

HOCHSTEIN
School of Music & Dance

50 N. Plymouth Ave.
Rochester, NY 14614

Dr. Margaret Quackenbush
President & Executive Director

Non-Profit Org.
U.S. Postage
PAID
Permit No. 1349
Rochester, NY



Member



NYS

*These programs are made possible in part by the New York
State Council on the Arts with the support of Governor
Andrew Cuomo and the New York State Legislature.*

2014 SUMMER AT HOCHSTEIN

JULY 7 - AUGUST 15

REGISTER BY MAIL, APPOINTMENT, OR ONLINE.

Walk-In Registration (requiring no appointment) on the following days/times:

TUESDAY, JUNE 10 FROM 3:00-8:00 PM

THURSDAY, JUNE 12 FROM 3:00-8:00 PM

SATURDAY, JUNE 14 FROM 10:00 AM-2:00 PM

SUMMER

MUSIC, DANCE, CAMPS, CLASSES
FOR CHILDREN, TWEENS, TEENS & ADULTS

HOCHSTEIN



TABLE OF CONTENTS

FROM THE DIRECTOR

Welcome to Summer at Hochstein and the wonderful array of offerings we have in store for you! Our summer program provides an ideal time to try something new or to keep those skills fresh for fall!

There's something for everyone at Hochstein—and we can't wait to share it with you!

Peggy Quackenbush
President & Executive Director



INDIVIDUAL INSTRUCTION (ALL AGES) 3

CHILDREN

Music FUNdamentals	5
Suzuki Strings	5
Summer Starters	6
Arts in Action: Summer Camps for Kids	7
Creative Encounters for Kids	9
Dance	9

TWEENS & TEENS

Camps & Workshops	12
Individual Lesson Specialty Areas	15
Ensembles & Group Instruction	15
Art Therapy & Wellness	16
Music Lab: Theory, History & Appreciation	17
Dance	17

ADULTS

Camps & Workshops	21
Individual Lesson Specialty Areas	21
Focus on Wellness	22
Ensembles & Group Instruction	22
Special Offering for String Teachers	23
Music Lab: Theory, History & Appreciation	24
Dance	24

EXPRESSIVE ARTS: MUSIC, ART AND DANCE THERAPY 27

REGISTRATION INFORMATION 28

INDIVIDUAL INSTRUCTION

WHETHER YOU'RE A CHILD OR AN ADULT, individual instruction is the most effective way to make significant progress in musical skills. Following an orientation meeting with a Dean, students are matched with an appropriate teacher who tailors instruction to best fit each student's needs and goals. Lessons are available in all orchestral instruments—as well as piano, harp, acoustic guitar, electric guitar, electric bass, percussion, and Suzuki violin, viola, cello and flute—and can be scheduled on weekdays and evenings.

Because a certain degree of physical development is essential to playing an instrument, Hochstein subscribes to the following minimum age requirements:

- Guitar, age 5
- Harp, age 9 (some prior piano study preferred)
- Percussion (including drum set), age 9
- Piano*, age 5
- Suzuki strings, age 3
- Voice, age 12
- Wind instruments, age 9

**Acoustic piano (or a digital piano with 88 full-size, weighted keys) in the home is required.*

Individual instruction is arranged by appointment with the Dean's Office by calling **(585) 454-4596**. All new students pay a non-refundable \$10 summer registration fee (maximum 2 fees per family). **The \$10 summer registration fee is waived for students enrolled in individual lessons and classes during the 2013-2014 school year.**

For children enrolled in individual lessons, families pay a six-week reduced fee of only \$30 for either one Music FUNdamentals or one Children's Dance class, and reduced fees for Music Theory courses. Adults qualify for reduced fees for some Workshops, Ensembles, Music Theory, and Dance.

Fees: for Individual Instruction (unless otherwise noted)

\$28*	30 MINUTE LESSON
\$39*	45 MINUTE LESSON
\$49*	1 HOUR LESSON

**Tuition assistance is available on a sliding scale for those who qualify. Call (585) 454-4596 for more information.*



CHILDREN'S PROGRAMS



MUSIC FUNDAMENTALS

The Music FUNdamentals program provides a fun, activity-oriented, and nurturing environment in which children listen, move, sing, imitate, imagine, and create using the rich musical heritage of many cultures in rhyme, song, stories, and games.

Designed for children who have not yet begun or are in the early years of the study of an instrument, the sequential curriculum includes age-appropriate speech and sound activities, learning of simple movement patterns and dances, and using various percussion instruments in improvisation and composition.

MUSIC FOR TINY TOTS

Charlotte Giebel, Instructor

Thursdays, July 10-August 14 • 4:00-4:45 pm

Ages 18 to 30 months, with parent or caregiver

A shared learning experience for parents and children! Together, families can develop the building blocks of musical language through simple songs and fun activities.

Fee: \$10 registration fee; \$72* tuition.

MUSIC FOR TOTS

Charlotte Giebel, Instructor

Thursdays, July 10-August 14 • 5:00-5:45 pm

Ages 30 months through 3 years, with parent or caregiver

Through playful singing, movement and games, nursery rhymes, finger plays, and instrumental activities, share a learning experience with your child that will help to build a solid foundation for and love of music.

Fee: \$10 registration fee; \$72* tuition; \$30 if enrolled in individual lessons at Hochstein (only one Music FUNdamentals or Dance class qualifies for discounted class rate).

SUZUKI STRINGS

A comprehensive program of study based on Dr. Shinichi Suzuki's philosophy that all children are born with a high potential for learning and, given the opportunity and a structured, encouraging environment, any child can learn to play an instrument. Students in the Suzuki program learn to make music using the "mother-tongue" approach (the same way they learn to speak) by listening and imitating.

The teacher and parent have equally important roles in the success of each child's experience with the Suzuki method. By attending all lessons, supervising daily listening, and practicing with the student, the parent is an active participant in the learning process. The teacher, student, and parent form an all-important "triangle" of learning to support the child's musical growth.

SUZUKI VIOLIN, VIOLA, AND CELLO

Ages 3+

The Suzuki String program includes instrumental study of violin, viola, and cello with teachers who have been specially trained in the Suzuki Method. Individual instruction is provided in 30, 45, and 60 minute sessions and is supplemented by a weekly, 50 minute group class. Hochstein welcomes and encourages parents of prospective students to observe lessons and group classes before enrolling in the program. **Please visit Hochstein.org or call (585) 454-4596 to request a detailed Suzuki Brochure and a class schedule.**

Fee: \$10 registration fee; \$31* fee per lesson (includes the group class). Schedules and fees are arranged by appointment with the Dean's Office. With enrollment in Suzuki Strings, families pay reduced fees for one Music FUNdamentals or Children's Dance class.

