS. A special feature of Hochstein's curriculum: theory classes meet in the School's state-of-the-art Music Lab, where students get the opportunity to develop facility with special music programs, Sibelius, Auralia, and Musition. Regardless of where a student has enrolled, make-up classes in Music Theory may be taken at either Hochstein or Eastman CMS. Call (585) 454-4596 for a complete list of all available classes.

See page 16 for details on the following Music Theory & History offerings:

Basic Music Theory

Lynnnann Wieringa, Instructor

Wednesdays, 6:00-7:00 pm

grade 8-adult

Music History

Music History Survey

Rob Goodling, Instructor

Tuesdays, 6:00-7:00 pm

age 14 and older

AP Music Theory:

Form and Harmony

Lynnnann Wieringa, Instructor

Wednesdays, 5:00-6:00 pm

grade 10-adult, or by

teacher recommendation



www.hochstein.org



ADULT DANCE

Our Dance Program for adults is designed for dancers at all levels who have an interest in movement and increasing conditioning, flexibility, and muscular strength. Benefits of dance training include improvements in posture, gracefulness, overall body awareness, and often stress reduction! For more information on specific dance classes, please call (585) 454-4596 or visit www.hochstein.org.

Intermediate Rhythm Tap Dance

Cheryl Johnson, Instructor

Mondays, 6:15-7:15 pm

ages 12-adult

This class builds upon techniques learned in Beginning Tap and delves into classic and rhythm tap dance styles including time-step variations and rhythm tap essentials. Pre-requisite: 2 years of tap.

See page 25 for details on the Modern & Move It! classes.

Modern

Christopher Morrison, Instructor

Tuesdays, 7:15-8:15 pm

ages 14-adult

Move It!

Christopher Morrison, Instructor

Thursdays, 6:00-7:00 pm

ages 14-adult

Spanish Flamenco I & II

Lisa Piccione, Instructor

Wednesday, 5:30-7:00 pm

ages 14-adult

Learn to combine Flamenco's fancy footwork with the grace inherent in the arms, hands, and body movements. Enjoy a brief historical and cultural introduction to this traditional and cultural dance form. An introduction to coplas of sevillanas as well as castanets and Flamenco exercises and choreographies.

Spanish Flamenco III & IV

Lisa Piccione, Instructor

Tuesday, 6:00-7:30 pm

ages 14-adult

Expand skills learned in Flamenco I & II with new choreography for castanets and Flamenco, and the introduction of new "palos."

Beginning/Intermediate Ballet - *Please see page 25 for class details*

Intermediate Ballet

Diane Lewis, Instructor

Saturday, 11:45-1:15 pm

ages 14-adult

A continuing focus on the Russian (Vaganova) Technique at the intermediate level.

Bend at the Barre - Beginner & up

Diane Lewis, Instructor

Wednesdays, 7:15-8:15 pm

ages 18+

Bend at the Barre is not about tutus, pink tights, leotards, and visions of sugarplums; this is about YOU! This hour-long class fuses ballet, Pilates, and yoga techniques to relieve the stresses of the day, strengthen your core, and increase your flexibility—we all know we should! No dance experience necessary! Meet us at the Barre!

Take a trial class! Single dance coupons are available for \$16. See all of our dance classes for adults in the grid below!

Classes	Ages	Monday	Tuesday	Wednesday	Thursday	Saturday
<i>Ballet:</i>						
Beginning/Intermediate Ballet	14+		7:15-8:45			
Intermediate Ballet	14+					11:45-1:15
Ballet III	14+				5:30-7:00	
Ballet IV	14+			5:30-7:00		
Pirouette	14+	5:30-7:00				
Pointe/Prep for Pointe	14+				7:15-8:15	
<i>Alternative Dance Styles & Classes:</i>						
Intermediate Rhythm Tap Dance	12+	6:15-7:15				
Modern	14+		7:15-8:45			
Move It!	14+				6:00-7:00	
Spanish/Flamenco I & II	14+			5:30-7:00		
Spanish/Flamenco III & IV	14+		6:00-7:30			
Bend at the Barre	18+			7:15-8:15		



Fee: \$10 registration fee; \$540* yearly tuition, payable in quarterly installments of \$135. *For students enrolled in individual lessons at Hochstein, yearly tuition is \$396 payable in quarterly installments of \$99 for one dance class.*

For students taking 3 or 4 dance classes, a 25% discount will apply to the 3rd and 4th classes. For students taking more than 4 classes, a 50% discount will apply to all classes beyond the 4th.

Quarterly withdrawals are permissible.

Expressive Arts Community Class Offerings - Adults

Hochstein's *Harold & Joan Feinbloom Family Expressive Art Program for Music, Art, & Dance Therapy* receives generous support from the B. Thomas Golisano Foundation. Music, Art, and Dance Therapy are well-established and researched healthcare professions offering therapeutic music interventions that address the physical, emotional, cognitive, communication, and social needs of individuals of all ages. **To read more about the Expressive Arts program at Hochstein, please see pages 28 & 29.**

The following community classes are designed for post-high-school individuals who desire to expand their skills in music, dance, theater, visual arts, performance, and wellness. Vocational components and community integration opportunities will also be available for participants. Classes run September through December 2016, with new course listings planned for January 2017.

