

HOCHSTEIN
School of music & dance

50 N. Plymouth Ave.
Rochester, NY 14614
www.hochstein.org
Dr. Margaret Quackenbush
President & Executive Director

Non-Profit Org.
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*Hochstein is a non-profit organization and depends on philanthropic support to provide our programs to all
regardless of means. Donations may be sent via check, payable to Hochstein School of Music & Dance, or made
online at www.hochstein.org/support. Also, please consider Hochstein in your will or other planned gifts and let
us know when you do. For more information, please contact our Development Office at 585-454-4403.*

Summer at Hochstein

Monday, July 11 - Friday, August 19

Register by Mail, Appointment, or Online!
check us out at www.hochstein.org

Walk-In Registration (no appointment necessary)
on the following dates and times:

Tuesday, June 7 - 3:00 - 8:00pm

Thursday, June 9 - 3:00-8:00pm

Saturday, June 11 - 10:00am - 2:00pm

HOCHSTEIN

School of music & dance

Summer at Hochstein

Music, Dance, Camps, Classes
for children, tweens, teens & adults!

Table of Contents

From the Director ...

Welcome to Summer at Hochstein and the wonderful array of offerings we have in store for you! Our summer program provides an ideal time to try something new or to keep those skills fresh for fall.

There's something for everyone at Hochstein—and we can't wait to share it with you!

Peggy Quackenbush
President & Executive Director



Individual Instruction - all ages 2

CHILDREN

Music FUNdamentals	4
Suzuki Strings	4
Summer Starters	5
Arts in Action: Summer Camps for Kids	6
Creative Encounters for Kids	8
Dance	8

TWEENS & TEENS

Camps & Workshops	11
Ensembles & Classes	14
Music History, Theory, & Appreciation	15
Dance	16

ADULTS

Camps & Workshops	19
Ensembles & Classes	20
Music History, Theory, & Appreciation	22
Dance	23

EXPRESSIVE ARTS: MUSIC, ART AND DANCE THERAPY 26

REGISTRATION INFORMATION 29

Individual Instruction ...

WHETHER YOU'RE A CHILD OR AN ADULT, individual instruction is the most effective way to make significant progress in musical skills. Following an orientation meeting with a Dean, students are matched with an appropriate teacher who tailors instruction to best fit each student's needs and goals. Lessons are available in all orchestral instruments—as well as piano, harp, acoustic guitar, electric guitar, electric bass, percussion, and Suzuki violin, viola, cello and flute—and can be scheduled on weekdays and evenings.

Because a certain degree of physical development is essential to playing an instrument, Hochstein subscribes to the following minimum age requirements:

- Guitar, age 5
- Harp, age 9 (some prior piano study preferred)
- Percussion (including drum set), age 9
- Piano*, age 5
- Suzuki strings, age 3
- Voice, age 12
- Wind instruments, age 9

**Acoustic piano (or a digital piano with 88 full-size, weighted keys) in the home is required.*

Individual instruction is arranged by appointment with the Dean's Office by calling **(585) 454-4596**. All new students pay a non-refundable \$10 summer registration fee (maximum 2 fees per family). **The \$10 summer registration fee is waived for students enrolled in individual lessons and classes during the 2015-2016 school year.**

For children enrolled in individual lessons, families pay a six-week reduced fee of only \$36 for either one Music FUNdamentals or one Children's Dance class, and reduced fees for Music Theory courses. Adults qualify for reduced fees for some Workshops, Ensembles, Music Theory, and Dance.

Fees: for Individual Instruction (unless otherwise noted)

\$29*	30 MINUTE LESSON
\$40*	45 MINUTE LESSON
\$50*	1 HOUR LESSON

**Tuition assistance is available on a sliding scale for those who qualify. Call (585) 454-4596 or visit www.hochstein.org for more information.*



Children's Programs



Music FUNdamentals

The Music FUNdamentals program provides a fun, activity-oriented, and nurturing environment in which children listen, move, sing, imitate, imagine, and create using the rich musical heritage of many cultures in rhyme, song, stories, and games.

Designed for children who have not yet begun or are in the early years of the study of an instrument, the sequential curriculum includes age-appropriate speech and sound activities, learning of simple movement patterns and dances, and using various percussion instruments in improvisation and composition.

MUSIC FOR TINY TOTS

Charlotte Giebel, Instructor

Thursdays, July 14-August 18 • 4:00-4:45 pm

Ages 18 to 30 months, with parent or caregiver

A shared learning experience for parents and children! Together, families can develop the building blocks of musical language through simple songs and fun activities.

Fee: \$10 registration fee; \$75* tuition.

MUSIC FOR TOTS

Charlotte Giebel, Instructor

Thursdays, July 14-August 18 • 5:00-5:45 pm

Ages 30 months through 3 years, with parent or caregiver

Through playful singing, movement and games, nursery rhymes, finger plays, and instrumental activities, share a learning experience with your child that will help to build a solid foundation for and love of music.

Fee: \$10 registration fee; \$75* tuition; \$36 if enrolled in individual lessons at Hochstein (only one Music FUNdamentals or Dance class qualifies for discounted class rate).

Suzuki Strings

A comprehensive program of study based on Dr. Shinichi Suzuki's philosophy that all children are born with a high potential for learning and, given the opportunity and a structured, encouraging environment, any child can learn to play an instrument. Students in the Suzuki program learn to make music using the "mother-tongue" approach (the same way they learn to speak) by listening and imitating.

The teacher and parent have equally important roles in the success of each child's experience with the Suzuki method. By attending all lessons, supervising daily listening, and practicing with the student, the parent is an active participant in the learning process. The teacher, student, and parent form an all-important "triangle" of learning to support the child's musical growth.

SUZUKI VIOLIN, VIOLA, AND CELLO

Ages 3+

The Suzuki String program includes instrumental study of violin, viola, and cello with teachers who have been specially trained in the Suzuki Method. Individual instruction is provided in 30, 45, and 60 minute sessions and is supplemented by a weekly, 50 minute group class. *Hochstein welcomes and encourages parents of prospective students to observe lessons and group classes before enrolling in the program.*

Please visit hochstein.org or call (585) 454-4596 to request a detailed Suzuki Brochure and a class schedule.

Fee: \$10 registration fee; \$32* fee per lesson (includes the group class). Schedules and fees are arranged by appointment with the Dean's Office. With enrollment in Suzuki Strings, families pay reduced fees for one Music FUNdamentals or Children's Dance class.

INCLUDED WITH NEW SUZUKI VIOLIN, VIOLA, & CELLO LESSONS: SUZUKI STRINGS 101

For beginning violin, viola, and cello students and their parent(s)

Because parents play such a vital role in the Suzuki learning method, Suzuki parent education is a requirement of the program and is included as part of the Suzuki Strings fee. Suzuki 101 is a supplemental group class for 3-5 year old beginners and their parents taken in conjunction with individual Suzuki lessons. Students and parents learn ways to integrate the instrument-learning process into family life with an emphasis on the Suzuki philosophy, instrument care, and understanding and internalizing the "Twinkle" rhythms through a variety of musical games and movements. Students and parents in Suzuki Strings 101 transition to Pre-twinkle classes in the fall. Parents will need a full-size instrument to assist in learning the basic techniques, while their children begin on a "box" instrument.

Suzuki Strings, continued

SUZUKI STRINGS GROUP CLASSES FOR COMMUNITY PARTICIPANTS

Permission of community teacher required

Ages 3+

Designed for children studying with a Rochester-area Suzuki teacher *who does not offer* a supplemental group class. Students meet weekly, for a 50-minute class where they experience the joy of playing together and for one another. Classes are specific to age and Suzuki book level, and students enjoy the benefits of the social aspect of music while they work together on the common body of musical works in the Suzuki repertoire. Group classes are offered on Tuesday afternoon and evenings during the summer. **Visit hochstein.org or call (585)454-4596 for the group class schedule.**

Fee: \$10 registration fee, \$60* tuition

NEW! Hochstein Suzuki Camp!