SUZUKI STRINGS 101

For beginning violin, viola, and cello students and their parent(s)

Because parents play such a vital role in the Suzuki learning method, Suzuki parent education is a requirement of the program and is included as part of the Suzuki Strings fee. Suzuki 101 is a supplemental group class for 3-5 year old beginners and their parents taken in conjunction with individual Suzuki lessons. Students and parents learn ways to integrate the instrument-learning process into family life with an emphasis on the Suzuki philosophy, instrument care, and understanding and internalizing the "Twinkle" rhythms through a variety of musical games and movements. Students and parents in Suzuki Strings 101 transition to Pre-twinkle classes in the fall. Parents will need a full-size instrument to assist in learning the basic techniques, while their children begin on a "box" instrument.

SUZUKI STRINGS, CONTINUED.

SUZUKI STRINGS GROUP CLASSES FOR COMMUNITY PARTICIPANTS

Permission of community teacher required

Ages 3+

Designed for children studying with a Rochester-area Suzuki teacher who does not offer a supplemental group class. Students meet weekly, for a 50-minute class where they experience the joy of playing together and for one another. Classes are specific to age and Suzuki book level, and students enjoy the benefits of the social aspect of music while they work together on the common body of musical works in the Suzuki repertoire. Group classes are offered on Tuesday afternoons and evenings during the summer. **Visit Hochstein.org or call (585) 454-4596 for the group class schedule.**

Fee: \$10 registration fee; \$57* tuition.

SUMMER STARTERS

These special programs allow the younger student to experience the thrill of individualized instruction, while building the foundation of coordination and healthy technique within a specialized curriculum. Early Start faculty members have extensive experience and interest in teaching younger students. Programs vary by instrument and age.

EARLY START GUITAR

Ages 5-9

Playful characters and original stories and games teach note names, techniques, and songs designed to share our love of music. Children should begin on an appropriately sized ($\frac{1}{2}$ or $\frac{3}{4}$) classical guitar. For advice on obtaining an instrument for your child, please call (585) 454-4596.

Fee: \$10 registration fee; \$31* fee per lesson (includes the group class). Schedules and fees are arranged by appointment with the Dean's Office. With enrollment in Early Start Guitar, families pay reduced fees for one Music FUNDamentals or Children's Dance class, and reduced fees for other ensembles.

INTRO TO PIANO

Lourdes Santiesteban-Mora, Instructor

Six Mondays, July 7-August 11 • 3:00-3:40 pm

Ages 5-7

A joyful introduction to music through the piano! Weekly 40-minute group sessions are supplemented by three 20-minute individual lessons during the six-week session, to be arranged by the teacher and the parent. Parent is expected to attend the last 10 minutes of each group session and to assist the child in practice at home. If the 3:00 section fills, an additional 4:00 section will be added to accommodate additional students. **Acoustic piano (or a digital piano with 88 full-size, weighted keys) in the home is required.**

Fee: \$10 registration fee; \$186* tuition. For students enrolled in Intro to Piano, families pay reduced fees for one Music FUNDamentals or Children's Dance class.



ARTS IN ACTION: SUMMER CAMPS FOR AGES 4-10

(children must be 4 by July 1, 2014)

Lisa Salvaggio Clark, Director

No previous experience necessary! Enter a world of fun as grand and creative as your child's imagination! Join our specially selected instructors as they embark on a journey filled with music, art, and movement.

Sessions are based on a specific theme that takes your child to lands both near and far, and conclude with a performance that brings all of the learned elements together. Core instructors include specialists in music, creative movement, and visual arts and are joined by guest performing artists from Hochstein's talented faculty and the Rochester community.

Children are grouped by ages, with a maximum of 15 per group, and attend daily music, art, and movement classes—all designed around a general theme. A short daily rehearsal brings the groups together to prepare for a concluding performance each Friday. Mid-morning and mid-afternoon snacks are provided and full-day campers must bring their own bag lunch.

A limited number of full scholarships are available for those who qualify, based on income. Please call (585) 454-4596 for more information.

HALF-DAY OR FULL-DAY OPTION: YOU CHOOSE!

All three camp sessions run from 9:00 am-3:30 pm, but students have the option to sign up for just a half-day session from 9:00 am-12:00 pm. An extended day option (M-F from 8:00-9:00 am for \$27.50 and/or M-Th from 3:30-5:30 for \$45) is also available for full-day campers.

SESSION I: AFRICAN RHYTHMS

July 7-11 • 9:00 am-12:00 noon or 9:00 am-3:30 pm

Ages 4-10

Come with us on a trip to Africa! Explore the sounds, movements and art of African culture. African music has a beat your body just can't deny. African Drumming and special guests will make this trip extra memorable. You won't want to miss this one!

Fee: \$10 registration fee; \$125* for half-day session, \$210* for full-day session.

SESSION 2: MUSIC FOR THE PLANET

July 14-18 • 9:00 am-12:00 noon or 9:00 am-3:30 pm

Ages 4-10

It is no secret that we all need to do our part to take care of this wonderful planet! What better way to learn and teach others how to help our planet than through music? Our final performance will be both fun and inspirational!

Fee: \$10 registration fee; \$125* for half-day session, \$210* for full-day session.

SESSION 3: RHYTHM AND RHYMES

July 21-25 • 9:00 am-12:00 noon or 9:00 am-3:30 pm

Ages 4-10

This week will be filled with some of our favorite camp rhythms and rhymes! From jazzy tunes to familiar camp time games, no matter if you are playing, saying, singing or moving, this fun-filled week will leave you wanting more. Surely a camp favorite!

Fee: \$10 registration fee; \$125* for half-day session, \$210* for full-day session.



ARTS IN ACTION: MINI-CAMP FOR AGES 30 MONTHS-4 YEARS

(children must be age 30 months by July 1, 2014)

Barb Bonisteel, Instructor

The perfect experience for students too young for our regular Arts in Action Camp or 4-year-olds not quite ready for camp on their own! You and your child will explore the wonderful world of music, movement, and arts/crafts with popular instructor, Barb Bonisteel. In addition to musical fun in the classroom and movement activities in the dance studio, Mini-Camp activities include craft-making and visits from guest music-makers who demonstrate musical instruments on a daily basis.



SESSION I: MUSIC ADVENTURES

July 14-17 • Monday-Thursday, 9:30-11:30am

Ages 30 months through 4 years, with parent

From swooping with birds to digging in the dirt, each theme related class will take you and your child on a new adventure each day through music, movement, instrument play, musical story time and daily crafts. Participants will also enjoy daily visits by guest music makers and instrument demonstrations!

Fee: \$10 registration fee; \$80* tuition

SESSION II: MUSIC ADVENTURES SOS: SONGS OF THE SEA

July 21-24 • Monday-Thursday, 9:30-11:30am

Ages 30 months through 4 years, with parent

Ahoy! You and your child will have a splashing good time learning all about the sea and its creatures through music, instrument play, and movement. Seagulls swooping, dolphins diving—oh, how we love to go down by the ocean! Daily crafts, musical story-time, and visits from guest music-makers will round out our seafaring journeys.

Fee: \$10 registration fee; \$80* tuition



CREATIVE ENCOUNTERS FOR KIDS

NEW! HOCHSTEIN GAMELAN ENSEMBLE

Caroline Reyes, Director

Thursdays, July 10-August 14 • 7:00-8:00 pm

Ages 10-adult

Explore the Balinese Gamelan in this intergenerational ensemble that focuses on social, collaborative music-making accessible to all. This ensemble will also delve into Balinese culture, dance, and history to give context to this unique performance tradition.