Lunchtime Mindful Dance

Robin Glenski, Instructor

Tuesdays, 12:30-1:15 pm

Discover inner calm, access your strength and full potential.

Art Education & Exploration

Ben Keipper, Instructor

Tuesdays & Thursdays, 11:00 am-12:00 pm

Learn different styles to inspire your creative projects.

Instrument Exploration

Sarah DeMarco, Instructor

Tuesdays & Fridays, 9:00-10:00 am

Let's play piano, drums, ukulele, guitar, and more.

My Radio Pop Songs

Sarah DeMarco, Instructor

Tuesdays & Fridays, 10:00-11:00 am

Play, listen, compose, and record favorite songs!

Musical Theatre

Adrienne Meyer, Instructor

Thursdays, 9:00-10:00 am

Discover and learn songs from favorite musical Broadway shows!

We Be Jammin'

Adrienne Meyer, Instructor

Thursdays, 10:00-11:00 am

Play different genres of musical favorites and have fun.

All About Music

Adrienne Meyer, Instructor

Tuesday, Thursdays, and Fridays, 1:00-2:00 pm

Beatboxing and vocal harmonies, from classical creations to taking the spotlight!



Adventures in Art
Ben Keipper, Instructor
Fridays, 11:00 am-12:00 pm

An open studio experience with access to all art media.

Fees for Community Classes: \$35 registration fee; \$29 per 1-hour class. *For students taking more than two 1-hour classes, the third and subsequent classes are \$23 per class.* **Note:** The Lunchtime Mindfulness class is already reduced to \$23 per class, and isn't subject to additional discounts.

Additional fees for Art Education & Exploration and Adventures in Art: \$10-per-month materials fee.

Let Us Design an Offering for You!

The Expressive Arts Department will form new classes based upon demand. Potential class topics could include the following:

- Cardmaking for Families
- Expressive Arts Girls Group
- My Life Story Through Art
- Movement with Music and Art
- Painting for Families
- Playing with Art for Kids
- Movement with Music and Art
- My Life Story Through Art
- Sharing Memories with Music for Alzheimer's Patients & Their Families

Workshops and In-Services

Workshops for wellness include presentations that deal with pain management, stress reduction, or relaxation techniques through active music-making or music listening. Drum circle workshops promote community and wellness, and are fun team-building activities for business meetings and conferences.

Feel free to ask us about how Music, Dance, and Art therapy can help someone you love:

- People living with Alzheimer's may improve their ability to connect with others by engaging in the creative process. Music eases memory-impairment by recovering forgotten memories. Our music and art therapists can provide interventions to reduce agitation and anxiety.
- People living with Autism are often musical and very creative beings. Expressive arts can improve verbal communication, executive functioning, and self-regulatory skills.
- People in Hospice can receive music therapy and art therapy services. Dance and movement to music and the memories it elicits can ease the pain and create a sweet space where families come together to celebrate in the midst of tears and sadness. The music therapy interventions are designed by the therapist for each individual, caring for each family in a unique way.



Interested in therapy and wellness sessions, but have some questions?

Our Expressive Arts Department offers a One-Time Visit & Assessment for any interested individual or family. This is a great opportunity to meet face-to-face with a therapist or social worker and find out more about customized benefits of Art, Music, and Dance therapies.

There is a \$35 fee for this assessment session; for more information, contact Carla Larsson at (585) 454-4596 ext. 28 or e-mail: Carla.larsson@hochstein.org.

Register early to ensure greater options of available lesson times and classes. Mailed registrations for Classes and Ensembles must be postmarked no later than September 1. After September 1, please refer to the “Walk-in” Registration times.

For Individual Lessons: Students must register by appointment only. For best selection of lesson times, make your appointment early by calling (585) 454-4596. Registration appointments are also available on a first-come, first-served basis during our open registration or “Walk-in” Registration days.

WALK-IN REGISTRATION

For your convenience, the following days of “Walk-in” Registration for School Year 2016-2017 have been scheduled. During these times, enrolling students are seen on a first-come, first-served basis. No prior appointment is required, but students must bring appropriate registration and tuition fees:

August 16 and 18	3:00-8:00 pm
August 30 and September 1	3:00-8:00 pm
September 6, 7, 8	3:00-8:00 pm

TUITION ASSISTANCE

Students requiring tuition assistance in order to enroll in any program at Hochstein may do so through the Dean’s Office. Tuition assistance guidelines are as follows:

- For children enrolling in individual lessons, reduced fees—on a sliding scale—may apply if household income is less than \$40,000.
- For children enrolling in group classes, reduced fees—on a sliding scale—may apply if household income is less than \$25,000.
- For adults enrolling in individual lessons, reduced fees—on a sliding scale—may apply if household income is less than \$25,000.