Joan Kinsella & Marcos Kreutzer, Co-Directors

July 18-22 • 9:00 am – 4:00 pm

For violinists, violists, and cellists ages 6-12 entering grades 1-7

Repertoire Level: From “Etude” in Book 1 through Book 4

Minimum Reading Level: “Etude” in Book 1 (Violin/Viola) or “Long, Long Ago” (Cello)

Why go out of town to a Suzuki Summer Institute when you can come to the experts in your own backyard? Join cellist Joan Kinsella, violinist Marcos Kreutzer and other members of Hochstein’s accomplished Suzuki faculty for a week chock-full of music-making and fun activities with fellow string players. Camp will include daily semi-private lessons, repertoire classes, dance/movement, technique classes, and ensemble playing, as well as special presentations on improvisation, instrument care, and theory. Camp will conclude with a final performance on Friday, July 22.

Fee: \$10 registration fee; \$340* tuition.

Summer Starters

These special programs allow the younger student to experience the thrill of individualized instruction, while building the foundation of coordination and healthy technique within a specialized curriculum. Early Start faculty members have extensive experience and interest in teaching younger students.

Programs vary by instrument and age.

EARLY-START GUITAR

Ages 5-9

Playful characters and original stories and games teach note names, techniques, and songs designed to share our love of music. Children should begin on an appropriately sized ($\frac{1}{2}$ or $\frac{3}{4}$) classical guitar. For advice on obtaining an instrument for your child, please call (585) 454-4596.

Fee: \$10 registration fee; \$32* fee per lesson (includes the group class). Schedules and fees are arranged by appointment with the Dean’s Office. With enrollment in Early Start Guitar, families pay reduced fees for one Music Fundamentals or Children’s Dance class, and reduced fees for other ensembles.



EARLY-START PIANO

Check out these beginning classes for the budding pianist! Young students will learn basic musical concepts and also have a first hands-on experience at the piano. Designed specifically for each age category, these classes allow students to learn basic piano skills in a fun group environment that is not focused on performance. Parents provide support for their child’s exploration of the piano at home in between classes.

LITTLE MOZARTS GROUP PIANO

Doleen Hood, Instructor

Four Thursdays, July 21-August 11

New Students Ages 4-5: Thursdays, 4:00-4:40 pm Continuing Students Age 5: Thursdays, 5:00-5:40 pm

The irresistible stuffed animals, Beethoven Bear and Mozart Mouse, assist your child in his/her first introduction and exploration of the piano, and form the core of this innovative and exciting program! This class is designed to give students a taste of piano study in preparation for a Little Mozarts class in Fall 2016. Parents are expected to attend the last 10 minutes of each group session and to assist the child in practice at home. Each child must purchase a lesson book and, of course, Beethoven Bear and Mozart Mouse! Materials can be purchased by calling Atlas Music or at various on-line music resources.

Acoustic piano (or a digital piano with 88 full-size, weighted keys) in the home is required.

Fee: \$10 registration fee; \$60* tuition

INTRO TO PIANO

Lourdes Santiesteban-Mora, Instructor

Six Mondays, July 11-August 15 • 3:00-3:45 pm

Ages 6-7

A joyful introduction to music through the piano! This class is designed for students who may not initially be ready to start individual lessons, but the class environment helps ease them into piano study in a fun and engaging way. Class includes musical activities both at the keyboard and away from the keyboard, and emphasis is on FUN! If the 3:00pm section fills, a 4:00pm section will be added to accommodate additional students. **Acoustic piano (or a digital piano with 88 full-size, weighted keys) in the home is required.**

Fee: \$10 registration fee; \$90* tuition

Arts In Action: Summer Camps for ages 4-10

(children must be 4 by July 1, 2016)

Lisa Salvaggio Clark, Director

No previous experience necessary! Enter a world of fun as grand and creative as your child’s imagination!

Join our specially selected instructors as they embark on a journey filled with music, art, and movement. Sessions are based on a specific theme that takes your child to lands both near and far, and concludes with a performance that brings all of the learned elements together. Core instructors include specialists in music, creative movement, and visual arts and are joined by guest performing artists from Hochstein’s talented faculty and the Rochester community.

Children are grouped by ages, with a maximum of 15 per group, and attend daily music, art, and movement classes—all designed around a general theme. A short daily rehearsal brings the groups together to prepare for a concluding performance each Friday. Mid-morning and mid-afternoon snacks are provided and full-day campers must bring their own bag lunch.

A limited number of full scholarships are available for those who qualify, based on income. Please call (585) 454-4596 for more information.

HALF-DAY OR FULL-DAY OPTION: YOU CHOOSE!

All three camp sessions run from 9:00 am-3:30 pm, but students have the option to sign up for just a half-day session from 9:00 am-12:00 pm. An extended day option (M-F from 8:00-9:00 am for \$30 and/or M-Th from 3:30-5:30 for \$45) is also available for full-day campers.

SESSION I: MUSICAL PLANETS!

July 11-15 • 9:00 am-12:00 noon or 9:00 am-3:30 pm

Ages 4-10

Come along with us on a musical and magical journey through the stars to explore the planets of the universe! Although we will be traveling in our imaginations, we will be sure to bring the solar system alive in a fun-filled musical rocket ship of a performance! Don’t miss out on this opportunity as we only have “space” for so many astronauts!

Fee: \$10 registration fee; \$135* for half-day session, \$230* for full-day session.

SESSION 2: MUSICAL ROAR OF THE DINOSAURS!

July 18-22 • 9:00 am-12:00 noon or 9:00 am-3:30 pm

Ages 4-10

A theme inspired by our very own campers – dinosaurs of all ages, sizes, and musical abilities are welcome! Come join in the fun as we discover and explore the ancient world of dinosaurs and work together to bring them to the stage through music, song, dance, and theater. There is something for everyone to explore in this action-filled week of musical roars!

Fee: \$10 registration fee; \$135* for half-day session, \$230* for full-day session.

SESSION 3: ALL THAT JAZZ!

July 25-29 • 9:00 am-12:00 noon or 9:00 am-3:30 pm

Ages 4-10

Calling all jazz campers! The infectious energy of jazz is something no one can deny! Bring your campers to this week full of rhythm and rhyme! You never know who we will meet along our path of this jazzy beat, a jazzy fly, a boogie bear or maybe a musician with that jazzy hair. What we know for sure is that everyone will be feeling the beat in their feet for our final performance!

Fee: \$10 registration fee; \$135* for half-day session, \$230* for full-day session.



Arts in Action Mini-Camp - ages 3-4

(children must be age 3 by July 1, 2016)

Barb Bonisteel, Instructor

The perfect experience for students too young for our regular Arts in Action Camp or 4-year-olds not quite ready for camp on their own! You and your child will explore the wonderful world of music, movement, and arts/crafts with popular instructor, Barb Bonisteel. In addition to musical fun in the classroom and movement activities in the dance studio, Mini-Camp activities include craft-making and visits from guest music-makers who demonstrate musical instruments on a daily basis.

JUNGLE BEAT!

July 18 - 21

Monday-Thursday, 9:30-11:30am

Ages 3 - 4 years, with parent

Oh, we're traveling to the jungle today – oh yeah! Keep the beat in your feet, you'll be in for a treat, the animals and instruments we'll meet! What better way to learn about the jungle and its creatures than through making music? Our daily musical safari will include movement, instrument play, musical story time, and daily crafts. The week's fun activities will also include instrument demonstrations by guest musicians.

Fee: \$10 registration fee; \$92* tuition.



Creative Encounters for Kids

EVERYBODY'S FIDDLIN'

Beth Remming, Instructor

Tuesdays, July 12 - August 16

5:30-6:30 pm - Intermediate/Advanced • 6:30-7:30 pm - Advanced Beginners

Ages 7+

Learn to play "fiddle" music as part of an intergenerational (all ages) and multi-instrumental group. For violin, viola, cello, string bass, banjo, guitar and flute (tin whistle). Fun for advanced beginners, intermediate and advanced players. Stretch your musical ability and make new friends! Note reading is essential.

Fee: \$10 registration fee; \$81* tuition; \$66 if enrolled in individual lessons at Hochstein.

Summer Dance for Children

MINI-BALLERINAS & CREATIVE DANSEURS

Melinda Phillips, Instructor

Tuesdays, July 12 - August 16

4:15-5:00 pm or 5:00-5:45 pm

Ages 3-4

Girls and boys will have a blast (and blow off steam!) in this fun introduction to the world of ballet! Through the use of games and songs, our Mini-Ballerinas and Creative Danseurs will learn the names of arm and leg positions, as well as movements such as tendu, plié, relevé, and passé.