Fee: \$10 registration fee; \$75* tuition; \$63 if enrolled in individual lessons at Hochstein.

EVERYBODY'S FIDDLIN'

Beth Remming, Instructor

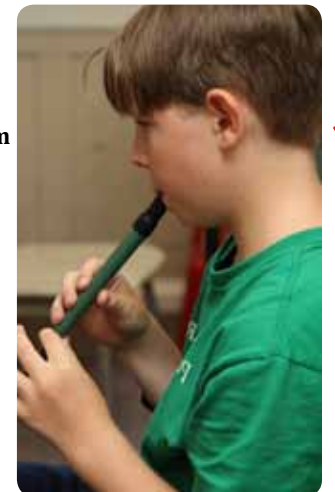
Tuesdays, July 8-August 12

Advanced Beginners: 6:30-7:30 pm • Intermediate/Advanced: 5:30-6:30 pm

Ages 7-adult

Learn to play "fiddle" music as part of an intergenerational (all ages) and multi-instrumental group. For violin, viola, cello, string bass, banjo, guitar and flute (tin whistle). Fun for advanced beginners, intermediate and advanced players. Stretch your musical ability and make new friends! Note reading is essential.

Fee: \$10 registration fee; \$75* tuition; \$63 if enrolled in individual lessons at Hochstein.



NEW! PLAYING WITH ART FOR KIDS

Benjamin Keipper, Art Therapist

Thursdays, July 10-August 14 • 6:00-7:00 pm

Ages 8-11

Students will be introduced to a Petting Zoo of art materials! Each week students will be enriched with a different visual arts medium for expression and fun. Students will find their expressive art and play together and showcase their process and creations with family and friends at the culminating art show.

Fee: \$10 registration fee; \$94* tuition; \$73 for students enrolled in individual lessons at Hochstein. Tuition includes all materials.

SUMMER DANCE FOR CHILDREN

MINI-BALLERINAS & LITTLE DANSEURS

Jennifer Stocks-Pollard, Instructor

Tuesdays, July 8-August 12 • 4:15-5:00 pm or 5:00-5:45 pm

Ages 3-4

Girls and boys will have a blast (and blow off steam!) in this fun introduction to the world of ballet! Through the use of games and songs, our Mini-Ballerinas and Little Danseurs will learn the names of arm and leg positions, as well as movements such as tendu, plié, relevé, and passé.

PRE-CARIBBEAN DANCE

Adrienne Santucci, Instructor

Thursdays, July 10-August 14 • 4:15-5:00 pm

Ages 4-6

Take a journey into the wonderful, colorful world of Caribbean Dance! This class mixes dance, drumming and song—especially designed for children.

CHILDREN'S INTRO TO TAP DANCE

Cheryl Johnson, Instructor

4 Thursdays, July 24-August 14 • 5:00-6:00 pm

Ages 7-12

Children will learn tap dance skills including fundamental steps, note values, and a rhythmic routine. Tap shoes are required.

MAKING DANCE: CHOREOGRAPHY IN ACTION

Sarah Gullo-Andreacchi, Instructor
Wednesdays, July 9-August 13 • 6:00-7:00pm
Ages 7-12

This choreography class for beginners builds skill in dance technique, improvisation, storytelling, and performance. Students will learn the principles of creative movement and improvisation to guide them through the creative process of making dance. This class encourages students to develop a personal movement style and artistic voice. Students will work on solos as well as group pieces.

2014 CHILDREN’S SUMMER DANCE SCHEDULE

CHOOSE FROM A VARIETY OF DANCE STYLES IN THE GRID BELOW!

For more information on specific Dance Classes, please call (585) 454-4596 or visit Hochstein.org.

DANCE CLASS	AGE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Mini-Ballerinas & Little Danseurs	3-4		4:15-5:00		
Mini-Ballerinas & Little Danseurs	3-4		5:00-5:45		
Pre-Caribbean/Creative Movement	4-6				4:15-5:00
Pre-Ballet	5-6			5:00-5:45	
Ballet A & B	7-12			4:15-5:15	
Beg. Caribbean/Latin	7-11	5:00-6:00			
Children’s Intro to Tap	7-12				5:00- 6:00
Making Dance: Choreography in Action	7-12			6:00-7:00	

FEE: \$10 REGISTRATION FEE; FOR ALL CLASSES (EXCLUDING CHILDREN’S INTRO TO TAP): \$72* TUITION; \$30 IF ENROLLED IN INDIVIDUAL LESSONS AT HOCHSTEIN. FOR CHILDREN’S INTRO TO TAP: \$48 TUITION; \$20 IF ENROLLED IN INDIVIDUAL LESSONS AT HOCHSTEIN. ONLY ONE DANCE CLASS OR MUSIC FUNDAMENTALS CLASS QUALIFIES FOR DISCOUNTED CLASS RATE.



STEEL DRUMS AND TWEENS

CAMPS AND WORKSHOPS

RFA/Hochstein Flute Camp

Jeanine Beahan & Debbie Parker, Directors

July 7-11 • 9:00 am-2:00 pm

For students entering grades 6-12, NYSSMA Level 3-6

Grab your flute and get ready for some fun! This collaborative offering with the Rochester Flute Association offers students the opportunities to focus on making music with fellow flutists through group lessons, workshops, master classes, and flute ensembles. While making new friends in a lively group setting, students will increase their knowledge of tone production, rhythm, technique, and ensemble playing. Students will be placed in choirs based on level. Applicants must have performed a NYSSMA solo at Level 3 or higher. Flute Camp concludes with a performance on Friday, July 11. Participants must provide their own bag lunches. Priority will be given to students whose applications are received prior to June 1, 2014.

SPECIAL OPPORTUNITY! Two full tuition scholarships are available to flutists attending the RFA/Hochstein Flute Camp. The Alleen Fraser Scholarship is provided through the Rochester Flute Association and the Steven Finley/FluteFX Scholarship is offered by the Hochstein School. For eligibility requirements and application forms, contact RFA Education Director, Rebekah Valerio, at 585-506-5773 or Rebekahvalerio@yahoo.com. Application Deadline: June 1.

Fee: \$10 registration fee; \$280* tuition.

NEW! Junior Flute Camp

Laura Lentz, Director

Tuesday-Thursday, July 8-10 • 9:00 am-12:00 pm

For students entering grades 3-6 who have played the flute for at least one year, NYSSMA Level 1-2

This collaborative offering with the Rochester Flute Association provides an opportunity for younger flute students to develop their skills while making new friends in a lively, supportive setting. Daily activities will include group lessons, ensemble playing, games, and an opportunity to interact with the older students in the RFA/Hochstein Flute Camp. Junior Flute Camp concludes with a brief performance at 12:00 pm on Thursday, July 10. Priority will be given to students whose applications are received prior to June 1, 2014.

Fee: \$10 registration fee; \$135* tuition.