Verification of household income and completion of a tuition assistance application is due prior to registration. For more information and to obtain an application, call Hochstein at (585) 454-4596 during front office hours: 9:00 am-6:00 pm from Monday-Thursday; 9:00 am-5:00 pm on Friday and Saturday.

For your convenience, Business Office hours are: Monday-Thursday 12:00-8:00 pm and Saturday 9:00 am-5:00 pm. Phone (585) 454-4596 ext. 17.

Support for Hochstein’s tuition assistance program has been provided by the Lila Wallace-Reader’s Digest Fund, Monroe County, and the many friends of Hochstein School. Additional assistance designated for minority youth is provided by the New York State Council on the Arts (NYSCA) with the support of Governor Andrew Cuomo and the New York State Legislature.

REFUNDS AND WITHDRAWALS

Refunds:

Hochstein School reserves the right to cancel any class due to insufficient enrollment. A full refund, including registration fees, will be made to those enrolled in a class cancelled by the School. Students will be charged for classes that occur prior to cancellation.

Withdrawals:

The Dean’s Office must be notified if a student wishes to discontinue lessons or classes at Hochstein. In all cases of student withdrawal, registration fees are non-refundable. Students who must withdraw for verified medical reasons will be charged only for classes through the point of withdrawal.

For Individual Lessons:

Refunds are based on the proximity of withdrawal to the first lesson. Please call the Dean’s office at (585) 454-4596 for specific information.

For Classes, Ensembles, and Workshops: Timing of withdrawal and related charges are as follows:

Timing of Withdrawal	Charges
At least two working days prior to first class of any quarter	No charge
After two working days prior to first class of any quarter and up until the third class of any quarter	Charge for three classes
After the date of the third class of any quarter has occurred	Charge for the entire quarter

INDIVIDUAL INSTRUCTION

Registration for individual instruction is by appointment through the Dean's office. **Call (585) 454-4596 to schedule.**

STUDENT/PARTICIPANT INFORMATION

Are you a new student at Hochstein?

☐ YES ☐ NO

Are you, or any member of your family, currently enrolled at Hochstein?

☐ YES ☐ NO

Have you, or any member of your family, previously registered at Hochstein?

☐ YES ☐ NO

How did you hear about Hochstein? ☐ Radio/TV ☐ Online ☐ Referral ☐ Printed Ad ☐ Other: _____

Student name: _____ M F (circle)

Phone (home): _____ Email (most frequently accessed): _____

Cell: _____ Address: _____

City _____ State _____ Zip _____ County _____

Date of Birth: _____ Age: _____ Race: (for statistical purposes) _____

Employer _____ Occupation _____ Phone (work) _____

For students under the age of 18, please complete the following:

School attending: _____ Grade (Sept. 2016): _____

Parent/Guardian 1: _____ Email _____

Phone (home): _____ (work): _____ (cell): _____

Employer/Occupation: _____

Parent/Guardian 2: _____ Email _____

Phone (home): _____ (work): _____ (cell): _____

Employer/Occupation: _____

ENROLLMENT INFORMATION

Course or Ensemble Name: _____ Day: _____ Time: _____ Fee: _____

1 _____

2 _____

3 _____

Subtotal: _____

FOR STUDENTS ENROLLING IN INSTRUMENTAL ENSEMBLES, PLEASE COMPLETE THE FOLLOWING:

Instrument: _____

Individual Lesson Teacher/Phone: _____

Instructor Email: _____

Please list NYSSMA Solo information below: If you have not participated in the NYSSMA Solo Festival, please list title and composer of lesson book(s) or other music you have studied.

Title/Composer _____ Level _____ Num. Score _____

Previous Ensemble Experience (use an additional sheet of paper if necessary): _____

PAYMENT INFORMATION

☐ Check/Money Order

☐ VISA, MC, Discover & AmEx

Subtotal from above \$ _____

Card No. _____ Exp. Date _____ Registration fee \$ _____

3-Digit Security Code _____ Total Enclosed \$ _____

Cardholder Signature _____

☐ Please automatically charge quarterly payments to the above credit card.



50 N. Plymouth Ave.
Rochester, NY 14614
www.hochstein.org
585.454.4596

Dr. Margaret Quackenbush
President & Executive Director

Classes begin Monday, September 12

Phone 585.454.4596 for your Registration Appointment

Walk-in Registration: August 16, 18, & 30 and September 1, 6, 7, & 8

Online registration for classes is open from July 1 - September 11

music & dance for ages 6 months - adult



These programs are made possible in part with public funds from Monroe County and the New York State Council of the Arts with the support of Governor Andrew Cuomo and the New York State Legislature.

Hochstein is a non-profit organization which depends on philanthropic support to provide our programs to all, regardless of means. Donations may be sent via check, payable to Hochstein School of Music & Dance, or made online at www.hochstein.org/support. Also, please consider Hochstein in your will or other planned gifts and let us know when you do. For more information, please contact our Development Office at 585.454.4403.