PRE-CARIBBEAN DANCE

Adrienne Santucci, Instructor

Thursdays, July 14 - August 18

4:15-5:00 pm

Ages 4-6

Take a journey into the wonderful, colorful world of Caribbean Dance! This class mixes dance, drumming and song—especially designed for children.

CHILDREN'S TAP DANCE

Tap technique from the first step through the basics, along with a musical theatre spin! Musical theatre components will include drama exercises, improvisation, and musical theatre dance moves. Level 2 moves onto more steps and facility with more complex rhythms. **Tap shoes are required.**

CHILDREN'S BEGINNING TAP

Times TBA

Ages 7-12

Semi-private sessions will be scheduled if/when we have sufficient interest.

Please call us at (585) 454-4596 for more information

CHILDREN'S INTERMEDIATE TAP

Ages 7-12

Mondays, July 11 - August 15

5:15-6:15 pm

(Prerequisite: 1 Year of Tap)

For a full list of dance class offerings, please see the grid on page 10. For additional class descriptions, visit our website at: hochstein.org



2016 Children's Summer Dance Schedule



CHOOSE FROM A VARIETY OF DANCE STYLES IN THE GRID BELOW!

For more information on specific Dance Classes, please call (585) 454-4596 or visit hochstein.org.

DANCE CLASS	AGE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Mini-Ballerinas & Creative Danseurs	3-4		4:15-5:00		
Mini-Ballerinas & Creative Danseurs	3-4		5:00-5:45		
Pre-Caribbean/Creative Movement	4-6				4:15-5:00
Pre-Ballet	5-6			5:00-5:45	
Ballet A & B	7-12			4:15-5:15	
African Dancing & Drumming	7-12				5:00-6:00
Children's Intermediate Tap	7-12	5:15-6:15			

FEE: \$10 REGISTRATION FEE; FOR ALL CLASSES: \$75* TUITION; \$36 IF ENROLLED IN INDIVIDUAL LESSONS AT HOCHSTEIN. ONLY ONE DANCE CLASS OR MUSIC FUNDAMENTALS CLASS QUALIFIES FOR DISCOUNTED CLASS RATE.



Tweens & Teens Programs

Camps & Workshops

RFA/Hochstein Flute Camp

Jeanine Beahan & Debbie Parker, Directors

July 11-15 • 9:00 am-2:00 pm

For students entering grades 6-12, NYSSMA Level 3-6

Grab your flute and get ready for some fun! This collaborative offering with the Rochester Flute Association offers students the opportunities to focus on making music with fellow flutists through group lessons, workshops, master classes, and flute ensembles. While making new friends in a lively group setting, students will increase their knowledge of tone production, rhythm, technique, and ensemble playing. Students will be placed in choirs based on level. Applicants must have *performed* a NYSSMA solo at Level 3 or higher. Flute Camp concludes with a performance on Friday, July 15. Participants must provide their own bag lunches. Applications received after June 15 will be assessed on a space-available basis.

SPECIAL OPPORTUNITY! Two full tuition scholarships are available to flutists attending the RFA/Hochstein Flute Camp. The Alleen Fraser Scholarship is provided through the Rochester Flute Association and the Steven Finley/FluteFX Scholarship is offered by the Hochstein School. Apply online at rfaonline.org or contact RFA Education Director Caitlin Phillips with questions at 585-261-7517 or caphillips616@gmail.com. Scholarship application deadline is June 1, 2016.

Fee: \$10 registration fee; \$290* tuition.



Junior Flute Camp

Laura Lentz, Director

July 11-15 • 9:00 am-12:00 pm

For students entering grades 5-6 who are at NYSSMA Level 1 (younger students may be considered based on teacher recommendation)

This collaborative offering with the Rochester Flute Association provides an opportunity for younger flute students to develop their skills while making new friends in a lively, supportive setting. Daily activities will include group lessons, ensemble playing, games, and an opportunity to interact with the older students in the RFA/Hochstein Flute Camp. Junior Flute Camp concludes with a brief performance on Friday, July 15. Participants must provide their own bag lunches. Applications received after June 15 will be assessed on a space-available basis.

Fee: \$10 registration fee; \$235* tuition.

String Jam: Alternative Styles for Strings

John Fetter, Director

August 15-19 • 1:30-5:00 pm

For students entering grades 6+, NYSSMA Level 3-6, or the equivalent

Get ready to explore interesting sounds with your string instrument! Students of all bowed string instruments can join John Fetter and guest artists to experience and perform music from rich and diverse non-classical repertoires. Past styles have included jazz, rock, fiddling, Klezmer, Indian music, and other World styles. This unique opportunity includes daily contact with instructors as students learn new music and practice performing and improvising in a variety of musical traditions. Students work as active collaborators with guest artists to create the music for the final performance, which takes place on August 19 at 5PM.

Fee: \$10 registration fee; \$235* tuition.



Camps & Workshops, continued

Explorations: Jazz & Improvisation Workshop

Aaron Staebell, Director

July 18-22

9:00 am-1:00 pm

For students entering grades 7-12 and graduating seniors, NYSSMA Level 3-6

Join jazz educator Aaron Staebell, drummer for the cutting-edge band, Bending and Breaking, for this creative exploration into the world of jazz combos and improvisation. Students will be grouped in combos with students of similar age and experience, and participants will learn to hone their improvisation skills. The workshop will include performances by guest musicians, listening sessions and discussions of jazz styles, and opportunities for all participants to make music together in a larger group. Explorations concludes with a performance on Friday, July 22. Applications received after June 15 will be assessed on a space-available basis. For more information on Mr. Staebell, check out his website at aaronstaebell.com.

Fee: \$10 registration fee; \$235* tuition.

Composer's Club Mini-Camp

Dave Chisholm, Director

July 18-22

Group I: 10:00 am-12:00 pm

Group II: 1:00 pm -3:00 pm

For students entering grades 4 through adult



Learn to create your own music using the technology available in the Hochstein Music Lab. With a range of software possibilities including GarageBand and Finale, you can compose no matter what your experience, instrument, or music reading ability. A series of composition projects and plenty of individual attention will get you working with a wider range of musical ideas and tools than you thought possible. **Sign up for both morning and afternoon sessions and experience a full-day camp!** Sign up early, as space is limited by the 8 stations in the Music Lab.

Fee: \$10 registration fee; \$165* tuition. Tuition for Groups I & II combined: \$290*.

NEW! Hochstein Suzuki Camp!

Joan Kinsella & Marcos Kreutzer, Co-Directors

July 18-22

9:00 am – 4:00 pm

For violinists, violists, and cellists ages 6-12 entering grades 1-7

Repertoire Level: From "Etude" in Book 1 through Book 4

Minimum Reading Level: "Etude" in Book 1 (Violin/Viola) or "Long, Long Ago" (Cello)

Why go out of town to a Suzuki Summer Institute when you can come to the experts in your own backyard? Join cellist Joan Kinsella, violinist Marcos Kreutzer and other members of Hochstein's accomplished Suzuki faculty for a week chock-full of music-making and fun activities with fellow string players. Camp will include daily semi-private lessons, repertoire classes, dance/movement, technique classes, and ensemble playing, as well as special presentations on improvisation, instrument care, and theory. Camp will conclude with a final performance on Friday, July 22.

Fee: \$10 registration fee; \$340* tuition.

Guitar Camp

John Wiesenthal, Director

July 25-29 • 9:00 am-2:00 pm

For students entering grades 6-12

Whether you are a rocker, jazzier, blues enthusiast or classical student, this camp is for you! Hochstein's Guitar Camp is chock-full of fun, innovative activities, and interesting presentations by guest artists. Workshop sessions include invaluable forays in jamming (improvisation), sight-reading, rhythm and movement, and theory. Guitar Camp concludes with a performance on Friday, July 29. Participants must provide their own bag lunches.

Fee: \$10 registration fee; \$290* tuition.



Camps & Workshops, continued

String Chamber Music Connections!

Joan Kinsella, and An-Chi Lin, Co-Directors

July 25-29 • 9:00 am-4:00 pm

For students entering grades 3-12,

No audition required

Violinists & Violists NYSSMA Level 3+, Cellists & Bassists NYS-SMA Level 2+

Join us for this fun camp where the emphasis is collaboration! Students learn the joy of playing in a small string ensemble such as a trio, quartet, or quintet. Camp will include daily ensemble coachings, musicianship classes such as ear-training and music theory, Dalcroze, Alexander Technique, and movement/Yoga. Chamber ensembles will be determined prior to the start of camp and students will be grouped by age and level. Depending on the students enrolled, ensembles may include instrument choirs. Pre-formed groups are welcome to apply! Camp will conclude with a final performance on Friday, July 29.