String Jam: Alternative Styles for Strings

John Fetter, Director

July 7-11 • 1:30-5:00 pm

For students entering grades 6+, NYSSMA Level 3-6, or the equivalent

Get ready to explore interesting sounds with your string instrument! Students of all bowed string instruments can join John Fetter and guest artists to experience and perform music from rich and diverse non-classical repertoires. Past styles have included jazz, rock, fiddling, Klezmer, Indian music, and other World styles. This unique opportunity includes daily contact with instructors as students learn new music and practice performing and improvising in a variety of musical traditions. Students work as active collaborators with guest artists to create the music for the final performance, which takes place on July 11. Priority will be given to students whose applications are received prior to June 1, 2014.

Fee: \$10 registration fee; \$225* tuition.

Double Reed Camp

Kirsta Rodean, Director

Monday, Wednesday & Friday, July 7, 9 & 11

9:00 am-12:00 pm

For students entering grades 7+

Is your bassoonist or oboist looking for a day camp designed just for them? Hochstein is offering the perfect solution, a three-day Double Reed Camp! Camp includes instruction in reed making, master classes, small ensemble playing, and concludes with a performance.

Fee: \$10 registration fee; \$155* tuition.



CAMPS AND WORKSHOPS, CONTINUED.

Explorations: Jazz & Improvisation Workshop

Aaron Staebell, Director

July 14-18

9:00 am-1:00 pm

For students entering grades 7-12 and graduating seniors, NYSSMA Level 3-6

Join jazz educator Aaron Staebell, drummer for the cutting-edge band, Bending and Breaking, for this creative exploration into the world of jazz combos and improvisation. Students will be grouped in combos with students of similar age and experience, and participants will learn to hone their improvisation skills. The workshop will include performances by guest musicians, listening sessions and discussions of jazz styles, and opportunities for all participants to make music together in a larger group. *Explorations* concludes with a performance on Friday, July 18. Priority will be given to students whose applications are received prior to June 1, 2014.

For more information on Mr. Staebell, check out his website at www.aaronstaebell.com.

Fee: \$10 registration fee; \$225* tuition.

NEW! Look Who's Playing in the Orchestra!

Beth Remming & Kathy Tarantelli, Directors

July 14-18 • 1:00-4:00 pm

For students entering grades 3-6, beginning readers at Suzuki Book 1B or NYSSMA Level 1

Join popular teachers Beth Remming and Kathy Tarantelli in this joyful introduction to string orchestra! Students will sharpen their reading skills and develop beginning tools to become a collaborative player in an ensemble. Camp concludes with a final concert on Friday, July 18 at 3 pm.

Fee: \$10 registration fee; \$225* tuition.

Composer's Club Mini-Camp

Christopher Witulski, Director

July 21-25

Group I: 10:00 am-12:00 pm

Group II: 1:00 pm -3:00 pm

For students entering grades 4 through adult

Learn to create your own music using the technology available in the Hochstein Music Lab. With a range of software possibilities including GarageBand and Finale, you can compose no matter what your experience, instrument, or music reading ability. A series of composition projects and plenty of individual attention will get you working with a wider range of musical ideas and tools than you thought possible. Sign up for both morning and afternoon sessions and experience a full-day camp! Sign up early, as space is limited by the 8 stations in the Music Lab. **Note: Additional week of mini-camp may be added the week of July 28-August 1 if first week fills.**

Fee: \$10 registration fee; \$155* tuition. Tuition for Groups I & II combined: \$280*.

Guitar Camp

John Wiesenthal, Director

July 21-25 • 9:00 am-2:00 pm

For students entering grades 6-12

Whether you are a rocker, jazzier, blues enthusiast or classical student, this camp is for you! Hochstein's Guitar Camp is chock-full of fun, innovative activities, and interesting presentations by guest artists. Workshop sessions include invaluable forays in jamming (improvisation), sight-reading, rhythm and movement, and theory. Guitar Camp concludes with a performance on Friday, July 25. Participants must provide their own bag lunches. Priority will be given to students whose applications are received prior to June 1, 2014.

Fee: \$10 registration fee; \$280* tuition.



CAMPS AND WORKSHOPS

Hochstein School of Rock Camp

Dave Chisholm, Director

July 28-August 1 • 1:00-5:00 pm

For students entering grades 7-12

Join resident rocker Dave Chisholm in this fun camp intended for students with an interest in alternative rock genres. The camp will cover the history of rock, rock music theory, and will feature plenty of collaborative jamming. If you are in a band, you and your fellow band-members are encouraged to enroll as a group so you can focus, share ideas, and receive constructive and educational feedback. If you and your friends are thinking of forming a band, this is also the right setting to get things started. If you are not in a band, no worries! You will be grouped with other students at the camp for ensemble playing. All types of instrumentalists and vocalists are encouraged to enroll. The camp will conclude with a concert on August 1 performed by participating students.

Fee: \$10 registration fee; \$280* tuition. For Pre-Existing Groups, \$240* tuition per band-member.

NEW! Hip Hop Production Camp

Christopher Witulski, Instructor

August 4-8 • 2:00-5:00 pm

For students entering grades 9-12 and adults

Using the technology available in the music lab, become the beat-maker. No experience required. This class will cover a brief history of hip hop production techniques and listening projects while you learn to use a variety of software including drum machines, virtual instruments, and looping software. We will cover musical elements like rhythm, meter, and form, enabling each class member to create a variety of beats and record some hip hop tracks. The music lab's open hours during the week will allow you to come in and work on your projects outside of camp time.

Fee: \$10 registration fee; \$225* tuition.

Percussion Camp

Jim Tiller, Director

August 11-15 • 9:00 am-12:00 pm

For students entering grades 6-12, NYSSMA Level 3-6

Join RPO percussionist Jim Tiller and expand your percussive horizons in this unique camp! This is a great opportunity to grow musically and make friends within in a chamber music setting. Ensembles of differing sizes will explore a variety of advanced repertoire for percussion instruments including snare drum, keyboard, timpani, and drum set, among many others. Rehearsals will include intermediate to advanced instruction in all major areas of percussion performance, master class opportunities, instrument demonstration, and special topic discussions. Percussion Camp concludes with a performance. Priority will be given to students whose applications are received prior to June 1, 2014.

Fee: \$10 registration fee; \$225* tuition.



INDIVIDUAL-LESSON SPECIALTY AREAS

Indie Study

Christopher Witulski, Instructor

Ages 12-adult • times individually-scheduled

What if you could create your own class at Hochstein focused on musical topics that interest you the most? Want to record and mix your own projects using GarageBand? Improve your songwriting? Interested in using mobile applications (useful iPad or iPhone apps) for recording, music creation, and live performance? Want to explore soundscape design, or video editing? Now is your chance through Independent Study with Christopher Witulski! The possibilities are endless, so think creatively and bring your project to Christopher Witulski for approval. Projects can be approached individually or in groups.

FEE: \$20 registration fee; \$28 per 30-minute lesson; \$39 per 45-minute lesson; \$49 per 60-minute lesson. Special group rates apply based on group size.

Drum Set!