Fee: \$10 registration fee; \$340* tuition.



Hochstein School of Rock Camp

Dave Chisholm, Director

August 8-12

1:00-5:00 pm

For students entering grades 7-12

Join resident rocker Dave Chisholm in this fun camp intended for students with an interest in alternative rock genres. The camp will cover the history of rock, rock music theory, and will feature plenty of collaborative jamming. If you are in a band, you and your fellow band-members are encouraged to enroll as a group so you can focus, share ideas, and receive constructive and educational feedback. If you and your friends are thinking of forming a band, this is also the right setting to get things started. If you are not in a band, no worries! You will be grouped with other students at the camp for ensemble playing. **All types of instrumentalists and vocalists are encouraged to enroll!** The camp will conclude with a concert on August 12 performed by participating students.

Fee: \$10 registration fee; \$290* tuition. For Pre-Existing Groups, \$250* tuition per band-member.

Percussion Camp

Jim Tiller, Director

August 15-19

9:00 am-12:00 pm

For students entering grades 6-12, NYSSMA Level 3-6

Join RPO percussionist Jim Tiller and expand your percussive horizons in this unique camp! This is a great opportunity to grow musically and make friends within in a chamber music setting. Ensembles of differing sizes will explore a variety of advanced repertoire for percussion instruments including snare drum, key-board, timpani, and drum set, among many others. Rehearsals will include intermediate to advanced instruction in all major areas of percussion performance, master class opportunities, instrument demonstration, and special topic discussions. Percussion Camp concludes with a performance.

Fee: \$10 registration fee; \$235* tuition.



Individual-Lesson Specialty Areas

Indie Study

Dave Chisholm, Instructor

Ages 12-adult • times individually-scheduled

What if you could create your own class at Hochstein focused on musical topics that interest you the most? Want to record and mix your own projects using GarageBand? Improve your songwriting? Interested in using mobile applications (useful iPad or iPhone apps) for recording, music creation, and live performance? Want to explore soundscape design, or video editing? Now is your chance through Independent Study with Dave Chisholm! The possibilities are endless, so think creatively and bring your project to Dave Chisholm for approval. Projects can be approached individually or in groups.

FEE: \$10 registration fee; \$29 per 30-minute lesson; \$40 per 45-minute lesson; \$50 per 60-minute lesson. Special group rates apply based on group size.

Drum Set!

Richard Felice, Instructor

Ages 9-adult, beginning through advanced • times individually-scheduled

Explore the wonderful world of drum set with master drummer Richard Felice! Learn basic coordination, rudiments, note-reading, and work on snare-drum and drum set exercises and drills to put you on the road to becoming a complete drummer. Develop mastery of Rock, Latin, Jazz improvisation styles and more!

FEE: \$10 registration fee; \$29 per 30-minute lesson; \$40 per 45-minute lesson; \$50 per 60-minute lesson. Schedules and fees are arranged by appointment with the Dean's Office.



Ensembles & Group Instruction

Summer Jazz Ensembles I & II

Richard DeLaney, Director

Wednesdays, July 13-August 17

Ensemble I: 7:00-8:00 pm

Ensemble II: 8:00-9:00 pm

For students entering grades 7-12 and adults, NYSSMA Level 5-6, or the equivalent

Learn the art of playing in a jazz combo from one of Rochester's premier jazz pianists! Mambo Kings' Richard DeLaney guides students through classic jazz repertoire, learning original arrangements, and creating new versions of classic and contemporary songs. Combos are formed with students of compatible ages and abilities and open to strings, piano, woodwinds, guitar, electric bass, and percussion players. Reading skills and the ability to sight-read are necessary. A placement audition is required and will consist of sight-reading, selected scales in 2-4 octaves from all major and minor keys, and a performance of a prepared selection. Audition dates TBA.

Please call (585) 454-4596 to schedule your audition time.

Fee: \$10 registration fee; \$81* tuition; \$66 if enrolled in individual lessons at Hochstein.

Piano 101

Yi-Wen Chang, Instructor

Four Tuesdays, July 12-August 2 • 6:30-7:30 pm

ages 14-adult

Have you always wanted to learn to play the piano but didn't feel comfortable taking an individual lesson? Then, try Piano 101, the class approach to piano study! Enjoy working in Hochstein's state-of-the-art Music Lab and learn the beginning elements of piano-playing, including posture, hand position, intro to the keyboard, rhythm, and simple songs. Additional course material fees will apply.

NOTE: Class participants are encouraged to continue their class piano study by registering for the continuing class section on Saturdays at 12:15 PM in September 2016.

FEE: \$10 registration fee; \$60 tuition. \$44 if enrolled in individual lessons at Hochstein.



Ensembles & Group Instruction, continued

Everybody's Fiddlin'

Beth Remming, Instructor

Tuesdays, July 12 - August 16

Advanced Beginners: 6:30-7:30 pm

Intermediate/Advanced: 5:30-6:30 pm

Ages 7-adult

Learn to play "fiddle" music as part of an intergenerational (all ages) and multi-instrumental group. For violin, viola, cello, string bass, banjo, guitar and flute (tin whistle). Fun for advanced beginners, intermediate and advanced players. Stretch your musical ability and make new friends! Note reading is essential.

Fee: \$10 registration fee; \$81* tuition; \$66 if enrolled in individual lessons at Hochstein.

Ukulele Classes at Hochstein!

Choose the class below that most fits your level:

Hochstein Ukulele Experience!

Randy Pollok, Instructor

6 Wednesdays, July 13-August 17 • 6:30-7:30 pm

ages 10-adult - beginners

Are you looking for a fun, accessible way to start learning music? Well, the ukulele is the perfect instrument to develop musical skills while playing in a group with others! Join ukulele master Randy Pollok in this intergenerational class with the emphasis on learning basic chords and songs in a welcoming environment that fosters a positive attitude and a sense of community with other class members. Grab your children, your spouse/partner, family members, and friends and join together in this enjoyable way to make music together! **NOTE:** Participants need to provide their own ukuleles (concert, tenor, or soprano size) and purchase The Daily Ukulele, Volume 1 by Jim Beloff.

Fee: \$10 registration fee; \$81 tuition; \$66 if enrolled in individual lessons at Hochstein.

Hochstein Ukes Go Latin!

Randy Pollok, Instructor

6 Wednesdays, July 13-August 17 • 7:30-8:30 pm

ages 10-adult

intermediate to advanced level

Join ukulele master Randy Pollok in this intergenerational class that explores the latin beat of Bossa-Nova and more! Students will work on arrangements of everyone's favorite Latin-inspired tunes while fine-tuning ensemble skills and having fun! Let's make beautiful music together!

Fee: \$10 registration fee; \$81 tuition; \$66 if enrolled in individual lessons at Hochstein.

Music Theory, History, & Appreciation

Basic Music Theory

Lynnann Wierenga, Instructor

Mondays & Wednesdays • July 11 - August 17

5:00-6:30 pm

For students entering grades 8-12 and adults

Haven't found the time to take Basic Music Theory? This intensive version of our standard 36-week course is just the answer! This class reviews the fundamentals of music theory (note-reading, meter, scales/key signatures), with more in-depth work on intervals, chords, Roman Numeral analysis, embellishing tones, dictation skills, tune harmonization, and beginning Species Counterpoint, geared for teens and adults. Because of the condensed time frame, students should be prepared to supplement their course work with independent work between classes.

Fee: \$10 registration fee; \$270* tuition; \$198 if enrolled in individual lessons at Hochstein.



Music Theory, continued

AP Music Theory I: Form and Harmony

Lynnann Wierenga, Instructor

Mondays & Wednesdays • July 11 - August 17

6:30-8:00 pm

For students entering grades 10-12 and adults

Building on the concepts learned in Basic Theory, this class reviews chords and Roman Numeral analysis, while delving more completely into the areas of cadence types, musical form, figured bass, harmonization, and secondary chords. In addition, students will engage in written and listening analysis and dictation and sight-singing appropriate for AP test preparation. Because of the condensed time frame, students should be prepared to supplement their course work with independent work between classes.

Pre-requisite: Basic Music Theory.

Fee: \$10 registration fee; \$270* tuition; \$198 if enrolled in individual lessons at Hochstein.

Dance

The Art of Choreography

Diane Lewis, Instructor

Mondays, 7:15-8:15 pm • July 11 - August 15

14+ (12-13-year-olds with instructor permission);

2 years dance experience suggested

In six short weeks, aspiring choreographers will be introduced to elements of the choreographic process with the ultimate goal of producing a finished piece. Students will focus on crafting their own movement patterns with particular attention paid to the use of space, form, musicality, staging for maximum effect, and creating dances with impact. Students who join the class will be eligible to audition for the Summer Student Dance Gala, a summer concert on Friday, August 19 at 7:30pm produced entirely by students of the Hochstein Dance Department. Don't miss this exciting chance to make and show your own dance piece!



Tap Dance

Cheryl Johnson, Instructor

Tap technique from the first step through the basics. Learn basic music theory as applied to tap dancing. Intermediate moves onto more steps and facility with more complex rhythms. Tap shoes are required.

Children's Beginning Tap, Times TBA ages 7-12

Semi-private sessions will be scheduled if/when we have sufficient interest. Please call us at (585) 454-4596 for more information.

Children's Intermediate Tap

Mondays, 5:15-6:15 pm • July 11 - August 15

(Prerequisite: 1 Year of Tap) ages 7-12

Intermediate Rhythm Tap

Mondays, 6:15-7:15 pm • July 11 - August 15

(Prerequisite: 1 Year of Tap) ages 12+

SPECIAL OPPORTUNITY!

Tap Dance Repertory, Thursdays, 5:30-7:00

Intermediate-Advanced Level - ages 16 +

Experienced tap dancers will learn an original group tap dance choreographed by instructor Cheryl Johnson. This dance will be a performance candidate for the 2016 First Niagara Rochester Fringe Festival scheduled between September 15- 24. A full commitment to classes and rehearsals is expected

Move It!

Christopher Morrison, Instructor

Thursdays, 6:00-7:00 pm • July 14 - August 18

Ages 14-adult

Get moving with this wonderful combination of exercise and creative dance! Move It! class consists of a blend of modern dance and Caribbean folk forms that also use Yoga and Pilates positions in coordinated dance forms to help to strengthen the spine and develop a stronger core. You will strengthen, stretch, and develop stronger balance while dancing to eclectic music from around the world. All movements can be adapted to students of any fitness level.



Dance, continued

FuturPointe Dance Offerings – check back later in Spring 2016 for additional class opportunities with FuturePointe, Hochstein’s resident visiting dance company!



Special Opportunity! Selected Summer Dance Students have the opportunity to participate in our Summer Student Dance Gala on Friday, August 19 at 7:30 PM. The Summer Gala is an event **planned and run by students** – students work on production, costumes, choreography, and all other aspects of the performance. All registered summer dance students can audition for the performance, and student directors are chosen by Dance Department co-chairs in consultation with the Hochstein Dance Faculty. Feel free to contact Diane Lewis at: diane.lewis@hochstein.org for more information.

2016 Tween/Teen Summer Dance Schedule

CHOOSE FROM A VARIETY OF DANCE STYLES IN THE GRID BELOW!

For more information on specific Dance Classes, please call (585) 454-4596 or visit hochstein.org.

DANCE CLASS	AGE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Children's Intermediate Tap	7-12	5:15-6:15			
Ballet A & B	7-12			4:15-5:15	
Ballet I	10-13				4:15-5:15
Ballet II & III	10-14				5:30-7:00
Ballet III & IV	14+			5:30-7:00	
Beginning/Intermediate Ballet	14+		7:15-8:45		
Intermediate Ballet/Ballet II	14+		5:30-7:00		
Pointe & Variations	12+				7:15-8:15
Art of Choreography	14+	7:15-8:15			
Pirouette	14+	5:30-7:00			
Move It!	14+				6:00-7:00
Modern	14+		7:15-8:45		
Intermediate Rhythm Tap	12+	6:15-7:15			
Tap Dance Repertory					5:30-7:00
Spanish Flamenco I & II	14+			5:30-7:00	
Spanish Flamenco III & IV	14+		6:00-7:30		

FEES: \$10 REGISTRATION FEE. FOR GREY AREAS ON THE GRID ABOVE: \$75* TUITION, \$36 IF ENROLLED IN INDIVIDUAL LESSONS AT HOCHSTEIN (ONLY ONE DANCE CLASS OR FUNDAMENTALS CLASS QUALIFIES FOR DISCOUNTED CLASS RATE).

FOR UNSHADED AREAS IN THE GRID: \$90* TUITION; \$66 FOR STUDENTS ENROLLED IN INDIVIDUAL LESSONS AT HOCHSTEIN. DISCOUNTS MAY APPLY FOR STUDENTS ENROLLED IN MULTIPLE DANCE CLASSES.



Adult Programs

Camps & Workshops

Composer's Club Mini-Camp

Dave Chisholm, Director

July 18-22

Group I: 10:00 am-12:00 pm

Group II: 1:00 pm -3:00 pm

Learn to create your own music using the technology available in the Hochstein Music Lab. With a range of software possibilities including GarageBand and Finale, you can compose no matter what your experience, instrument, or music reading ability. A series of composition projects and plenty of individual attention will get you working with a wider range of musical ideas and tools than you thought possible. ***Sign up for both morning and afternoon sessions and experience a full-day camp!*** Sign up early, as space is limited by the 8 stations in the Music Lab.

Fee: \$10 registration fee; \$165* tuition. Tuition for Groups I & II combined: \$290*.

Special One-Night Workshop!

The Comfortable Performer: Express Yourself Without Fear!

Paula Bobb, Instructor

Tuesday, July 12, 7:00-8:30 pm

Do you love music, but get nervous sharing your music with others? Is the thought of performing in front of others (even your teacher) a frustrating, scary prospect? Then, come learn about Emotional Freedom Techniques, the cutting-edge stress-relieving approach that can help you reduce your performance anxiety. This workshop is designed for adult students, performing artists, speakers, or anyone who wants to feel more confident, calm, and more joyful when it comes to art, work, or life in general! If sufficient interest exists, an on-going class offering will be added for the balance of the summer session. For more information on Ms. Bobb and EFT, check out www.TheComfortablePerformer.com.

FEE: \$22 tuition.

Special 2-Night Workshop!

Songwriting: From Idea to Demo

Dave Chisholm, Instructor

2 Thursdays, July 14 & 21

7:00-8:30 pm

ages 19+

recommended prerequisite: 2 years of previous lesson study (instrument or voice)

Everybody loves a good song, whether it's a rocking and riffy Led Zeppelin song, a catchy Beatles tune, or a fun and poppy Taylor Swift number. But what goes into this process? In "Songwriting: From Idea to Demo," songwriter of Rochester rock band "Talking Under Water" Dave Chisholm explores the process of songwriting, including developing lyrics, chord progressions, exploring melodic shape, and using GarageBand. If you walk around with a song in your heart, now is the time to get it out!

FEE: \$45 tuition. For students enrolled in individual lessons at Hochstein, tuition is \$33.



Individual-Lesson Specialty Areas

Indie Study

Dave Chisholm, Instructor

Ages 12-adult • times individually-scheduled

What if you could create your own class at Hochstein focused on musical topics that interest you the most? Want to record and mix your own projects using GarageBand? Improve your songwriting? Interested in using mobile applications (useful iPad or iPhone apps) for recording, music creation, and live performance? Want to explore soundscape design, or video editing? Now is your chance through Independent Study with Dave Chisholm! The possibilities are endless, so think creatively and bring your project to Dave Chisholm for approval. Projects can be approached individually or in groups.

FEE: \$10 registration fee; \$29 per 30-minute lesson; \$40 per 45-minute lesson; \$50 per 60-minute lesson. Special group rates apply based on group size.



Drum Set!

Richard Felice, Instructor

Beginning through advanced level • times individually-scheduled

Explore the wonderful world of drum set with master drummer Richard Felice! Learn basic coordination, rudiments, note-reading, and work on snare-drum and drum set exercises and drills to put you on the road to becoming a complete drummer. Develop mastery of Rock, Latin, Jazz improvisation styles and more!

FEE: \$10 registration fee; \$29 per 30-minute lesson; \$40 per 45-minute lesson; \$50 per 60-minute lesson. Schedules and fees are arranged by appointment with the Dean's Office.