Richard Felice, Instructor

Ages 9-adult, beginning through advanced • times individually-scheduled

Explore the wonderful world of drum set with master drummer Richard Felice! Learn basic coordination, rudiments, note-reading, and work on snare-drum and drum set exercises and drills to put you on the road to becoming a complete drummer. Develop mastery of Rock, Latin, Jazz improvisation styles and more!

FEE: \$20 registration fee; \$28 per 30-minute lesson; \$39 per 45-minute lesson; \$49 per 60-minute lesson. Schedules and fees are arranged by appointment with the Dean's Office.

ENSEMBLES & GROUP INSTRUCTION

Summer Jazz Ensembles I & II

Richard DeLaney, Director

Wednesdays, July 9-August 13

Ensemble I: 7:00-8:00 pm

Ensemble II: 8:00-9:00 pm

For students entering grades 7-12 and adults, NYSSMA Level 5-6, or the equivalent

Learn the art of playing in a jazz combo from one of Rochester's premier jazz pianists! Mambo Kings' Richard DeLaney guides students through classic jazz repertoire, learning original arrangements, and creating new versions of classic and contemporary songs. Combos are formed with students of compatible ages and abilities and open to strings, piano, woodwinds, guitar, electric bass, and percussion players. Reading skills and the ability to sight-read are necessary. A placement audition is required and will consist of sight-reading, selected scales in 2-4 octaves from all major and minor keys, and a performance of a prepared selection. Audition dates TBA. Please call (585) 454-4596 to schedule your audition time.

Fee: \$10 registration fee; \$75* tuition; \$63 if enrolled in individual lessons at Hochstein.

NEW! Hochstein Gamelan Ensemble

Caroline Reyes, Director

Thursdays, July 10-August 14 • 7:00-8:00 pm

Ages 10-adult

Explore the Balinese Gamelan in this intergenerational ensemble that focuses on social, collaborative music-making accessible to all. This ensemble will also delve into Balinese culture, dance, and history to give context to this unique form of music-making.

Fee: \$10 registration fee; \$75* tuition; \$63 if enrolled in individual lessons at Hochstein.



ENSEMBLES & GROUP INSTRUCTION, CONTINUED.

NEW! Summer Bass Ensemble

Colin Corner, Director

5 Mondays, July 7-August 4 • 6:30-8:00 pm

For students entering grades 7-12 and adults, NYSSMA Level 3+

Join RPO Principal Bassist Colin Corner in this summer foray into the wonderful world of bass ensemble performance!

Fee: \$10 registration fee; \$93.75* tuition; \$78.75 if enrolled in individual lessons at Hochstein.

Voice Class for Young Singers

Laura Schweibacher, Instructor

Thursdays, July 10-August 14 • 6:00-7:00pm

Ages 10-13

Required Textbook Purchase: Sharon Pesenti's *Basic Elements of Vocal Artistry for Young Singers* (available on-line at www.amazon.com)

This class is a great opportunity for young singers who are highly motivated to take voice, but are not yet mature enough to take individual voice lessons. Students should already have some singing experience (e.g. school, church, or community choir) and be open to learning solo music that is chosen by the instructor. The class will conclude with an informal performance at the end of the session.

FEE: \$10 registration fee. \$84. For students enrolled in individual lessons at Hochstein, quarterly tuition is \$63.



Everybody's Fiddlin'

Beth Remming, Instructor

Tuesdays, July 8-August 12

Advanced Beginners: 6:30-7:30 pm • Intermediate/Advanced: 5:30-6:30 pm

Ages 7-adult

Learn to play "fiddle" music as part of an intergenerational (all ages) and multi-instrumental group. For violin, viola, cello, string bass, banjo, guitar and flute (tin whistle). Fun for advanced beginners, intermediate and advanced players. Stretch your musical ability and make new friends! Note reading is essential.

Fee: \$10 registration fee; \$75* tuition; \$63 if enrolled in individual lessons at Hochstein.

Piano 101

Instructor TBA

Tuesdays, July 8-August 12 • 5:15-6:15 pm

Ages 13-adult

Have you always wanted to learn to play the piano but didn't feel comfortable taking an individual lesson? Then, try Piano 101, the class approach to piano study! Enjoy working in Hochstein's state-of-the-art Music Lab and learn the beginning elements of piano-playing, including posture, hand position, intro to the keyboard, rhythm, and simple songs. Additional course material fees will apply.

FEE: \$10 registration fee; \$84 tuition. For students enrolled in individual lessons at Hochstein, tuition is \$63.

ART THERAPY & WELLNESS

NEW! Playing with Art for Kids

Benjamin Keipper, Art Therapist

Thursdays, July 10-August 14 • 6:00-7:00 pm

Ages 8-11

Students will be introduced to a Petting Zoo of art materials! Each week students will be enriched with a different visual arts medium for expression and fun. Students will find their expressive art and play together and showcase their process and creations with family and friends at the culminating art show.

Fee: \$10 registration fee; \$94* tuition; \$73 for students enrolled in individual lessons at Hochstein. Tuition includes all materials.

MUSIC LAB: THEORY, HISTORY & APPRECIATION

Basic Music Theory

Lynnann Wierenga, Instructor

Mondays & Wednesdays, July 7-August 13 • 5:00-6:30 pm

For students entering grades 8-12 and adults

Haven't found the time to take Basic Music Theory? This intensive version of our standard 36-week course is just the answer! This class reviews the fundamentals of music theory (note-reading, meter, scales/key signatures), with more in-depth work on intervals, chords, Roman Numeral analysis, embellishing tones, dictation skills, tune harmonization, and beginning Species Counterpoint, geared for teens and adults. Because of the condensed time frame, students should be prepared to supplement their course work with independent work between classes.

Fee: \$10 registration fee; \$252* tuition; \$189 if enrolled in individual lessons at Hochstein.

AP Music Theory I: Form and Harmony

Lynnann Wierenga, Instructor

Mondays & Wednesdays, July 7-August 13 • 6:30-8:00 pm

For students entering grades 10-12 and adults

Building on the concepts learned in Basic Theory, this class reviews chords and Roman Numeral analysis, while delving more completely into the areas of cadence types, musical form, figured bass, harmonization, and secondary chords. In addition, students will engage in written and listening analysis and dictation and sight-singing appropriate for AP test preparation. Because of the condensed time frame, students should be prepared to supplement their course work with independent work between classes.

Pre-requisite: Basic Music Theory.

Fee: \$10 registration fee; \$252* tuition; \$189 if enrolled in individual lessons at Hochstein.

DANCE

Character

Diane Lewis, Instructor

Mondays, July 7-August 11 • 7:15-8:15 pm

Ages 12+; 2 years ballet experience suggested

Explore folk dance and classical ballet as drawn from the old story ballets such as *The Nutcracker* and *Coppelia*. Dances covered will include mazurkas, czardas, and polonaises.

NEW! Motown Moves

Cheryl Johnson, Instructor

4 Mondays, July 21-August 11 • 6:00-7:00 pm

Ages 12-Adult

Learn authentic Motown Moves to Aretha Franklin's recording of "Respect."