Ensembles & Group Instruction

A Taste of Guitar

John Wiesenthal, Instructor

ages 18+, beginning level

6 Mondays, July 11-August 15

7:00-8:00 pm

Have you always wanted to learn to play the guitar in a social atmosphere with other adults? Then this beginning guitar class is just for you! Learn the basics of playing the acoustic guitar, while engaging in fun activities to build musicianship skills. Music to be studied will include both folk tunes and classic Pop tunes.

FEE: \$10 registration fee; \$90 tuition. For students enrolled in individual lessons at Hochstein, tuition is \$66.

Summer Jazz Ensembles I & II

Richard DeLaney, Director

Wednesdays, July 13-August 17

Ensemble I: 7:00-8:00 pm

Ensemble II: 8:00-9:00 pm

Learn the art of playing in a jazz combo from one of Rochester's premier jazz pianists! Mambo Kings' Richard DeLaney guides students through classic jazz repertoire, learning original arrangements, and creating new versions of classic and contemporary songs. Combos are formed with students of compatible ages and abilities and open to strings, piano, woodwinds, guitar, electric bass, and percussion players. Reading skills and the ability to sight-read are necessary. A placement audition is required and will consist of sight-reading, selected scales in 2-4 octaves from all major and minor keys, and a performance of a prepared selection. Audition dates TBA. Please call (585) 454-4596 to schedule your audition time.

Fee: \$10 registration fee; \$81* tuition; \$66 if enrolled in individual lessons at Hochstein.



Ensembles & Group Instruction, continued

Everybody's Fiddlin'

Beth Remming, Instructor

Tuesdays, July 12-August 16

Advanced Beginners: 6:30-7:30 pm • Intermediate/Advanced: 5:30-6:30 pm

Ages 7-adult

Learn to play “fiddle” music as part of an intergenerational (all ages) and multi-instrumental group. For violin, viola, cello, string bass, banjo, guitar and flute (tin whistle). Fun for advanced beginners, intermediate and advanced players. Stretch your musical ability and make new friends! Note reading is essential.

Fee: \$10 registration fee; \$81* tuition; \$66 if enrolled in individual lessons at Hochstein.

Hochstein Ukulele Experience!

Randy Pollok, Instructor

6 Wednesdays, July 13-August 17 • 6:30-7:30pm

Ages 10-adult - *beginners*

Are you looking for a fun, accessible way to start learning music? Well, the ukulele is the perfect instrument to develop musical skills while playing in a group with others! Join ukulele master Randy Pollok in this intergenerational class with the emphasis on learning basic chords and songs in a welcoming environment that fosters a positive attitude and a sense of community with other class members. Grab your children, your spouse/partner, family members, and friends and join together in this enjoyable way to make music together!

NOTE: Participants need to provide their own ukuleles (concert, tenor, or soprano size) and purchase *The Daily Ukulele, Volume 1* by Jim Beloff.

Fee: \$10 registration fee; \$81 tuition; \$66 if enrolled in individual lessons at Hochstein.

NEW! Hochstein Ukes Go Latin!

Randy Pollok, Instructor

6 Wednesdays, July 13-August 17 • 7:30-8:30 pm

Ages 10-adult - *intermediate to advanced level*

Join ukulele master Randy Pollok in this intergenerational class that explores the latin beat of Bossa-Nova and more! Students will work on arrangements of everyone's favorite Latin-inspired tunes while fine-tuning ensemble skills and having fun! Let's make beautiful music together!

Fee: \$10 registration fee; \$81 tuition; \$66 if enrolled in individual lessons at Hochstein.

Voice Class for Adults

Chris Jones, Instructor

5 Wednesdays, July 13-August 10

7:00-8:00 pm

beginning and intermediate level singers

If you've always wanted to take voice lessons but just never gotten around to it, try this small group approach! During the five-week course, you will learn the fundamentals of breath support and tone production, and also have the added advantage of working with a pianist during the class sessions. We will work on several songs of different styles (including Musical Theatre) and have the option to sing at least one piece in a very informal performance during the final class meeting on August 10. Let your soul sing out this summer!



FEE: \$10 registration fee; \$115 tuition. For students enrolled in individual lessons at Hochstein, tuition is \$85.

Piano 101

Yi-Wen Chang, Instructor

4 Tuesdays, July 12-August 2 • 6:30-7:30pm

Ages 14 - adult

Have you always wanted to learn to play the piano but didn't feel comfortable taking an individual lesson? Then, try Piano 101, the class approach to piano study! Enjoy working in Hochstein's state-of-the-art Music Lab and learn the beginning elements of piano-playing, including posture, hand position, intro to the keyboard, rhythm, and simple songs. Additional course material fees will apply.

NOTE: Class participants are encouraged to continue their class piano study by registering for the continuing class section on Saturdays at 12:15 PM in September 2016.

FEE: \$10 registration fee; \$60 tuition. \$44 if enrolled in individual lessons at Hochstein.

Music Lab: Theory, History, & Appreciation

Special 2-Night Workshop!

Songwriting: From Idea to Demo

Dave Chisholm, Instructor

2 Thursdays - July 14 & 21

7:00-8:30 pm

Ages 19+

Recommended prerequisite: 2 years of previous lesson study (instrument or voice)

Everybody loves a good song, whether it's a rocking and riffy Led Zeppelin song, a catchy Beatles tune, or a fun and poppy Taylor Swift number. But what goes into this process? In "Songwriting: From Idea to Demo," songwriter of Rochester rock band "Talking Under Water" Dave Chisholm explores the process of songwriting, including developing lyrics, chord progressions, exploring melodic shape, and finally demoing your creation on GarageBand. If you walk around with a song in your heart, now is the time to get it out!



Fee: \$10 registration fee; \$45 tuition. For students enrolled in individual lessons at Hochstein, tuition is \$33.

Basic Music Theory

Lynnann Wierenga, Instructor

Mondays & Wednesdays, July 11-August 17

5:00-6:30 pm

for students entering grades 8-12 and adults

Haven't found the time to take Basic Music Theory? This intensive version of our standard 36-week course is just the answer! This class reviews the fundamentals of music theory (note-reading, meter, scales/key signatures), with more in-depth work on intervals, chords, Roman Numeral analysis, embellishing tones, dictation skills, tune harmonization, and beginning Species Counterpoint., geared for teens and adults. Because of the condensed time frame, students should be prepared to supplement their course work with independent work between classes.

Fee: \$10 registration fee; \$270* tuition; \$198 if enrolled in individual lessons at Hochstein.

AP Music Theory I: Form and Harmony

Lynnann Wierenga, Instructor

Mondays & Wednesdays, July 11-August 17

6:30-8:00 pm

for students entering grades 10-12 and adults

Building on the concepts learned in Basic Theory, this class reviews chords and Roman Numeral analysis, while delving more completely into the areas of cadence types, musical form, figured bass, harmonization., and secondary chords. In addition, students will engage in written and listening analysis and dictation and sight-singing appropriate for AP test preparation. Because of the condensed time frame, students should be prepared to supplement their course work with independent work between classes.

Pre-requisite: Basic Music Theory.

Fee: \$10 registration fee; \$270* tuition; \$198 if enrolled in individual lessons at Hochstein.



Dance

Lunchtime Yoga for Wellness

Sarah Andreacchi, Instructor

Tuesdays • 12:15-12:45 pm • July 12 - August 16

Yoga is a physical, mental, and spiritual practice that allows you to quiet the scurrying mind and focus on the moment-to-moment experience of breathing and moving in your body. This lunchtime class offers a guided experience of classic Hatha Yoga sequences taught in a Vinyasa flow style. After six short weeks, participants will learn the Sun Salutation and be introduced to poses for developing strength, balance, spinal flexibility, ease of motion in the hips, improved posture, and mental clarity. Particular emphasis will be paid to proper alignment. Each class concludes with restorative breath work and relaxation.



Tap Dance

Cheryl Johnson, Instructor

Tap technique from the first step through the basics. Learn basic music theory as applied to tap dancing. Intermediate moves onto more steps and facility with more complex rhythms. Tap shoes are required.

Beginning Tap, Times TBA

Semi-private sessions will be scheduled if/when we have sufficient interest. Please call us at (585) 454-4596 for more information

Intermediate Rhythm Tap, Mondays, 6:15-7:15 pm • July 11 - August 15

(Prerequisite: 1 Year of Tap)

ages 12+

SPECIAL OPPORTUNITY!