Cholly Atkins (1913-2003) was the house choreographer for the various artists on the Motown label. He developed the routines that became the trademark moves of acts like The Supremes, The Temptations, The Four Tops, as well as R&B/Soul artists like the O'Jays and Aretha Franklin.

Mr. Adkins gave instructor Cheryl Johnson, his former student, permission to carry on his tradition.



DANCE, CONTINUED.

NEW! Tap Dance Rudiments
Cheryl Johnson, Instructor
4 Mondays, July 21-August 11 • 7:00-8:00 pm
Ages 12-Adult , late beginning & intermediate tap level

Learn Steve Condos' Tap Dance Rudiments, a great practice warm-up and an excellent way to develop speed and clarity. Steve Condos (1918-1990) was acclaimed for lightening speed and a phenomenal precision style of tap dancing that perfectly suited the tempos of swing and bebop. He developed tap dance rudiments, teaching tap dance in a way that a drummer would learn how to drum, focusing the core of his teaching on small phrases that you practice over & over & over.

NEW! Rhythm Tap Dance Musicality
Cheryl Johnson, Instructor
4 Thursdays, July 24-August 14 •6:00-7:00 pm
Ages 12-adult, intermediate tap level

Experience the musical forms of the Blues, Swing, and Latin through the medium of Rhythm Tap Dance. Participants will learn three short tap dance combinations utilizing standard tunes in the three musical forms.

Salsa
Nydia Padilla-Rodriguez, Instructor
Mondays, 6:00-7:00 pm
ages 12-15

Experience the joy of Latin rhythms and movement through Salsa!



Move It!
Christopher Morrison, Instructor
Thursdays, 6:00-7:00 pm
Ages 14-adult

Get moving with this wonderful combination of exercise and creative dance! Move It class consists of a blend of modern dance and Caribbean folk forms that also use Yoga and Pilates positions in coordinated dance forms to help to strengthen the spine and develop a stronger core. You will strengthen, stretch, and develop stronger balance while dancing to eclectic music from around the world. All movements can be adapted to students of any fitness level.

CHOOSE FROM A VARIETY OF DANCE STYLES IN THE GRID BELOW!
For more information on specific Dance Classes, please call (585) 454-4596 or visit Hochstein.org.

DANCE CLASS	AGE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Children's Intro to Tap	7-12				5:00-6:00
Making Dance: Choreography in Action	7-12			6:00-7:00	
Beginning Caribbean/Latin	7-11	5:00-6:00			
Salsa	12-15	6:00-7:00			
Ballet A & B	7-12			4:15-5:15	
Ballet I	10-13				4:15-5:15
Ballet II & III	12+				5:30-7:00
Ballet III & IV	14+			5:30-7:00	
Beginning/Intermediate Ballet	14+		7:15-8:45		
Intermediate Ballet/Ballet II	12+		5:30-7:00		
Pointe & Variations	12+				7:15-8:15
Character	12+	7:15-8:15			
Pirouette	14+	5:30-6:30			
Move It!	14+				6:00-7:00
Modern	14+		7:15-8:45		
Motown Moves	12+	6:00-7:00			
Rhythm Tap Dance Musicality	12+				6:00-7:00
Tap Dance Rudiments	12+	7:00-8:00			
Spanish Flamenco I & II	14+			5:30-7:00	
Spanish Flamenco III & IV	14+		6:00-7:30		

FEEs: \$10 REGISTRATION FEE. FOR BLUE AREAS ON THE GRID ABOVE: \$72* TUITION, \$30 IF ENROLLED IN INDIVIDUAL LESSONS AT HOCHSTEIN (ONLY ONE DANCE CLASS OR FUNDAMENTALS CLASS QUALIFIES FOR DISCOUNTED CLASS RATE). FOR GREEN AREAS ON THE GRID \$56 TUITION; \$42 FOR STUDENTS ENROLLED IN INDIVIDUAL LESSONS AT HOCHSTEIN. FOR RED AREAS ON THE GRID: \$48 TUITION; \$20 FOR STUDENTS ENROLLED IN INDIVIDUAL LESSONS AT HOCHSTEIN. FOR UNSHADED AREAS IN THE GRID: \$84* TUITION; \$63 FOR STUDENTS ENROLLED IN INDIVIDUAL LESSONS AT HOCHSTEIN. DISCOUNTS MAY APPLY FOR STUDENTS ENROLLED IN MULTIPLE DANCE CLASSES.

ADULT PROGRAMS



CAMPS & WORKSHOPS

Composer's Club Mini-Camp

Christopher Witulski, Director

July 21-25

Group I: 10:00 am-12:00 pm

Group II: 1:00 pm -3:00 pm

Learn to create your own music using the technology available in the Hochstein Music Lab. With a range of software possibilities including GarageBand and Finale, you can compose no matter what your experience, instrument, or music reading ability. A series of composition projects and plenty of individual attention will get you working with a wider range of musical ideas and tools than you thought possible. Sign up for both morning and afternoon sessions and experience a full-day camp! Sign up early, as space is limited by the 8 stations in the Music Lab. **Note: Additional week of mini-camp may be added the week of July 28-August 1 if first week fills.**

Fee: \$10 registration fee; \$155* tuition. Tuition for Groups I & II combined: \$280*.

NEW! Hip Hop Production Camp

Christopher Witulski, Instructor

August 4-8 • 2:00-5:00 pm

Using the technology available in the music lab, become the beat-maker. No experience required. This class will cover a brief history of hip hop production techniques and listening projects while you learn to use a variety of software including drum machines, virtual instruments, and looping software. We will cover musical elements like rhythm, meter, and form, enabling each class member to create a variety of beats and record some hip hop tracks. The music lab's open hours during the week will allow you to come in and work on your projects outside of camp time.

Fee: \$10 registration fee; \$225* tuition.

INDIVIDUAL-LESSON SPECIALTY AREAS

Indie Study

Christopher Witulski, Instructor

Ages 12-adult • Times individually-scheduled

What if you could create your own class at Hochstein focused on musical topics that interest you the most? Want to record and mix your own projects using GarageBand? Improve your songwriting? Interested in using mobile applications (useful iPad or iPhone apps) for recording, music creation, and live performance? Want to explore soundscape design, or video editing? Now is your chance through Independent Study with Christopher Witulski! The possibilities are endless, so think creatively and bring your project to Christopher Witulski for approval. Projects can be approached individually or in groups.

FEE: \$20 registration fee; \$28 per 30-minute lesson; \$39 per 45-minute lesson; \$49 per 60-minute lesson. Special group rates apply based on group size.

Drum Set!

Richard Felice, Instructor

Ages 9-adult, beginning through advanced • Times individually-scheduled

Explore the wonderful world of drum set with master drummer Richard Felice! Learn basic coordination, rudiments, note-reading, and work on snare-drum and drum set exercises and drills to put you on the road to becoming a complete drummer. Develop mastery of Rock, Latin, Jazz improvisation styles and more!

FEE: \$20 registration fee; \$28 per 30-minute lesson; \$39 per 45-minute lesson; \$49 per 60-minute lesson. Schedules and fees are arranged by appointment with the Dean's Office.