Tap Dance Repertory, Thursdays, 5:30-7:00 • July 14 - August 18

Intermediate-Advanced Level - ages 16+

Experienced tap dancers will learn an original group tap dance choreographed by instructor Cheryl Johnson. This dance will be a performance candidate for the 2016 First Niagara Rochester Fringe Festival scheduled between September 15- 24. A full commitment to classes and rehearsals is expected.



Move It!

Christopher Morrison, Instructor

Thursdays • 6:00-7:00 pm • July 14 - August 18

Get moving with this wonderful combination of exercise and creative dance! Move It! class consists of a blend of modern dance and Caribbean folk forms that also use Yoga and Pilates positions in coordinated dance forms to help to strengthen the spine and develop a stronger core. You will strengthen, stretch, and develop stronger balance while dancing to eclectic music from around the world. All movements can be adapted to students of any fitness level.

The Art of Choreography

Diane Lewis, Instructor

Mondays • 7:15-8:15 pm • July 11 - August 15

Ages 14+ (12-13-year-olds with instructor permission); 2 years dance experience suggested

In six short weeks, aspiring choreographers will be introduced to elements of the choreographic process with the ultimate goal of producing a finished piece. Students will focus on crafting their own movement patterns with particular attention paid to the use of space, form, musicality, staging for maximum effect, and creating dances with impact. Students who join the class will be eligible to audition for the Summer Student Dance Gala, a summer concert produced entirely by students of the Hochstein Dance Department. Don't miss this exciting chance to make and show your own dance piece!



Dance, continued

NEW! Bend at the Barre

Diane Lewis, Instructor

Wednesdays • 7:15-8:15 pm • July 13 - August 17

Bend at the Barre is not about tutus, pink tights, leotards and visions of sugarplums; this is about YOU! This hour long class fuses ballet, Pilates, and yoga techniques, to relieve the stresses of the day, strengthen your core, and increase your flexibility - we all know we should! No dance experience necessary! Meet us at the Barre!

FuturPointe Dance Offerings – check back later in Spring 2016 for additional class opportunities with FuturePointe, Hochstein's resident visiting dance company!

SPECIAL OPPORTUNITY! Selected Summer Dance Students have the opportunity to participate in our Summer Student Dance Gala on Friday, August 19 at 7:30 PM. The Summer Gala is an event planned and run by students – students work on production, costumes, choreography, and all other aspects of the performance. All registered summer dance students can audition for the performance, and student directors are chosen by Dance Department co-chairs in consultation with the Hochstein Dance Faculty.

Feel free to contact Diane Lewis at diane.lewis@hochstein.org for more information.

CHOOSE FROM A VARIETY OF DANCE STYLES IN THE GRID BELOW!

For more information on specific Dance Classes, please call (585) 454-4596 or visit hochstein.org.

DANCE CLASS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Ballet II & III				5:30-7:00
Ballet III & IV			5:30-7:00	
Beginning/Intermediate Ballet		7:15-8:45		
Intermediate Ballet/Ballet II		5:30-7:00		
Pointe & Variations				7:15-8:15
Art of Choreography	7:15-8:15			
Pirouette	5:30-7:00			
Intermediate Rhythm Tap	6:15-7:15			
Tap Dance Repertory				5:30-7:00
Move It!				6:00-7:00
Modern		7:15-8:45		
Spanish Flamenco I & II			5:30-7:00	
Spanish Flamenco III & IV		6:00-7:30		
Bend at the Barre			7:15-8:15	
Lunchtime Yoga for Wellness		12:15-12:45		

FEE: \$10 REGISTRATION FEE; FOR UNSHADED AREAS ON THE GRID: \$90* TUITION; \$66 FOR STUDENTS ENROLLED IN INDIVIDUAL LESSONS AT HOCHSTEIN. FOR LUNCHTIME YOGA FOR WELLNESS, \$45 TUITION, \$36 FOR STUDENTS ENROLLED IN INDIVIDUAL LESSONS AT HOCHSTEIN.

Expressive Arts



Harold and Joan Feinbloom Family Expressive Arts Program: Music, Art, & Dance Therapy

This program receives generous support from the B. Thomas Golisano Foundation

Music, Art, and Dance Therapy are well-established and researched healthcare professions offering therapeutic music interventions that address the physical, emotional, cognitive, communication, and social needs of individuals of all ages. Music, Art, and Dance Therapy improves the quality of life for persons who are well and meets the needs of children and adults with disabilities, disorders, illnesses, or learning differences. For over 30 years, the Expressive Arts Department has continued to impact the lives of our clients through the appeal and rhythms of music as a therapeutic tool. All therapists are board-certified, and many have additional training in neurologic music therapy and performance wellness. Music, Art, and Dance Therapy interventions are designed to: promote wellness, relieve stress, alleviate pain, express feelings, enhance memory, develop academic skills, improve communication, promote physical rehabilitation, and improve social development.

To schedule a group session, workshop/in-service, choruses or choirs, or for more information about any of our Expressive Arts therapy services or programs, please contact: Maria Battista-Hancock, LCAT, MT-BC, Chair, at (585) 454-4596 ext. 28 or maria.hancock@hochstein.org.

Individual Sessions

Individual and group Music, Art, or Dance therapy sessions are tailored to the specific needs of those with developmental, social/emotional, learning, and physical challenges. Performance opportunities at Hochstein and in the community offer students a chance to socialize and experience performing in an ensemble or as a soloist. All individual sessions are arranged by appointment with the Dean's Office.

Individual Sessions:

\$29* 30 minute session
\$40* 45 minute session
\$50* 1 hour session

*Tuition assistance is available on a sliding scale for those who qualify. Call (585) 454-4596 for more information.

Art Therapy, Dance Therapy, & Music Therapy

Weekly sessions are conducted at Hochstein or offsite. Group sessions are created to address the needs, goals, and interests of the participants.

Individual Assessments

Music, art, and dance therapy assessments and evaluation reports are available for non-enrolled individuals requiring or requesting a formal music therapy evaluation. Please contact the Music Therapy Department for information regarding schedules and fees.

Art Therapy

The American Art Therapy Association describes art therapy as "a mental health profession in which clients, facilitated by the therapist, use art media, the creative process, and the resulting artwork to explore their feelings, reconcile emotional conflicts, foster self-awareness, manage behavior and addictions, develop social skills, improve reality orientation, reduce anxiety, and increase self-esteem." Art Therapy uses the creative process — drawing, painting, sculpture and other art forms—to develop interpersonal skills, manage behavior, reduce stress, make healthy choices, discover inner strength and resources, and achieve insight. www.arttherapy.org



Art Therapy, Dance Therapy, & Music Therapy, continued

Dance/Movement Therapy

Based on the empirically supported premise that the body, mind and spirit are interconnected, the American Dance Therapy Association defines dance/movement therapy as “the psychotherapeutic use of movement to further the emotional, cognitive, physical and social integration of the individual.” Individual and Group sessions offer opportunities for students with special needs to dance and move in a fun and creative environment that nurtures their developing skills in balance, coordination, orientation, fluidity, endurance, strength, and range of motion while providing exercises to improve fitness and overall health. www.adta.org

Music Therapy

The American Music Therapy Association, states that music therapy is “the clinical and evidence-based use of music interventions to accomplish individualized goals within a therapeutic relationship by a credentialed professional who has completed an approved music therapy program.” For 40 years (1975-2015), our music therapists have impacted the lives of clients, from children to adults, veterans to the elderly. Music therapy may help individuals, develop healthy stress management options, enhance interpersonal relationships, boost self-esteem, increase fine/gross motor control, and increase social and emotional functioning. www.musictherapy.org



Hochstein Express Community Classes - HECC

Maria Battista-Hancock, Program Director, with Expressive Arts Faculty & Interns
Virginia Molino, HECC Volunteer Program Consultant
Josh Hauck, HECC Volunteer Assistant

The Hochstein EXPRESS Community Classes (HECC) are designed for post-high-school individuals who desire to expand their skills in music, dance, theater, visual arts, performance, and wellness. Vocational components and community integration opportunities will also be available. Classes run 9:00 AM to 2:00 PM on Tuesdays, Thursdays, and Fridays, and students can sign up for as little as one hour or the whole, three-day program. Individual classes and a typical daily schedule include:

Discovery Academy (9:00-10:00 AM)
Jam Session (10:00-11:00 AM)
Visual Arts Lab (11:0 AM-12:00 PM)
Creative Dance (12:00-12:30 PM)
Vocal Ensemble (1:00-2:00 PM)

FEES FOR HOCHSTEIN EXPRESS: \$29 per 1-hour class for the first 2 hours; \$23 per 1-hour class for 3 hours or more. The half-hour Creative Dance class is billed at 50% the applicable hourly rate. (i.e., a student taking a full day of 5 hour classes will pay \$115.50 for the day)

If interested in enrolling in Hochstein Express, please contact Maria Battista-Hancock, LCAT, MT-BC, Chair, at (585) 454-4596 ext. 28 or maria.hancock@hochstein.org to set up an assessment meeting.