FOCUS ON WELLNESS

NEW! Meditation with Music

Alex Dedicke, Music Therapist

Mondays, July 7-August 11 • 6:00-7:00 pm

Meditation can be used to improve focus, broaden and deepen one's awareness of self and surroundings, explore and process body sensations and the accompanying psychological elements, reduce stress, facilitate deeper sleep, and develop positive and useful capacities such as compassion, resilience, empathy, and active listening. As music is an enhancement and facilitates varying forms of meditation, this class involves some active music making, but no prior experience in music or meditation is necessary. This class is perfect for both the amateur musician and non-musician alike!

Fee: \$10 registration fee; \$84* tuition; \$63 for students enrolled in individual lessons at Hochstein.

NEW! Art Exploration for Couples

Benjamin Keipper, Art Therapist

Thursdays, July 10-August 14 • 7:00-8:00 pm

Come spend a little time with your loved one in a visual arts way! Couples will work together with their partner to create art, have fun, and learn about each other in a collaborative fun way. Participants will be using art materials to express themselves and explore a playful way of bringing creativity into their lives.

Fee: \$10 registration fee; \$94* tuition; \$73 for students enrolled in individual lessons at Hochstein. Tuition includes all materials.

ENSEMBLES & GROUP INSTRUCTION

Summer Jazz Ensembles I & II

Richard DeLaney, Director

Wednesdays, July 9-August 13

Ensemble I: 7:00-8:00 pm

Ensemble II: 8:00-9:00 pm

Learn the art of playing in a jazz combo from one of Rochester's premier jazz pianists! Mambo Kings' Richard DeLaney guides students through classic jazz repertoire, learning original arrangements, and creating new versions of classic and contemporary songs. Combos are formed with students of compatible ages and abilities and open to strings, piano, woodwinds, guitar, electric bass, and percussion players. Reading skills and the ability to sight-read are necessary. A placement audition is required and will consist of sight-reading, selected scales in 2-4 octaves from all major and minor keys, and a performance of a prepared selection. Audition dates TBA. Please call (585) 454-4596 to schedule your audition time.

Fee: \$10 registration fee; \$75* tuition; \$63 if enrolled in individual lessons at Hochstein.

Summer Bass Ensemble

Colin Corner, Director

5 Mondays, July 7-August 4 • 6:30-8:00 pm

Join RPO Principal Bassist Colin Corner in this summer foray into the wonderful world of bass ensemble performance!

Fee: \$10 registration fee; \$93.75* tuition; \$78.75 if enrolled in individual lessons at Hochstein.

Everybody's Fiddlin'

Beth Remming, Instructor

Tuesdays, July 8-August 12

Advanced Beginners: 6:30-7:30 pm • Intermediate/Advanced: 5:30-6:30 pm

Learn to play "fiddle" music as part of an intergenerational (all ages) and multi-instrumental group. For violin, viola, cello, string bass, banjo, guitar and flute (tin whistle). Fun for advanced beginners, intermediate and advanced players. Stretch your musical ability and make new friends! Note reading is essential.

Fee: \$10 registration fee; \$75* tuition; \$63 if enrolled in individual lessons at Hochstein.



ENSEMBLES & GROUP INSTRUCTION, CONTINUED.

NEW! Hochstein Gamelan Ensemble

Caroline Reyes, Director

Thursdays, July 10-August 14 • 7:00-8:00 pm

Explore the Balinese Gamelan in this intergenerational ensemble that focuses on social, collaborative music-making accessible to all. This ensemble will also delve into Balinese culture, dance, and history to give context to this unique form of music-making.

Fee: \$10 registration fee; \$75* tuition; \$63 if enrolled in individual lessons at Hochstein.

Voice Class for Adults

Sandra Boysen, Instructor

Mondays and Wednesdays, July 7-August 13

6:30-7:45 pm

Beginning and intermediate level singers

If you've always wanted to take voice lessons but just never gotten around to it, try this small group approach! During the six-week course, you will receive 12 lessons to improve fundamentals of breath support and tone production. We will work on several songs of different styles and perform at least one song in a recital during the final class meeting. Let your soul sing out this summer! The course concludes with a public recital on Wednesday, August 13 at 7:00 pm. *Note: If 6:30 class becomes fully-enrolled, an additional class section from 7:45-9:00 pm will be added.*

Fee: \$10 registration fee; \$180* tuition; \$150 if enrolled in individual lessons at Hochstein.



Piano 101

Instructor TBA

Tuesdays, July 8-August 12 • 5:15-6:15 pm

Have you always wanted to learn to play the piano but didn't feel comfortable taking an individual lesson? Then try Piano 101, the class approach to piano study! Enjoy working in Hochstein's state-of-the-art Music Lab and learn the beginning elements of piano-playing, including posture, hand position, intro to the keyboard, rhythm, and simple songs. Additional course material fees will apply.

FEE: \$10 registration fee; \$84 tuition. For students enrolled in individual lessons at Hochstein, tuition is \$63.

SPECIAL OFFERING FOR STRING TEACHERS

NEW! Cello Boot Camp for Teachers

Sandra Halleran & Kathy Kemp, Instructors

Monday-Wednesday, August 11-13

9:00 am-12:00 pm

An informative workshop for public school string teachers who wish to learn more about playing and teaching the cello! Join public school educator/Hochstein faculty member Sandra Halleran and RPO Cellist/Hochstein faculty member Kathy Kemp for three days of workshops on topics ranging from establishing correct posture and set-up of the cello to developing the bow hand and vibrato.

FEE: \$10 registration fee; \$135 tuition.

MUSIC LAB: THEORY, HISTORY & APPRECIATION

NEW! Music in Africa

Christopher Witulski, Instructor
Four Tuesdays, July 8-29
7:00-8:30 pm

Ever wanted to hear some new and surprising music? Explore the vast diversity of sounds that permeate the African continent. You will learn about music’s role in healing, religion, and politics while also coming to appreciate the amazing vocal, drumming, and string instrument sounds that animate the region. This short course, led by Music Lab director and ethnomusicologist Christopher Witulski, will include plenty of guided listening and discussion as we consider the roles that music can play throughout life in Africa, as well as throughout our own.

Fee: \$10 registration fee; \$84 tuition; \$63 if enrolled in individual lessons at Hochstein.

MUSIC THEORY, HISTORY, & APPRECIATION

Basic Music Theory

Lynnann Wierenga, Instructor
Mondays & Wednesdays, July 7-August 13 • 5:00-6:30 pm

Haven’t found the time to take Basic Music Theory? This intensive version of our standard 36-week course is just the answer! This class reviews the fundamentals of music theory (note-reading, meter, scales/key signatures), with more in-depth work on intervals, chords, Roman Numeral analysis, embellishing tones, dictation skills, tune harmonization, and beginning Species Counterpoint, geared for teens and adults. Because of the condensed time frame, students should be prepared to supplement their course work with independent work between classes.

Fee: \$10 registration fee; \$252* tuition; \$189 if enrolled in individual lessons at Hochstein.