Other Exxpressive Arts Community Class Offerings

Contact Maria Battista-Hancock at (585) 454-4596 x 28 or maria.hancock@hochstein.org to discuss offerings tailored to your organization, such as potential offerings below.

Cardmaking for Families

In this workshop, we'll explore family dynamics and work on improving communication and bonds, all while learning and playin with a fun and versatile medium! Let's get creative together!

Creative Ensemble

From duets to chamber ensembles, students in this class will explore the art of making music together with opportunities to showcase their creative talents.

Expressive Arts Girls Group

This offering helps empower girls in their everyday life situations. Girls will explore identity, increase self-esteem, self-confidence, and learn skills to overcome peer pressure and overcome a variety of difficult situations. Some topics and experiences to expect from this group are: Pop Culture Collage, Masks Inner and Outer Self, Creating a Playlist with Cover Art.



My Life Story Through Art and Music

Life Story will include the use of various art modalities to form a biography/timeline of the person's life, as well as music to accompany the story told through the artwork. The music can be composed by the participant, he/she can use songs that are familiar, or a combination of the two. This option will allow the participants to have a physical and auditory representation of their lives that they can pass down to their children and grandchildren.

Movement with Music and Art

The purpose of movement through music and art is to keep the body active and healthy. Participants will be involved with moving to the music and creating artwork out of those movements. The style of the music will vary each week and as always, the opinions of the participants will be considered in the decision making.

MusicARTS

A special program geared for students on the Autism Spectrum, MusicARTS allows students to explore arts by participation in guided drumming, drawing and a variety of musical activities in an either an individual session or group class with a therapist.

Painting for Families

In this workshop, we'll explore family dynamics and work on improving communication and bonds, all while learning and playing with a fun and versatile medium! Let's get creative together!

Playing with Art for Kids

Students will be introduced to a Petting Zoo of art materials! Each week students will be enriched with a different visual arts medium for expression and fun. Students will find their expressive art and play together and showcase their process and creations with family and friends at the culminating art show.

Workshops and In-Services

Workshops for wellness include presentations that deal with pain management, stress reduction, or relaxation techniques through active music making or music listening. Drum circle workshops promote community and wellness, and are fun team-building activities for business meetings and conferences.



Registration for Summer at Hochstein - 2016

Monday, July 11 - Friday, August 19

For Individual Instruction, new students must register by appointment. **The \$10 summer registration fee is waived for students enrolled in individual lessons and classes during the 2015-2016 school year.**

For students who are not enrolled in Hochstein's 2015-2016 school year, call beginning **Tuesday, May 31** to schedule an appointment or register during Walk-In Registration: **Tuesday, June 7 and Thursday, June 9 from 3:00-8:00 pm, or Saturday, June 11 from 10:00 am-2:00 pm.**

Please bring \$10 non-refundable registration fee per student (maximum 2 per family) plus \$29 tuition deposit per student by check, money order, or MasterCard/Visa/Discover/American Express. **We do not accept cash.**

For Music and Dance Classes, Ensembles, Workshops, and Camps (other than those requiring an audition), register by mail or online at www.hochstein.org. Credit card applications only may be faxed to (585) 454-4393.

- Checks or money orders should be made payable to HOCHSTEIN SCHOOL. Hochstein also accepts MasterCard/Visa/Discover/American Express. Hochstein does not accept cash.
- REGISTER EARLY!** Early registration is encouraged to help ensure enrollment in the desired session(s). For optimum placement, we suggest you return registrations by Monday, June 20. For Arts In Action, please register at least one week before the first day of the session(s) you plan to attend.
- For Music and Dance Classes, Ensembles, Camps, and Workshops, please submit registration form along with \$10 registration fee and entire tuition payment at the time of registration. For those wishing to register online, registration opens on March 15, 2016.

TUITION ASSISTANCE

Limited tuition assistance is available for all programs of study to those who qualify, based on household income. Students requiring tuition assistance in order to enroll in any program at Hochstein may apply for the sliding fee scale through the Dean's Office. **Verification of household income and completion of a tuition assistance application is due prior to registration.** To inquire about guidelines for tuition assistance and to obtain an application, please call Hochstein at (585) 454-4596 or visit www.hochstein.org/about/Tuition-Assistance.

REFUNDS & WITHDRAWALS

Hochstein School reserves the right to cancel any class due to insufficient enrollment. A full refund, including registration fees, will be made to those enrolled in a class canceled by the School. Students will be charged for classes that occur prior to cancellation. Registration fees are non-refundable, regardless of the circumstances.

WITHDRAWAL POLICIES

INDIVIDUAL INSTRUCTIONS, LESSONS, WORKSHOPS	CHARGES
Withdrawal 2 business days before first lesson, class, or workshop meeting.	No tuition charges
Withdrawal after 2 business days before first lesson, class, or workshop meeting.	Full summer tuition charged; no refunds or credits.
CAMPS	
Withdrawal 2 weeks before the first day of camp.	No tuition charges
Withdrawal after 2 weeks before the first day of camp.	Full tuition charged; no refunds or credits

INDIVIDUAL INSTRUCTION

Registration for individual instruction is made by appointment through the Dean's office. **Call (585) 454-4596 to schedule.**

STUDENT/PARTICIPANT INFORMATION

Are you a new student at Hochstein? ☐ YES ☐ NO
Are you, or any member of your family, currently enrolled at Hochstein? ☐ YES ☐ NO
Have you, or any member of your family, previously registered at Hochstein? ☐ YES ☐ NO

Student/Participant name: _____

Phone: _____ Email: _____

Address: _____ City _____ State _____ Zip _____ County _____

Date of Birth: _____ Age: _____ Race: (for statistical purposes) _____ M F

Employer _____ Occupation _____ Phone (work) _____

For students under the age of 18, please complete the following:

School attending: _____ Grade (Sept. 2016): _____

Parent/Guardian 1: _____ Email _____

Phone (home): _____ (work): _____ (cell): _____ Employer/Occupation: _____

Parent/Guardian 2: _____ Email _____

Phone (home): _____ (work): _____ (cell): _____ Employer/Occupation: _____

REGISTRATION FOR ARTS IN ACTION SUMMER CAMP

Half Day, \$135/Session

☐ Session I, July 11-15 ☐ Session II, July 18-22 ☐ Session III, July 25-29

Full Day, \$230/Session

☐ Session I, July 11-15 ☐ Session II, July 18-22 ☐ Session III, July 25-29
☐ Extended Day (8-9am, M-F) \$30 ☐ Extended Day (3:30-5:30, M-Th) \$45

_____ Sub Total

_____ \$10 Registration Fee (max. 2 per family)

_____ Total

REGISTRATION FOR OTHER CAMPS & ENSEMBLES

Camp/Ensemble Name: _____

Instrument (for instrumental camps/ensembles): _____

Individual Lesson Teacher/Phone: _____

List NYSSMA Solo information or title and composer of lesson books or music studied.

Title/Composer _____ Level _____ Num. Score _____

Previous Ensemble Experience _____

_____ Camp/Ensemble Total

_____ \$10 Registration Fee (max. 2 per family)

_____ Total

REGISTRATION FOR ALL OTHER COURSES

Course/Ensemble	Day	Time	Fee
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_____ Sub Total

_____ \$10 Registration Fee (max. 2 per family)

_____ Total

GENERAL PAYMENT INFORMATION

☐ Check/Money Order \$ _____ **OR** ☐ VISA, MC, Discover & AmEx \$ _____

Card No. _____ Expy. Date _____ Security Code _____

Cardholder Signature _____

Registration Form