AP Music Theory I: Form and Harmony

Lynnann Wierenga, Instructor
Mondays & Wednesdays, July 7-August 13 • 6:30-8:00 pm

Building on the concepts learned in Basic Theory, this class reviews chords and Roman Numeral analysis, while delving more completely into the areas of cadence types, musical form, figured bass, harmonization, and secondary chords. In addition, students will engage in written and listening analysis and dictation and sight-singing appropriate for AP test preparation. Because of the condensed time frame, students should be prepared to supplement their course work with independent work between classes.

Pre-requisite: Basic Music Theory.

Fee: \$10 registration fee; \$252* tuition; \$189 if enrolled in individual lessons at Hochstein.

DANCE

NEW! Tap Dance Rudiments

Cheryl Johnson, Instructor
4 Mondays, July 21-August 11 • 7:00-8:00 pm
Late beginning & intermediate tap level

Learn Steve Condos’ Tap Dance Rudiments, a great practice warm-up and an excellent way to develop speed and clarity. Steve Condos (1918-1990) was acclaimed for lightning speed and a phenomenal precision style of tap dancing that perfectly suited the tempos of swing and bebop. He developed tap dance rudiments, teaching tap dance in a way that a drummer would learn how to drum, focusing the core of his teaching on small phrases that you practice over & over & over.

NEW! Motown Moves

Cheryl Johnson, Instructor
4 Mondays, July 21-August 11 • 6:00-7:00 pm

Learn authentic Motown Moves to Aretha Franklin’s recording of “Respect.” Cholly Atkins (1913-2003) was the house choreographer for the various artists on the Motown label. He developed the routines that became the trademark moves of acts like The Supremes, The Temptations, The Four Tops, as well as R&B/Soul artists like the O’Jays and Aretha Franklin. Mr. Adkins gave instructor Cheryl Johnson, his former student, permission to carry on his tradition.



NEW! Rhythm Tap Dance Musicality

Cheryl Johnson, Instructor
4 Thursdays, July 24-August 14 • 6:00-7:00 pm
Intermediate tap level

Experience the musical forms of the Blues, Swing, and Latin through the medium of Rhythm Tap Dance. Participants will learn three short tap dance combinations utilizing standard tunes in the three musical forms.

Move It!

Christopher Morrison, Instructor
Thursdays, July 10-August 14 • 6:00-7:00 pm

Get moving with this wonderful combination of exercise and creative dance! Move It class consists of a blend of modern dance and Caribbean folk forms that also use Yoga and Pilates positions in coordinated dance forms to help to strengthen the spine and develop a stronger core. You will strengthen, stretch, and develop stronger balance while dancing to eclectic music from around the world. All movements can be adapted to students of any fitness level.

Tone & Stretch

Diane Lewis, Instructor
Wednesdays, July 9-August 13 • 7:15-8:15 pm

Everyone needs time to relax and renew. Strengthen your core while using ballet and yoga techniques to help relax your muscles and relieve stress.

CHOOSE FROM A VARIETY OF DANCE STYLES IN THE GRID BELOW!

For more information on specific Dance Classes, please call (585) 454-4596 or visit Hochstein.org.

DANCE CLASS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Ballet II & III				5:30-7:00
Ballet III & IV			5:30-7:00	
Beginning/Intermediate Ballet		7:15-8:45		
Intermediate Ballet/Ballet II		5:30-7:00		
Pointe & Variations				7:15-8:15
Character	7:15-8:15			
Pirouette	5:30-6:30			
Move It!				6:00-7:00
Modern		7:15-8:45		
Motown Moves	6:00-7:00			
Rhythm Tap Dance Musicality				6:00-7:00
Tap Dance Rudiments	7:00-8:00			
Spanish Flamenco I & II			5:30-7:00	
Spanish Flamenco III & IV		6:00-7:30		
Tone & Stretch			7:15-8:15	

FEE: \$10 REGISTRATION FEE; FOR UNSHADED AREAS ON THE GRID: \$84* TUITION; \$63 FOR STUDENTS ENROLLED IN INDIVIDUAL LESSONS AT HOCHSTEIN. FOR SHADED AREAS ON THE GRID: \$10 REGISTRATION FEE; \$56 TUITION; \$42 FOR STUDENTS ENROLLED IN INDIVIDUAL LESSONS AT HOCHSTEIN. DISCOUNTS MAY APPLY FOR STUDENTS ENROLLED IN MULTIPLE DANCE CLASSES.

EXPRESSIVE ARTS



HAROLD AND JOAN FEINBLOOM EXPRESSIVE ARTS PROGRAM: MUSIC, ART, & DANCE THERAPY

INDIVIDUAL SESSIONS

Individual Music, Art, or Dance therapy sessions are tailored to the specific needs of those with developmental, social/emotional, learning, and physical challenges. Performance opportunities at Hochstein and in the community offer students a chance to socialize and experience performing in an ensemble or as a soloist.

Individual Instruction:

\$28*	30 minute lesson
\$39*	45 minute lesson
\$49*	1 hour lesson

MUSIC THERAPY & WELLNESS CLASSES

NEW! Meditation with Music

Alex Dedicke, Music Therapist

Mondays, July 7-August 11 • 6:00-7:00 pm

Adults

Meditation can be used to improve focus, broaden and deepen ones awareness of self and surroundings, explore and process body sensations and the accompanying psychological elements, reduce stress, facilitate deeper sleep, and develop positive and useful capacities such as compassion, resilience, empathy, and active listening. As music is an enhancement and facilitates varying forms of meditation, this class involves some active music making, but no prior experience in music or meditation is necessary. This class is perfect for both the amateur musician and non-musician alike!

Fee: \$10 registration fee; \$84* tuition; \$63 for students enrolled in individual lessons at Hochstein.

ART THERAPY & WELLNESS CLASSES

NEW! Playing with Art for Kids

Benjamin Keipper, Art Therapist

Thursdays, July 10-August 14 • 6:00-7:00 pm

Ages 8-11

Students will be introduced to a Petting Zoo of art materials! Each week students will be enriched with a different visual arts medium for expression and fun. Students will find their expressive art and play together and showcase their process and creations with family and friends at the culminating art show.

Fee: \$10 registration fee; \$94* tuition; \$73 for students enrolled in individual lessons at Hochstein. Tuition includes all materials.

NEW! Art Exploration for Couples

Benjamin Keipper, Art Therapist

Thursdays, July 10-August 14 • 7:00-8:00 pm

Adults

Come spend a little time with your loved one in a visual arts way! Couples will work together with their partner to create art, have fun, and learn about each other in a collaborative fun way. Participants will be using art materials to express themselves and explore a playful way of bringing creativity into their lives.

Fee: \$10 registration fee; \$94* tuition; \$73 for students enrolled in individual lessons at Hochstein. Tuition includes all materials.

GROUP SESSIONS

Group sessions are available at Hochstein or in community programs, hospitals, nursing homes, schools, rehabilitation centers, or group residences. For more information about any of our music therapy services or programs, please contact: Maria Battista-Hancock, LCAT, MT-BC, Chair, at (585) 454-4596 ext. 28.

